


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>			<div>1</div> <div>9:30 Wellness Program, GP 10:00 Words in a Word, GP 10:30 Crochet Club w/Marilou, CR 10:30 Hymn Singing &amp; Bible Verses, FR 1:30 Bingo, GP 2:00 🚌 Scenic Ride (SIA), MIL 2:45 Ice Cream Social, GP 3:30 Reminiscing, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP  "Yom Kippur"</div>	<div>2</div> <div>9:30 Theraband Exercise, GP 10:00 Words in a Word, GP 11:00 Song Request, GP 1:00 Game Shows, GP 1:30 Bingo, GP 2:00 🚌 Scenic Ride, MIL 3:00 Reminiscing, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</div>	<div>3</div> <div>9:30 Chair Exercises, GP 10:00 Words in a Word, GP 11:00 50's &amp; 60's Music, GP 1:00 Game Shows, GP 1:30 Bingo! GP 1:30 Bridge Club, CR 2:45 Dance Social, GP 3:30 Reminiscing, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</div>	<div>4</div> <div>9:30 Fun &amp; Fitness, GP 10:00 Brain Crunches, GP 11:00 Music Therapy, GP 🎵 1:30 Bingo, GP 2:45 Shopping Cart (claim bingo prizes), GP 3:30 Relax &amp; Chat, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</div>
<div>5</div> <div>9:30 Chair Exercise, GP 10:00 Brain Crunches, GP 10:30 Nondenominational Sunday Service (communion) w/Chaplain Trish Brewster CLC, FR † 10:30 Catholic Mass(virtual), GP 1:00 Game Shows, GP 1:30 Bingo, GP 3:00 Relax &amp; Chat, FP 4:00 Travelogue, GP 5:30 Evening Movie, GP</div>	<div>6</div> <div>9:30 Chair Exercises, GP 10:00 Words in a Word, GP 11:00 Music Therapy, GP 1:00 Games Shows, GP 1:30 Bridge Club, CR 1:30 \$ BINGO, GP 3:00 Handbell Choir, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</div>	<div>7</div> <div>9:30 Morning Stretch, GP 10:00 Words in a Word, GP 11:45 Men's Luncheon (pizza &amp; chicken wings), GP 1:00 Rosary w/Bella, CR 1:00 Games Shows, GP 1:30 Bingo, GP 2:00 🚌 Scenic Ride, MIL 3:00 Finish the Phrase, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</div>	<div>8</div> <div>9:30 Theraband Exercise, GP 10:00 Words in a Word, GP 10:30 Hymn Singing &amp; Bible Verses, FR 10:30 Crochet Club w/Marilou (one of our nurses), CR 1:30 Bingo, GP 2:00 🚌 Scenic Ride, MIL 2:45 Ice Cream Social, GP 3:30 Reminiscing, GP 4:00 Travelogue, GP 5:30 Western Movie Night, GP</div>	<div>9</div> <div>9:30 Theraband Exercise, GP 10:00 Words in a Word, GP 10:45 The Songmasters Music Performance, FR 🎵 1:00 Game Shows, GP 1:30 Bingo, GP 2:00 🚌 Scenic Ride, MIL 3:00 Boardgames, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</div>	<div>10</div> <div>9:30 Chair Exercises, GP 10:00 Words in a Word, GP 11:00 Hymn Songs, GP 1:00 Game Shows, GP 1:30 Bingo! GP 1:30 Bridge Club, CR 2:45 Friday Social, GP 3:30 Reminiscing, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</div>	<div>11</div> <div>9:30 Fun &amp; Fitness, GP 10:00 Brain Crunches, GP 11:00 Music Therapy, GP 🎵 1:30 Bingo, GP 2:45 Shopping Cart (claim bingo prizes), GP 3:30 Relax &amp; Chat, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</div>
<div>12</div> <div>9:30 Warming Up &amp; Stretches, GP 10:00 Brain Crunches, GP 10:30 Nondenominational Sunday Service(virtual), FR 10:30 Catholic Mass(virtual), GP 1:00 Game Shows, GP 1:30 Bingo, GP 3:00 Relax &amp; Chat, FP 4:00 Travelogue, GP 5:30 Evening Movie, GP</div>	<div>13</div> <div>9:30 Chair Exercises, GP 10:00 Words in a Word, GP 11:00 Music Therapy, GP 1:00 Game Shows, GP 1:30 Bridge Club, CR 1:30 \$ BINGO, GP 2:00 🚌 Scenic Ride, MIL 3:00 Handbell Choir, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</div>	<div>14</div> <div>9:30 Morning Stretch, GP 10:00 Words in a Word, GP 10:30 🚌 Picnic Lunch Outing (SIA), MIL 11:00 Song Request (YT), GP 1:00 Rosary w/Bella, CR 1:00 Residents Menu Planning Meeting, FR 1:30 Bingo, GP 3:00 Finish the Phrase, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</div>	<div>15</div> <div>9:30 Theraband Exercise, GP 10:00 Words in a Word, GP 10:30 Hymn Singing &amp; Bible Verses, GP 10:30 Crochet Club w/Marilou (one of our nurses), CR 1:00 Game Shows, GP 1:30 Bingo, GP 2:00 🚌 Scenic Ride, MIL 2:45 Ice Cream Social, GP 3:30 Reminiscing, GP 4:00 Travelogue, GP 5:30 Western Movie Night, GP</div>	<div>ASSISTED LIVING ACTIVITIES CALENDAR 2025</div> <div></div>		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>WISH YOU A BLESSED <i>Yom Kippur</i></p>		<p><b>Any additions or changes to the calendar will be posted on the daily schedule.</b></p> <p><b>Each activity runs for a minimum of 30 minutes.</b></p> <p><b>*Catholic Mass is held every 3<sup>rd</sup> Monday of the month at 10:30 am in the GP.</b></p>	<p><u><b>Location Key</b></u></p> <p><b>AF</b> - All Floors  <b>CR</b> - Card Room  <b>FP</b> - Front Porch  <b>FR</b> - Family Room  <b>GP</b>- Gathering Place  <b>GB</b> - Greenbriar  <b>OP</b> - Outside Patio/Gazebo  <b>2<sup>nd</sup> Floor</b> – Living Room  <b>DR</b>- Dining Room (1<sup>st</sup> floor)  <b>PDR</b> - Private Dining Room  <b>MIL</b> – Meet in Lobby  <b>SIA</b>- Sign in Advance  <b>YT</b>-YouTube</p>	<p><b>16</b></p> <p><b>9:30</b> Theraband Exercise, GP  <b>10:00</b> Words in a Word, GP  <b>11:00</b> Song Request (YT), GP  <b>1:00</b> Game Shows, GP  <b>1:00</b> Bingo, GP  <b>2:00</b> 🚌 Scenic Ride, MIL  <b>2:30 ART History by Tos Ruggieri (art curator), FR</b>  <b>4:00</b> Travelogue, GP  <b>5:30</b> Evening Movie, GP</p>	<p><b>17</b></p> <p><b>9:30</b> Chair Exercises, GP  <b>10:00</b> Words in a Word, GP  <b>11:00</b> Hymn Songs, GP  <b>1:00</b> Game Shows, GP  <b>1:30</b> Bingo! GP  <b>1:30</b> Bridge Club, CR  <b>2:45</b> Dance Social, GP  <b>3:30</b> Reminiscing, GP  <b>4:00</b> Travelogue, GP  <b>5:30</b> Evening Movie, GP</p>	<p><b>18</b></p> <p><b>9:30</b> Fun &amp; Fitness, GP  <b>10:00</b> Brain Crunches, GP  <b>11:00</b> Music Therapy, GP 🎵  <b>1:30</b> Bingo, GP  <b>2:45</b> Shopping Cart (claim bingo prizes), GP  <b>3:30</b> Relax &amp; Chat, GP  <b>4:00</b> Travelogue, GP  <b>5:30</b> Evening Movie, GP</p>
<p><b>19</b></p> <p><b>9:30</b> Warming Up &amp; Stretches, GP  <b>10:00</b> Brain Crunches, GP  <b>10:30</b> Nondenominational Sunday Service(virtual), FR  <b>10:30</b> Catholic Mass(virtual), GP  <b>1:00</b> Bingo, GP  <b>2:30</b> Glam-Up! w/ The GalmourGals of Chantilly, GP  <b>4:00</b> Travelogue, GP  <b>5:30</b> Evening Movie, GP</p>	<p><b>20</b></p> <p><b>9:30</b> Chair Exercises, GP  <b>10:00</b> Words in a Word, GP  <b>10:30</b> 🚌 Picnic Lunch Outing (Apple-picking) (SIA), MIL  <b>11:00</b> Music Therapy, GP  <b>1:00</b> Game Shows, GP  <b>1:30</b> Bridge Club, CR  <b>1:30</b> \$ BINGO, GP  <b>3:00</b> Handbell Choir, GP  <b>4:00</b> Travelogue, GP  <b>5:30</b> Evening Movie, GP</p>	<p><b>21</b></p> <p><b>9:30</b> Morning Stretch, GP  <b>10:00</b> Synonyms/Antonyms, GP  <b>10:30</b> 🎹 Piano w/Doug &amp; Pets on Wheels w/Gracie, FR  <b>1:00</b> Rosary w/Bella, CR  <b>1:00</b> Games Shows, GP  <b>1:30</b> Bingo, GP  <b>2:00</b> 🚌 Scenic Ride, MIL  <b>3:00</b> Finish the Phrase, GP  <b>4:00</b> Travelogue, GP  <b>5:30</b> Evening Movie, GP</p>	<p><b>22</b></p> <p><b>9:30</b> Theraband Exercise, GP  <b>10:00</b> Words in a Word, GP  <b>10:30</b> Hymn Singing &amp; Bible Verses, GP  <b>10:30</b> Crochet Club w/Marilou (one of our nurses), CR  <b>1:00</b> Game Shows, GP  <b>1:30</b> Bingo, GP  <b>2:00</b> 🚌 Scenic Ride, MIL  <b>2:45</b> Ice Cream Social, GP  <b>3:30</b> Reminiscing, GP  <b>4:00</b> Travelogue, GP  <b>5:30</b> Western Movie Night, GP</p>	<p><b>23</b></p> <p><b>9:30</b> Theraband Exercise, GP  <b>10:00</b> Bingo, GP  <b>11:00</b> Song Request (YT), GP  <b>1:00</b> Game Shows, GP  <b>1:30</b> LIVE! Music by Jubilee Christian Center, FR 🎵  <b>2:00</b> 🚌 Scenic Ride, MIL  <b>3:00</b> Boardgames, GP  <b>4:00</b> Travelogue, GP  <b>5:30</b> Evening Movie, GP</p>	<p><b>24</b></p> <p><b>9:30</b> Chair Exercises, GP  <b>10:00</b> Words in a Word, GP  <b>11:00</b> Hymn Songs, GP  <b>1:00</b> Game Shows, GP  <b>1:30</b> Bingo! GP  <b>1:30</b> Bridge Club, CR  <b>2:45</b> Monthly Birthday Social, GP  <b>3:30</b> Reminiscing, GP  <b>4:00</b> Travelogue, GP  <b>5:30</b> Evening Movie, GP</p>	<p><b>25</b></p> <p><b>9:30</b> Fun &amp; Fitness, GP  <b>10:00</b> Brain Crunches, GP  <b>11:00</b> Music Therapy, GP 🎵  <b>1:30</b> Bingo, GP  <b>2:45</b> Shopping Cart (claim bingo prizes), GP  <b>3:00</b> Paige Moon's School of Music, FR 🎵  <b>4:00</b> Travelogue, GP  <b>5:30</b> Evening Movie, GP</p>
<p><b>26</b></p> <p><b>9:30</b> Warming Up &amp; Stretches, GP  <b>10:00</b> Brain Crunches, GP  <b>10:30</b> Nondenominational Sunday Service(virtual), FR  <b>10:30</b> Catholic Mass(virtual), GP  <b>1:00</b> Game Shows, GP  <b>1:30</b> Bingo, GP  <b>3:00</b> Relax &amp; Chat, FP  <b>4:00</b> Travelogue, GP  <b>5:30</b> Evening Movie, GP</p>	<p><b>27</b></p> <p><b>9:30</b> Chair Exercise, GP  <b>10:00</b> Words in a Word, GP  <b>10:30</b> Catholic Mass by St. Leo the Great Catholic Church, GP  <b>10:30</b> 🚌 Picnic Lunch Outing (SIA), MIL  <b>1:00</b> \$ Bingo, GP  <b>2:30</b> Bridge Club, CR  <b>2:30</b> Charlie Brown w/ The Tumbleweeds Music performance, FR 🎵  <b>4:00</b> Travelogue, GP  <b>5:30</b> Evening Movie, GP</p>	<p><b>28</b></p> <p><b>9:30</b> Morning Stretches, GP  <b>10:00</b> Words in a Word, GP  <b>10:30</b> Resident Council Meeting, GP  <b>11:00</b> Song Request (YT), GP  <b>1:00</b> Rosary w/Bella, GP  <b>1:00</b> Game Shows, GP  <b>1:30</b> Bingo, GP  <b>2:00</b> 🚌 Scenic Ride, MIL  <b>3:00</b> Finish the Phrase, GP  <b>4:00</b> Travelogue, GP  <b>5:30</b> Evening Movie, GP</p>	<p><b>29</b></p> <p><b>9:30</b> Theraband Exercise, GP  <b>10:00</b> Words in a Word, GP  <b>10:30</b> Hymn Singing &amp; Bible Verses, GP  <b>10:30</b> Crochet Club w/Marilou (one of our nurses), CR  <b>1:00</b> Game Shows, GP  <b>1:30</b> Bingo, GP  <b>2:00</b> 🚌 Scenic Ride, MIL  <b>2:45</b> Ice Cream Social, GP  <b>3:30</b> Reminiscing, GP  <b>4:00</b> Travelogue, GP  <b>5:30</b> Western Movie Night, GP</p>	<p><b>30</b></p> <p><b>9:30</b> Theraband Exercise, GP  <b>10:00</b> Words in a Word, GP  <b>1:00</b> Pumpkin Contest! (announcing of winners), Hallway  <b>1:30</b> Bingo, GP  <b>2:00</b> 🚌 Scenic Ride, MIL  <b>3:30</b> Elvis music 🎵 performance by Mr. Z, FR  <b>4:00</b> Travelogue, GP  <b>5:30</b> Evening Movie, GP</p>	<p><b>31</b></p> <p><b>9:30</b> Balance Fitness, GP  <b>10:00</b> Words in a Word, GP  <b>2-3:00</b> "Trick or Treat" BINGO w/The Shepherd Center Burke (win big prizes!), DR  <b>2:30</b> Bridge Club, CR  <b>3-4:00</b> Ice Cream Fun! Bistro  <b>5:30</b> Evening Movie, GP  <p><b>"Happy Halloween"</b></p> </p>	<p><u><b>Calendar Icons</b></u></p> <p>🚌 <b>Outing</b>  🎵 <b>Musical Program</b>  ✝ <b>Spiritual Program</b>  ☀ <b>Outdoor Activity</b></p> <p><i>*If you wish to attend a bus ride or outing, please see an activity team member, seats might be limited.</i>  <b>(weather permits)</b></p>