Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<ul> <li>10:00 Words in a Word, GP</li> <li>10:30 Synonyms/Antonyms, GP</li> <li>11:00 Sing a Long, GP</li> <li>1:30 Bingo, GP</li> <li>2:00 Scenic Ride (SIA), MIL</li> <li>2:45 Ice Cream Social, Bistro</li> <li>3:30 Getting to Know You, GP</li> </ul>	<ul> <li>GP</li> <li>10:00 Words in a Word, GP</li> <li>11:00 Bible Trivia, GP</li> <li>1:00 Game Shows, GP</li> <li>1:30 Bingo!, GP</li> <li>2:00 Scenic Ride, MIL</li> <li>2:30 Bridge Club, CR</li> <li>2:45 Dominos Club, CR</li> <li>3:30 Reminiscing, GP</li> <li>4:00 Travelogue, GP</li> </ul>	GP 10:30 3 Word Game, GP 11:00 Sing a Long, GP 1:00 Game Shows, GP 1:30 Bingo! GP 2:30 Friday Social, GP 3:30 Random Trivia, GP 4:00 Travelogue, GP 5:20 Evoning Maxia, CP	4 9:30 Fun & Fitness, GP 10:00 U.S States Trivia, GP 10:30 Cranium Crunches, GP 1:00 Game Shows, GP 1:30 Bingo, GP 3:00 Hot Cocoa & Reminiscing, GP 4:00 Travelogue, GP 5:00 Evening Movie, GP
5 9:30 Warm Up, GP 10:00 Mental Exercises, GP 10:30 Nondenominational Sunday Service(virtual), GP + 11:00 Catholic Mass(virtual), GP + 1:00 Game Shows, GP 1:30 Bingo, GP 2:00 Scenic Ride, MIL 3:00 Relax & Chat, GP 4:00 Travelogue, GP 5:00 Evening Movie, GP	6 9:30 Balance Fitness, GP 10:00 Words in a Word, GP 10:30 3 Words Game, GP 11:00 Music Therapy, GP 1:00 Game Shows, GP 1:30 \$ BINGO, GP 2:00 ➡ Scenic Ride, MIL 3:00 Random Trivia, GP 4:00 Travelogue, GP 5:30 Evening Classic Movie, GP	10:00 Words in a Word, GP 11:00 Music Videos, GP 1:00 Rosary w/Bella, CR 1:00 Games Shows, GP 1:30 Bingo!, GP 2:45 Bingo Shopping Cart, GP 3:00 ART Therapy Class w/Fidel, GP	<ul> <li>10:00 Words in a Word, GP</li> <li>10:30 "The Dragonfly" by</li> <li>Dennis Aguas Music</li> <li>Performance, FR J</li> <li>1:00 Game Shows, GP</li> <li>1:30 Bingo, GP</li> <li>2:00 ➡ Scenic Ride, MIL</li> <li>2:45 Ice Cream Social, Bistro</li> <li>3:30 Getting to Know You, GP</li> </ul>	GP 10:00 Words in a Word, GP 11:00 Bible Trivia, GP 1:00 Game Shows, GP 1:30 Bingo!, GP 2:00 Scenic Ride, MIL 2:30 Bridge Club, CR 2:45 Dominos Club, CR 3:30 Reminiscing, GP 4:00 Travelogue, GP	10:00 Words in a Word, GP 10:30 3 Word Game, GP 11:00 Sing a Long, GP 1:00 Game Shows, GP 1:30 Bingo! GP 2:30 Friday Social, GP 3:30 Music Performance w/Billy, FR J 4:00 Travelogue, GP 5:30 Evening Movie, GP	11 9:30 Fun & Fitness, GP 10:00 U.S States Trivia, GP 10:30 Cranium Crunches, GP 1:00 Game Shows, GP 1:30 Bingo, GP 3:00 Hot Cocoa & Reminiscing, GP 4:00 Travelogue, GP 5:00 Evening Movie, GP
12 9:30 Warm Up, GP 10:00 Mental Exercises, GP 10:30 Nondenominational Sunday Service(virtual), GP + 11:00 Catholic Mass(virtual), GP + 1:00 Game Shows, GP 1:30 Bingo, GP 2:00 Scenic Ride, MIL 3:00 Relax & Chat, GP 4:00 Travelogue, GP 5:00 Evening Movie, GP	9:30 Balance Fitness, GP 10:00 Words in a Word, GP 10:30 3 Words Game, GP	14 9:30 Morning Stretches, GP 10:00 Words in a Word, GP 11:00 50s & 60's Music videos, GP 1:00 Rosary w/Bella, CR 1:00 Resident Menu Planning Meeting (w/Dietary Dept.), FR 1:30 Bingo!, GP 2:45 Bingo Shopping Cart, GP 3:30 Handbell Choir, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP	<ul> <li>15</li> <li>9:30 Theraband Exercise, GP</li> <li>10:00 Words in a Word, GP</li> <li>10:30 Synonyms/Antonyms, GP</li> <li>11:00 Sing a Long, GP</li> <li>1:00 Game Shows, GP</li> <li>1:30 Bingo, GP</li> <li>2:00 Scenic Ride, MIL</li> <li>2:45 Ice Cream Social, Bistro</li> <li>3:30 Getting to Know You, GP</li> <li>4:00 Travelogue, GP</li> <li>5:30 Western Movie Night, GP</li> </ul>	ASSI A C	STED LI CTIVITI ALENDA 2025	ES

The Gardens at Fair Oaks Assisted Living 4310 Forest Hill Dr Fairfax, Va. 22030 (703)278-1001 ext. 2113

Activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Any additions or changes to the calendar will be posted on the daily schedule. Each activity runs for a minimum of 30 minutes. *Catholic Mass is held every 3 <sup>rd</sup> Thursday of the month at 10:30 am in the GP area.	2 <sup>nd</sup> Floor – Living Room PDR - Private Dining Room	16 9:30 Theraband Exercise, GP 10:00 Words in a Word, GP 10:30 Catholic Mass by St. Leo the Great Catholic Church, GP 1:00 Game Shows, GP 1:30 Bingo!, GP 2:00 Scenic Ride, MIL 2:30 Bridge Club, CR 3:00 Reminiscing, GP 4:00 Travelogue, FR 5:30 Evening Movie, GP	GP 10:30 3 Word Game, GP 11:00 Sing a Long, GP 1:00 Game Shows, GP 1:30 Bingo! GP 2:30 Friday Social, GP 3:30 Random Trivia, GP 4:00 Travelogue, GP	18 9:30 Fun & Fitness, GP 10:00 U.S States Trivia, GP 10:30 Cranium Crunches, GP 1:00 Game Shows, GP 1:30 Bingo, GP 3:00 Hot Cocoa & Reminiscing, GP 4:00 Travelogue, GP 5:00 Evening Movie, GP
19 9:30 Warm Up, GP 10:00 Mental Exercises, GP 10:30 Nondenominational Sunday Service(virtual), GP + 11:00 Catholic Mass(virtual), GP + 1:00 Game Shows, GP 1:30 Bingo, GP 2:00 Scenic Ride, MIL 3:00 Relax & Chat, GP 4:00 Travelogue, GP 5:00 Evening Movie, GP	20 9:30 Balance Fitness, GP 10:00 Words in a Word, GP 10:30 3 Words Game, GP 11:00 Music Therapy, GP 1:00 Game Shows, GP 1:30 \$ BINGO, GP 2:00 \$ Scenic Ride, MIL 3:00 Random Trivia, GP 4:00 Travelogue, GP 5:30 Evening Classic Movie, GP	9:30 Morning Stretches, GP 10:00 Words in a Word, GP 10:30	22 9:30 Theraband Exercise, GP 10:00 Words in a Word, GP 10:30 Synonyms/Antonyms, GP 11:00 Sing a Long, GP 1:30 Bingo, GP 2:00 Scenic Ride (SIA), MIL 2:45 Ice Cream Social, Bistro 3:30 Getting to Know You, GP 4:00 Travelogue, GP 5:30 Western Movie Night, GP	23 9:30 Theraband Exercise, GP 10:00 Words in a Word, GP 11:00 Bible Trivia, GP 1:00 Bingo!, GP 2:00 ♣ Scenic Ride, MIL 2:30 LIVE! Music by Jubilee Christian Center, FR J 2:30 Bridge Club, CR 3:30 Reminiscing, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP	GP 10:00 Words in a Word, GP 10:30 3 Word Game, GP 11:00 Sing a Long, GP 1:00 Game Shows, GP 1:30 Bingo! GP 2:30 Friday Social, GP 3:30 Random Trivia, GP	25 9:30 Fun & Fitness, GP 10:00 U.S States Trivia, GP 10:30 Cranium Crunches, GP 1:00 Game Shows, GP 1:30 Bingo, GP 3:00 Hot Cocoa & Reminiscing, GP 4:00 Travelogue, GP 5:00 Evening Movie, GP
26 9:30 Warm Up, GP 10:00 Mental Exercises, GP 10:30 Nondenominational Sunday Service(virtual), GP + 11:00 Catholic Mass(virtual), GP + 1:00 Game Shows, GP 1:30 Bingo, GP 2:00 Scenic Ride, MIL 3:00 Relax & Chat, GP 4:00 Travelogue, GP 5:00 Evening Movie, GP	9:30 Balance Fitness, GP 10:00 Words in a Word, GP 10:30 3 Words Game, GP 11:00 Music Therapy, GP	<ul> <li>9:30 Morning Stretches, GP</li> <li>10:00 Words in a Word, GP</li> <li>10:30 Resident Council</li> <li>Meeting, GP</li> <li>11:00 Music Videos, GP</li> <li>1:00 Rosary w/Bella, CR</li> <li>1:00 Games Shows, GP</li> <li>1:30 Bingo!, GP</li> <li>2:00 ♣ Scenic Ride, MIL</li> <li>2:45 Bingo Shopping Cart, GP</li> <li>3:30 Handbell Choir, GP</li> <li>4:00 Travelogue, GP</li> </ul>	29 9:30 Theraband Exercise, GP 10:00 Words in a Word, GP 10:30 Synonyms/Antonyms, GP 11:00 Sing a Long, GP 1:30 Bingo, GP 2:00 Scenic Ride (SIA), MIL 2:45 Ice Cream Social, Bistro 3:30 Getting to Know You, GP 4:00 Travelogue, GP 5:30 Western Movie Night, GP		31 9:30 Balance Fitness, GP 10:00 Words in a Word, GP 10:30 3 Word Game, GP 11:00 Sing a Long, GP 1:00 Game Shows, GP 1:30 Bingo! GP 2:30 Monthly Birthday Social, GP 3:30 Random Trivia, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP	Calendar Icons Calendar Icons Outing Musical Program Spiritual Program Outdoor Activity *If you wish to attend a bus ride or outing, please see an activity team member, seats might be limited. (weather permits)

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