



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 Warm Up, GP 10:00 Mental Exercises, GP 10:30 Nondenominational Sunday Service(virtual), GP † 11:00 Catholic Mass(virtual), GP † 1:00 Game Shows, GP 1:30 Bingo, GP 2:00 🚌 Scenic Ride, MIL 3:00 Relax & Chat, GP 4:00 Travelogue, GP 5:00 Evening Movie, GP</p>	<p>2</p> <p>9:30 Balance Fitness, GP 10:00 Words in a Word, GP 10:30 3 Words Game, GP 11:00 Music in the 80's, GP 1:00 Game Shows, GP 1:30 \$ BINGO, GP 2:00 🚌 Scenic Ride, MIL 2:30 Kitchen Corner: Choco chip Cookies, GP 3:30 Christmas Songs, GP 4:00 Travelogue, GP 5:30 Evening Classic Movie, GP</p>	<p>3</p> <p>9:30 Morning Stretches, GP 10:00 Synonyms/Antonyms, GP 10:30 ART Therapy Class w/Fidel, GP 11:00 Christmas carol, GP 1:00 Rosary w/Bella, CR 1:30 Bingo!, GP 2:30 Shopping Cart, GP 3:00 Christmas Handbell Choir, GP 4:00 Travelogue, GP 5:00 Bull Run Festival of Lights, MIL (SIA) 🚌 5:30 Evening Movie, GP</p>	<p>4</p> <p>9:30 Theraband Exercise, GP 10:00 Words in a Word, GP 10:30 Christmas Crafting w/Sindy & students, GP 1:30 Bingo, GP 2:00 🚌 Scenic Ride, MIL 2:45 Ice Cream Social, Bistro 3:30 Getting to Know You, GP 4:00 Travelogue, GP 5:30 Western Movie Night, GP</p>	<p>5</p> <p>9:30 Theraband Exercise, GP 10:00 Words in a Word, GP 10:30 Bible Trivia, GP 11:00 Hymn Singing, GP 1:00 Game Shows, GP 1:30 Bingo!, GP 2:00 🚌 Scenic Ride, MIL 2:30 Bridge Club, GP 2:45 Dominos Club, CR 3:30 Reminiscing, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</p>	<p>6</p> <p>9:30 Balance Fitness, GP 10:00 Words in a Word, GP 10:30 3 Word Game, GP 11:00 Sing a Long, GP 1:00 Game Shows, GP 1:30 Bingo! GP 2:30 Friday Social, GP 3:30 Random Trivia/Indoor Walk, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</p>	<p>7</p> <p>9:30 Fun & Fitness, GP 10:00 U.S States Trivia, GP 10:30 Cranium Crunches, GP 1:00 Game Shows, GP 1:00 Bingo, GP 2:30 🎵 Christmas caroling w/The Adventurers Kids Club, FR 4:00 Travelogue, GP 5:00 Evening Movie, GP</p>
<p>8</p> <p>9:30 Warm Up, GP 10:30 🎵 Winter Holiday Music performance by Ms. Wu Music Studio, FR 10:30 Nondenominational Sunday Service(virtual), GP † 11:00 Catholic Mass(virtual), GP † 1:30 Bingo, GP 2:00 🚌 Scenic Ride, MIL 3:00 Relax & Chat, GP 4:00 Travelogue, GP 5:00 Evening Movie, GP</p>	<p>9</p> <p>9:30 Balance Fitness, GP 10:00 Words in a Word, GP 10:30 3 Words Game, GP 11:00 Music in the 90's, GP 1:00 Game Shows, GP 1:30 \$ BINGO, GP 2:30 Kitchen Corner: Oatmeal raisins Cookies, GP 3:30 Christmas Songs, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</p>	<p>10</p> <p>9:30 Morning Stretches, GP 10:00 Synonyms/Antonyms, GP 10:30 U.S. Trivia, GP 11:00 Christmas carol, GP 1:00 Rosary w/Bella, CR 1:00 Residents Menu Planning Meeting, FR 1:30 Bingo!, GP 2:00 🚌 Scenic Ride, MIL 2:30 Shopping Cart, GP 3:00 Christmas Handbell Choir, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</p>	<p>11</p> <p>9:30 Chair Exercise 10:00 Words in A Word, GP 10:30 "The Dragonfly" Music Performance w/Dennis & Alta, FR 🎵 11:00 Sing A Long, GP 1:30 Bingo, GP 2:00 🚌 Scenic Ride, MIL 2:45 Ice Cream Social, Bistro 3:30 Getting to Know You, GP 4:00 Travelogue, GP 5:30 Western Movie Night, GP</p>	<p>12</p> <p>9:30 Band Exercise, GP 10:00 Words in a Word, GP 11:00 🎵 Christmas Songs, GP 1:00 Bingo!, GP 2:00 🚌 Scenic Ride, MIL 2:30 Bridge Club, GP 2:30 LIVE! 🎵 Music by Jubilee Christian Center, FR 3:00 Reminiscing, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</p>	<p>13</p> <p>9:30 Balance Fitness, GP 10:00 Words in a Word, GP 10:30 3 Word Game, GP 11:00 Sing a Long, GP 1:00 Game Shows, GP 1:30 Bingo! GP 2:30 Friday Social, GP 3:00 Song & Dance w/Billy, FR 🎵 4:00 Travelogue, GP 5:30 Evening Movie, GP</p>	<p>14</p> <p>9:30 Fun & Fitness, GP 10:00 U.S States Trivia, GP 10:30 Cranium Crunches, GP 1:00 Game Shows, GP 1:30 Bingo, GP 3:00 Hot Cocoa & Reminiscing, GP 4:00 Travelogue, GP 5:00 Evening Movie, GP</p>
<p>Location Key</p> <p>AF - All Floors CR - Card Room FP - Front Porch FR - Family Room GP - Gathering Place GB - Green briar OP - Outside Patio/Gazebo 2nd Floor – Living Room PDR - Private Dining Room MIL – Meet in Lobby SIA- Sign in Advance</p>	<p>Calendar Icons</p> <p>🚌 Outing 🎵 Musical Program † Spiritual Program ☀ Outdoor Activity</p> <p>If you wish to attend a bus ride or outing, please see an activity team member. These events have limited seats. (if the weather permits)</p>	<p>Any additions or changes to the calendar will be posted on the daily schedule.</p> <p>Each activity runs for a minimum of 30 minutes.</p> <p>*Catholic Mass is held every 3rd Thursday of the month at 10:30 am in the GP area.</p>				

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<p>15</p> <p>9:30 Warm Up, GP 10:30 Nondenominational Sunday Service(virtual), GP † 11:00 Catholic Mass(virtual), GP † 11:00/1:00 CHRISTMAS BUFFET! 1:30 Bingo, GP 2:00 🚌 Scenic Ride, MIL 3:00 🎵 Loudon Sai Center Children's Music Caroling, GP 4:00 Travelogue, GP 5:00 Evening Movie, GP</p>	<p>16</p> <p>9:30 Balance Fitness, GP 10:00 Words in a Word, GP 11:00 Soul Train, GP 1:30 \$ BINGO, GP 2:30 🎵 Charlie Brown & "The Tumbleweeds" Music Performance, FR 3:30 Christmas Songs, GP 4:00 Travelogue, GP 5:00 🚌 Mormon Temple Christmas Lights, MIL(SIA) GP 5:30 Evening Classic Movie, GP</p>	<p>17</p> <p>9:30 Morning Stretches, GP 10:00 Words in a Word, GP 10:30 🎵 Piano w/Doug & Pet on Wheels w/Gracie, FR 1:00 Rosary w/Bella, CR 1:00 Games Shows, GP 1:30 Bingo!, GP 2:00 🚌 Scenic Ride, MIL 2:30 Shopping Cart, GP 3:00 Christmas Handbell Choir, GP 4:30 Wii Bowling, GP 5:30 Evening Movie, GP</p>	<p>18</p> <p>9:30 Theraband Exercise, GP 10:00 Words in a Word, GP 10:30 Synonyms/Antonyms, GP 11:00 Christmas Sing a Long, GP 1:30 Bingo, GP 2:00 🚌 Scenic Ride, MIL 2:45 Ice Cream Social, Bistro 3:30 Getting to Know You, GP 4:00 Travelogue, GP 5:30 Western Movie Night, GP</p>	<p>19</p> <p>9:30 Theraband Exercise, GP 10:00 Words in a Word, GP 10:30 Catholic Mass by St. Leo the Great Catholic Church, GP 1:00 Game Shows, GP 1:30 Bingo!, GP 2:00 🚌 Scenic Ride, MIL 2:30 Bridge Club, GP 3:30 Reminiscing, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</p>	<p>20</p> <p>9:30 Balance Fitness, GP 10:00 Words in a Word, GP 10:30 3 Word Game, GP 11:00 Sing a Long, GP 1:00 Game Shows, GP 1:00 Bingo! GP 2:00 Christmas Social w/Santa, GP 2:30 Picture w/Santa, Bistro 3:30 Random Trivia/Indoor Walk, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</p>	<p>21</p> <p>9:30 Fun & Fitness, GP 10:00 U.S States Trivia, GP 10:30 Cranium Crunches, GP 1:00 Game Shows, GP 1:30 Bingo, GP 3:00 🎵 Winter Holiday Music performance by Ms. Wu Music Studio, FR 4:00 Travelogue, GP 5:00 Evening Movie, GP</p>	
<p>22</p> <p>9:30 Warm Up, GP 10:00 Mental Exercises, GP 10:30 Nondenominational Sunday Service(virtual), GP † 11:00 Catholic Mass(virtual), GP † 1:00 Game Shows, GP 1:30 Bingo, GP 2:00 🚌 Scenic Ride, MIL 3:00 Relax & Chat, GP 4:00 Travelogue, GP 5:00 Evening Movie, GP</p>	<p>23</p> <p>9:30 Balance Fitness, GP 10:00 Words in a Word, GP 11:00 Soul Train Music, GP 1:00 Game Show, GP 1:30 \$ BINGO, GP 2:30 Kitchen Corner: Snickerdoodles Cookies, GP 3:30 Christmas Songs, GP 4:00 Travelogue, GP 5:30 Evening Classic Movie, GP</p>	<p>24</p> <p>9:30 Morning Stretches, GP 10:00 Words in a Word, GP 10:30 Resident Council Meeting, GP 1:00 Rosary w/Bella, CR 1:30 Bingo!, GP 2:00 🚌 Scenic Ride, MIL 2:30 Shopping Cart, GP 2:45 Eggnog Day Social, Bistro 3:00 Christmas Handbell Choir, GP 4:00 Travelogue 5:30 Evening Movie, GP</p>	<p>25</p> <p>9:30 Balance Fitness, GP 10:00 Christmas caroling, GP 1:30 \$ BINGO, GP 2:30 Matinee Christmas Movie with cookies & hot cocoa w/marshmallows, GP</p> 	<p>26</p> <p>9:30 Theraband Exercise, GP 10:00 Words in a Word, GP 10:30 Bible Trivia, GP 11:00 Hymn Singing, GP 1:00 Game Shows, GP 1:30 Bingo!, GP 2:30 Celebrate Hanukkah w/Rabii Ben Sigal (Congregation Olam Tikvah), CR 4:00 Travelogue, GP 5:30 Evening Movie, GP</p>	<p>27</p> <p>9:30 Balance Fitness, GP 10:00 Words in a Word, GP 10:30 3 Word Game, GP 11:00 Sing a Long, GP 1:00 Game Shows, GP 1:30 Bingo! GP 2:45 Monthly Birthday Social, GP 3:30 Random Trivia/Indoor Walk, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</p>	<p>28</p> <p>9:30 Fun & Fitness, GP 10:00 U.S States Trivia, GP 10:30 Cranium Crunches, GP 1:00 Game Shows, GP 1:30 Bingo, GP 3:00 Hot Cocoa & Reminiscing, GP 4:00 Travelogue, GP 5:00 Evening Movie, GP</p>	
<p>29</p> <p>9:30 Warm Up, GP 10:00 Mental Exercises, GP 10:30 Nondenominational Sunday Service(virtual), GP † 11:00 Catholic Mass(virtual), GP † 1:00 Game Shows, GP 1:30 Bingo, GP 3:00 Relax & Chat, GP 4:00 Travelogue, GP 5:00 Evening Movie, GP</p>	<p>30</p> <p>9:30 Balance Fitness, GP 10:00 Words in a Word, GP 10:30 3 Words Game, GP 11:00 Soul Train Music, GP 1:00 Game Show, GP 1:30 \$ BINGO, GP 2:45 Kitchen Corner: Peanut butter Cookies, GP 3:30 Christmas Songs, GP 4:00 Travelogue, GP 5:30 Evening Classic Movie, GP</p>	<p>31</p> <p>9:30 Morning Stretches, GP 10:00 Words in a Word, GP 11:00 50s & 60's Music videos, GP 1:00 Rosary w/Bella, CR 1:00 Games Shows, GP 1:30 Bingo!, GP 2:30 GOODBYE 2024! New Year's Eve Social, Bistro 3:00 Christmas Handbell Choir, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</p>	<h1>ASSISTED LIVING ACTIVITIES CALENDAR</h1> <h2>2024</h2> 				 <p>happy Hanukkah!</p>