

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MEI A C	MORY C. CTIVITI ALENDA EMBER	ES AR	Location Key AF - All Floors CR - Card Room FP - Front Porch FR - Family Room GP - Gathering Place GB - Green briar OP - Outside Patio/Gazebo 2nd Floor – Living Room PDR - Private Dining Room MIL – Meet in Lobby	9:00 Morning Walk 9:30 Morning Exercise 10:00 Lunch Outing Scenic Ride 10:00 Morning Snacks 10:30 Sensory Box 11:00 Catholic Mass by St. Leo the Great Catholic Church, GP 1:30 Table Games 2:00 Clifton Family Social 3:30 Assorted Games 4:30 Dinner 5:00 Evening Movie	9:00 Morning Walk 9:30 Morning Exercise 10:00 Snacks 10:15 Pretty Nails 11:00 Finish that Phrase 1:30 Coloring 2:00 Chocolate chip Social 3:00 Arts & Crafts 4:30 Dinner 5:00 Evening Movie	9:30 Morning Exercise 10:00 Morning Snacks 10:30 Saturday Jewelry/Puzzle 11:00 Lubinski Strings music performance, FR 1:30 Weekend Bingo 3:00 THRACE Music Group performance, FR 3:30 Saturday Movie 4:30 Dinner 5:00 Evening Movie
9:30 Morning Exercise 10:00 Morning Snacks 10:30 Joel Osteen Service 11:00 Hymn Singing 1:30 Catholic Mass- EWTN (Virtual) 2:00 Afternoon Snacks 2:30 Sunday Movie 4:30 Dinner 5:00 Games Shows	9:00 Morning Walk 9:30 Morning Exercise 10:00 Scenic Ride/Snacks 10:30 Sensory Box/Puzzle 1:30 Let's Bake 2:30 Prize Bingo 3:30 Hymn Singing 4:30 Dinner 5:00 Evening Movie	9:00 Morning Walk 9:30 Morning Exercise 10:00 Scenic	9:30 Morning Exercise 10:00 Morning Snacks 10:15 Words starts- "F"/ Puzzle 1:30 Trivia 2:00 Ice Cream Social 2:30 Arts & Crafts 3:30 Hymn Singing 4:30 Dinner	-ı — — — — — — — — — — — — — — — — — — —	9:00 Morning Walk 9:30 Morning Exercise 10:00 Snacks 10:15 Pretty Nails 11:00 Finish that Phrase 1:30 Coloring 2:00 Chocolate chip Social 3:00 Arts & Crafts 4:30 Dinner	9:30 Morning Exercise 10:00 Morning Snacks 10:30 Saturday Jewelry/Puzzle 1:30 Weekend Bingo 2:30 Saturday Coloring 3:30 Saturday Movie 4:30 Dinner 5:00 Evening Movie
9:30 Morning Exercise 10:00 Morning Snacks 10:00 Scenic Ride 10:30 Joel Osteen Service 11:00 Hymn Singing 1:30 Catholic Mass- EWTN (Virtual) 2:00 Afternoon Snacks 2:30 Sunday Movie 4:30 Dinner 5:00 Games Shows	9:00 Morning Walk 9:30 Morning Exercise 10:00 Scenic Ride/Snacks 10:30 Sensory Box/Puzzle 1:30 Let's Bake 2:30 Prize Bingo 3:30 Hymn Singing	9:00 Morning Walk 9:30 Morning Exercise 10:00 Scenic	9:00 Morning Walk 9:30 Morning Exercise 10:00 Morning Snacks 10:15 Words starts- "E"/ Puzzle 1:30 Trivia 2:00 Ice Cream Social 2:30 Arts & Crafts 3:30 Hymn Singing 4:30 Dinner 5:00 Evening Movie	9:00 Morning Walk 9:30 Morning Exercise 10:00 Lunch Outing Scenic Ride 10:00 Morning Snacks 10:30 Sensory Box 1:30 Table Games 2:30 Happy Hour w/Music outside (if weather permits) 3:30 Assorted Games 4:30 Dinner 5:00 Evening Movie	THAPPY THANKSGIVING	Calendar Icons Outing Musical Program Spiritual Program Outdoor Activity *If you wish to attend a bus ride or outing, please see an activity team member, seats might be limited. (weather permits)
	4:30 Dinner 5:00 Evening Movie					

The Gardens at Fair Oaks Assisted Living 4310 Forest Hill Dr. Fairfax, Va. 22030 (703)278-1001 ext. 2238

Activities are subject to change.