

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# ASSISTED LIVING ACTIVITIES CALENDAR 2023



					<p><b>1</b></p> <p>9:30 Balance Fitness, GP 10:00 Words in a Word, GP 11:00 Riddles, GP 1:00 Games shows, GP 1:30 Bingo! GP 2:30 Friday Social, Bistro 3:30 Beachball Toss, FP 4:00 Travelogue, GP 5:30 Evening Movie, GP</p>	<p><b>2</b></p> <p>9:30 Morning Stretches, GP 10:00 Spelling Bee, GP 11:00 Cranium Crunches, GP 1:00 Bingo! GP <b>2:30 Nondenominational Service w/Pastor Vince, FR</b> 3:00 Outdoor Trivia, FP 4:00 Puzzles/ Word Search, GP 5:00 Evening Movie, GP</p>
<p><b>3</b></p> <p>9:30 Morning Stretch, GP 10:00 Cranium Crunches, GP 10:30 Nondenominational Sunday Service, GP 11:00 Catholic Mass-EWTN (virtual), GP 1:30 BINGO, GP 3:00 Arts &amp; Crafts, GP 5:00 Evening Movie, GP</p>	<p><b>4</b></p> <p>9:30 Balance Fitness, GP 10:00 Words in a Word, GP 10:30 3 Words Game, GP 1:00 Game Shows, GP 1:30 \$ BINGO, GP 2:30 Bridge Club, GP 3:00 Finish the Phrase, FR 3:30 Chair soccer, FR 4:00 Travelogue, FR 5:30 Evening Movie, GP</p>	<p><b>5</b></p> <p>9:30 Morning Stretches, GP 10:00 Words in a Word, GP 10:30 <b>Art Therapy Class w/Fidel, GP</b> 1:00 Rosary, CR 1:00 Game Shows, GP 1:30 Bingo!, GP 3:00 Handbell Choir, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</p>	<p><b>6</b></p> <p>9:30 Chair Exercise, GP 10:00 Words in a Word, GP 10:30 U.S. Trivia, GP 11:30 Table Games, CR 1:30 Bingo, GP 2:30 Ice Cream Social, Bistro 3:30 Getting to Know You, GP 4:00 Travelogue, GP 5:30 Western Movie Night, GP</p>	<p><b>7</b></p> <p>9:30 Morning Exercise, GP 10:00 Words in a Word, GP 10:30 Bible Trivia, GP 11:00 Hymn Singing, GP 1:00 Games Shows, GP 1:30 Bingo!, GP 2:30 Bingo Shopping Cart, GP 2:30 Bridge Club, GP 3:30 Reminiscing, FP 4:00 Travelogue, GP 5:30 Evening Movie, GP</p>	<p><b>8</b></p> <p>9:30 Balance Fitness, GP 10:00 Words in a Word, GP 11:00 Riddles &amp; Anagrams, GP 1:00 Games Shows, GP 1:30 Bingo! GP 2:30 Friday Social, Bistro 3:30 Beachball Toss, FP 4:00 Travelogue, GP 4:30 Table games, CR 5:30 Evening Movie, GP</p>	<p><b>9</b></p> <p>9:30 Morning Stretches, GP 10:00 Spelling Bee, GP 1:00 <b>Piano &amp; Cello Performance by Megan &amp; Jayoung, FR</b> 1:30 Bingo! GP 3:30 <b>Music Performance with the Trio called the NIGHT HOURS, GP</b> 5:00 Evening Movie, GP</p>
<p><b>10</b></p> <p>9:30 Morning Stretch, GP 10:00 Cranium Crunches, GP 10:30 Nondenominational Virtual Sunday Service, GP 11:00 Catholic Mass-EWTN (virtual), GP 1:30 BINGO, GP 2:00 🚌 Bus ride w/Floyd, MIL 3:00 Arts &amp; Crafts, GP 5:00 Evening Movie, GP</p>	<p><b>11</b></p> <p>9:30 Balance Fitness, GP 10:00 Words in a Word, GP 10:00 <b>Assisted Living Week: "Cup of Cheers", AF</b> 1:00 Game Shows, GP 1:30 \$ BINGO, GP 2:00 🚌 Scenic Ride, MIL 2:30 Bridge Club, GP 3:00 Finish the Phrase, FR 3:30 Chair soccer, FR 4:00 Travelogue, FR 5:30 Evening Movie, GP</p>	<p><b>12</b></p> <p>9:30 Morning Stretches, GP 10:00 Words in a Word, GP 10:30 Riddles &amp; Anagrams, GP 1:00 Rosary, CR 1:00 <b>Residents Menu Planning Meeting, FR</b> 1:30 Bingo, GP 2:00 🚌 Scenic Ride, MIL 3:00 Handbell Choir, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP</p>	<p><b>13</b></p> <p>9:30 Chair Exercise, GP 10:00 Words in a Word, GP 10:30 U.S. Trivia, GP 10:30 🚌 <b>Picnic Lunch Outing (SIA), MIL</b> 11:30 Table Games, CR 1:30 Bingo, GP 2:30 Ice Cream Social, Bistro 3:30 Getting to Know You, GP 4:00 Travelogue, GP 5:30 Western Movie Night, GP</p>	<p><b>14</b></p> <p>9:30 Morning Exercise, GP 10:00 Words in a Word, GP 10:30 Bible Trivia, GP 11:00 Hymn Singing, GP 1:00 Games Shows, GP 1:30 Bingo!, GP 2:00 🚌 Scenic Ride, MIL 2:30 Bingo Shopping Cart, GP 2:45 Dominos Club, CR 2:30 Bridge Club, GP 3:30 Reminiscing, FP 4:00 Travelogue, GP 5:30 Evening Movie, GP</p>	<p><b>15</b></p> <p>9:30 Balance Fitness, GP 10:00 Words in a Word, GP 1:00 Bingo! GP 2:00 🚌 Scenic Ride, MIL 2:00 Friday Social, Bistro 3:00 <b>Seniors' Prom Coronation Day!, FR</b> 3:30 🎵 <b>Music Performance w/Billy, FR</b> 4:00 Travelogue, GP 5:30 Evening Movie, GP</p>	<p><b>16</b></p> <p>9:30 Morning Stretches, GP 10:00 Spelling Bee, GP 11:00 Cranium Crunches, GP 1:30 Bingo! GP 3:00 Outdoor Trivia, FP 3:30 Word Search, GP 4:00 Puzzles, GP 5:00 Evening Movie, GP</p>

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Saturday

# ASSISTED LIVING ACTIVITIES CALENDAR SEPTEMBER 2023



### Location Key

- AF - All Floors
- CR - Card Room
- FP - Front Porch
- FR - Family Room
- GP - Gathering Place
- GB - Greenbriar
- OP - Outside Patio
- 2<sup>nd</sup> Floor - Living Room
- MIL - Meet in Lobby
- PDR - Private Dining Room
- SIA- Sign in Advance

### Calendar Icons

- Outing
- Musical Program
- Spiritual Program
- Outdoor Activity

Each activity runs for a minimum of 30 minutes.

<b>17</b> 9:30 Morning Stretch, GP 10:00 Cranium Crunches, GP 10:30 Nondenominational Sunday Service, GP 11:00 Catholic Mass-EWTN (virtual), GP 1:30 BINGO, GP 3:00 Arts & Crafts, GP 5:00 Evening Movie, GP	<b>18</b> 9:30 Balance Fitness, GP 10:00 Words in a Word, GP 10:30 3 Words Game, GP 1:00 Game Shows, GP 1:00 Game Shows, GP 1:30 \$ BINGO, GP 2:00  Scenic Ride, MIL 2:30 Bridge Club, GP 3:00 Finish the Phrase, FR 3:30 Chair soccer, FR 4:00 Travelogue, FR 5:30 Evening Movie, GP	<b>19</b> 9:30 Morning Stretches, GP 10:00 Words in a Word, GP 10:30 <b>Piano w/Doug &amp; Pet on Wheels w/Gracie, FR</b> 1:00 Rosary, CR 1:30 Bingo!, GP 2:00  Scenic Ride, MIL 3:00 Handbell Choir, GP 4:00 Travelogue, GP 4:30 Table games, CR 5:30 Evening Movie, GP	<b>20</b> 9:30 Chair Exercise, GP 10:00 Words in a Word, GP 10:30 U.S. Trivia, GP 10:30 <b>Picnic Lunch Outing: Fruit-Picking at the Heartland Orchard (SIA), MIL</b> 11:30 Table Games, CR 1:30 Bingo, GP 2:30 Ice Cream Social, Bistro 3:30 Getting to Know You, GP 4:00 Travelogue, GP 5:30 Western Movie Night, GP	<b>21</b> 9:30 Morning Exercise, GP 10:00 Words in a Word, GP 10:30 Bible Trivia, GP 11:00 <b>Catholic Mass by St. Leo the Great Catholic Church, GP</b> 1:30 Bingo!, GP 2:00  Scenic Ride, MIL 2:30 Bingo Shopping Cart, GP 2:30 Bridge Club, GP 3:30 Reminiscing, FP 4:00 Travelogue, FR 5:30 Evening Movie, GP	<b>22</b> 9:30 Balance Fitness, GP 10:00 Words in a Word, GP 11:00 Riddles & Anagrams, GP 1:00 Games shows, GP 1:30 Bingo! GP 2:30 Monthly Birthday Social, Bistro 3:30 Beachball toss, GP 4:00 Travelogue, GP 5:30 Evening Movie, GP <b>"Fall Season Begins"</b>	<b>23</b> 9:30 Morning Stretches, GP 10:00 Spelling Bee, GP 11:00 Cranium Crunches, GP 1:30 Bingo! GP 3:00 Outdoor Trivia, FP 3:30 Word Search, GP 4:00 Puzzles, GP 5:00 Evening Movie, GP
<b>24</b> 9:30 Morning Stretch, GP 10:00 Cranium Crunches, GP 10:30 Nondenominational Virtual Sunday Service, GP 11:00 Catholic Mass-EWTN (virtual), GP 1:30 BINGO, GP 2:00  Bus ride w/Floyd, MIL 3:00 Arts & Crafts, GP 5:00 Evening Movie, GP	<b>25</b> 9:30 Balance Fitness, GP 10:00 Words in a Word, GP 10:30 <b>Yom Kippur Crafting: Yom Kippur Wall Hanging, GP</b> 1:30 \$ BINGO, GP 2:00  Scenic Ride, MIL 2:30 Bridge Club, GP 3:00 Finish the Phrase, FR 3:30 Chair soccer, FR 4:00 Travelogue, FR 5:30 Evening Movie, GP	<b>26</b> 9:30 Morning Stretches, GP 10:00 Words in a Word, GP 10:30 <b>Resident Council Meeting, GP</b> 1:00 Rosary, CR 1:30 Bingo!, GP 2:00  Scenic Ride, MIL 3:00 Handbell Choir, GP 4:00 Travelogue, GP 4:30 Table games, CR 5:30 Evening Movie, GP	<b>27</b> 9:30 Chair Exercise, GP 10:00 Words in a Word, GP 10:30 U.S. Trivia, GP 10:30 <b>Picnic Lunch Outing (SIA), MIL</b> 11:30 Table Games, CR 1:30 Bingo, GP 2:30 Ice Cream Social, Bistro 3:30 Getting to Know You, GP 4:00 Travelogue, GP 5:30 Western Movie Night, GP	<b>28</b> 9:30 Morning Exercise, GP 10:00 Words in a Word, GP 10:30 Bible Trivia, GP 11:00 Hymn Singing, GP 1:00 Games Shows, GP 1:30 Bingo!, GP 2:00  Scenic Ride, MIL 2:30 Bingo Shopping Cart, GP 2:45 Dominos Club, CR 2:30 Bridge Club, GP 3:30 Reminiscing, FP 4:00 Travelogue, FR 5:30 Evening Movie, GP	<b>29</b> 9:30 Balance Fitness, GP 10:00 Words in a Word, GP 11:00 Riddles & Anagrams, GP 1:00 Game Shows, GP 1:30 Bingo! GP 2:00  Scenic Ride, MIL 2:30 <b>Friday Social- Oktoberfest, Bistro</b> 3:30 Beachball Toss, FP 4:00 Travelogue, GP 5:30 Evening Movie, GP	<b>30</b> 9:30 Morning Stretches, GP 10:00 Spelling Bee, GP 11:00 Cranium Crunches, GP 1:30 Bingo! GP 3:00 Outdoor Trivia, FP 3:30 Word Search, GP 4:00 Puzzles, GP 5:00 Evening Movie, GP