

The Gardens ~ Lunch

Friday, June 23rd, 2023

Soup

Navy Bean and Ham **OR** Curry Lentil Soup

Salad

Apple Walnut Salad **OR** Tossed Salad

Seasonal

Fresh Fruit ~ Raw Vegetables with Dip

Specials Of The Day

Pan Seared Salmon with Orange Glazed

OR

Tuna Melt On English Muffin Sandwich

Sides

Roasted Carrots ~ Brussel Sprouts

Scalloped Potatoes ~ Wild Rice

Vegetarian Options

Portobello, Tofu & Provolone Sandwich

Vege Orange Chicken

Vegetarian Hot Dog

Vegetable Pizza

Garden Burger

Vegetarian BLT

Available Every Day

Heart Healthy Choices

Fish ~ Chicken

(Grilled or Baked)

Omelets

Available with; Egg Beaters ~ Sausage ~ Ham

~ Mushrooms ~ Peppers ~ Onions ~ Cheese

Tomatoes ~ Bacon

Half Deli Sandwiches

(Whole sandwiches available by request)

Egg Salad

Chicken Salad

Tuna Salad

Turkey and Cheese

Ham and Cheese

Peanut Butter & Jelly

Choice of Bread;

White, Wheat, Whole Grain, Rye

*Toasted **OR** Untoasted*

Grill

Grilled Cheese (v)

BLT

All Beef Hot Dog

Hamburger

Cheeseburger

(Available with bacon)

Steak

Fried Shrimp

Pepperoni Pizza

Dessert

Assorted Desserts

Sugar Free Dessert

Cheesecake

Jell-O

Chocolate **OR** Vanilla Pudding

Resident _____

Guest _____ **\$15.00** **Suite** _____

~Large portions available by request, Please indicate next to menu item~