

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

DECEMBER



				<p><b>1</b></p> <p>9:00 Morning walk, MIL            9:30 Morning Exercise, GP            10:00 Rhyme Time, GP            10:30 Hymn Singing, GP            11:30 Wii Bowling, GP            1:00 Games Shows/Mandala shading, GP            1:30 Bingo!, GP            2:00 🚌 Scenic Ride, MIL            2:45 Boggle, GP            3:30 Inventions/Inventors, GP            4:00 Let's do Math!, GP            4:30 Dominos Club, CR            5:30 Evening Movie, GP</p>	<p><b>2</b></p> <p>9:00 Morning walk, MIL            9:30 Balance Fitness, GP            10:00 Words in a Word, GP            10:30 Sing A Long, GP            11:30 Dominoes Club, CR            1:00 Games Shows, GP            1:30 Bingo! GP            2:00 🚌 Scenic Ride w/ Floyd, MIL            3:00 Friday Social, Bistro            4:30 Table Games, CR            5:30 Evening Movie, GP</p>	<p><b>3</b></p> <p>9:30 Morning Stretches, GP            10:30 Cranium Crunches, GP            1:30 <b>Bingo w/Church's Youth Group! GP</b>            2:30 Divine Service w/Chaplain Pervaiz            3:00 <b>Christmas Caroling w/Church's Youth Group, GP</b>            3:30 <b>Assorted Games w/Church's Youth Group, GP</b>            4:00 <b>Chair soccer w/Church's Youth Group, GP</b>            5:00 Evening Movie, GP</p>
<p><b>4</b></p> <p>9:30 Morning Exercises, GP            10:30 Sunday Service, FR            1:30 Catholic Mass-EWTN (virtual), FR            1:30 BINGO!, GP            3:00 Weekend Arts &amp; Crafts, GP            4:00 Puzzles, GP            4:30 Wii Bowling, GP            5:00 Evening Movie, GP</p>	<p><b>5</b></p> <p>9:00 Morning walk, MIL            9:30 Balance Fitness, GP            10:00 Words in a Word, GP            10:30 Amazing Facts w/Chaplain Pervaiz, GP            11:30 Dominos Club, CR            1:00 \$ BINGO, GP            2:00 🚌 Scenic Ride, MIL            2:30 <b>PET THERAPY (Fairfax Animal Shelter), GP</b>            3:30 Chair soccer, GP            4:30 Wii Bowling, GP            5:30 Evening Movie, GP</p>	<p><b>6</b></p> <p>9:00 Morning walk, MIL            9:30 Morning Stretches, GP            10:00 Synonyms/Antonyms, GP            10:30 Sing A Long, GP            11:30 Dominos Club, CR            1:00 Games Shows, GP            1:30 Bingo!, GP            2:00 🚌 Scenic Ride, MIL            2:30 Rosary w/ Bella, PDR            3:00 <b>Art Therapy Class w/Fidel, GP</b>            4:00 Mandala Shading, GP            4:30 Wii Bowling, GP            5:30 Evening Movie, GP</p>	<p><b>7</b></p> <p>9:00 Morning walk, MIL            9:30 Chair Exercise, GP            10:00 Words in a Word, GP            10:30 Amazing Facts , GP            11:30 Wii Bowling, GP            1:00 Brain crunches answer sheets, GP            1:30 Bingo, GP            2:30 Ice Cream Social, Bistro            3:00 Sing A Long, GP            4:30 Dominos Club, CR            5:30 Western Movie Night, GP            6:30 <b>Bull Run Festival of Lights, MIL (SIA)</b></p>	<p><b>8</b></p> <p>9:00 Morning walk, MIL            9:30 Morning Exercise, GP            10:00 Rhyme Time, GP            10:30 Hymn Singing, GP            11:30 Wii Bowling, GP            1:00 Games Shows/Mandala shading, GP            1:30 Bingo!, GP            2:00 🚌 Scenic Ride, MIL            2:45 Boggle, GP            3:30 Inventions/Inventors, GP            4:00 Let's do Math!, GP            4:30 Dominos Club, CR            5:30 Evening Movie, GP</p>	<p><b>9</b></p> <p>9:00 Morning walk, MIL            9:30 Balance Fitness, GP            10:00 Words in a Word, GP            10:30 Sing A Long, GP            11:30 Dominoes Club, CR            1:00 Games Shows/Brain Crunches Worksheets, GP            1:30 Bingo! GP            3:00 Friday Social, Bistro            4:30 Table Games, CR            5:30 Evening Movie, GP</p>	
<p><b>11</b></p> <p>9:30 Morning Exercises, GP            10:30 Sunday Service, FR            1:30 Catholic Mass-EWTN (virtual), FR            1:30 BINGO!, GP            3:00 <b>Loudon SAI Spiritual Group (children's choir), FR</b>            4:00 Puzzles, GP            4:30 Wii Bowling, GP            5:00 Evening Movie, GP</p>	<p><b>12</b></p> <p>9:00 Morning walk, MIL            9:30 Balance Fitness, GP            10:00 Words in a Word, GP            10:30 Amazing Facts w/Chaplain Pervaiz, GP            11:30 Dominos Club, CR            1:00 Game Shows/Puzzles, GP            1:30 \$ BINGO, GP            2:00 🚌 Scenic Ride, MIL            2:30 Travelogue, GP            3:30 Balloon Volleyball, GP            4:30 Wii Bowling, GP            5:30 Evening Movie, GP</p>	<p><b>13</b></p> <p>9:00 Morning walk, MIL            9:30 Morning Stretches, GP            10:00 Synonyms/Antonyms, GP            11:30 Dominos Club, CR            1:00 <b>Residents Menu Planning Meeting, FR</b>            1:30 Bingo!, GP            2:00 🚌 Scenic Ride, MIL            2:30 Rosary w/ Bella, PDR            3:00 <b>Art Therapy Class w/Fidel, GP</b>            4:00 Mandala Shading, GP            4:30 Wii Bowling, GP            5:30 Evening Movie, GP</p>	<p><b>14</b></p> <p>9:00 Morning walk, MIL            9:30 Chair Exercise, GP            10:00 Words in a Word, GP            10:30 Amazing Facts, GP            11:45 <b>Men's Luncheon, GP</b>            1:00 Brain crunches answer sheets, GP            1:30 Bingo, GP            2:30 Ice Cream Social, Bistro            3:30 <b>Christmas Arts &amp; Crafts, GP</b>            5:30 Western Movie Night, GP</p>	<p><b>15</b></p> <p>9:00 Morning walk, MIL            9:30 Morning Exercise, GP            10:00 Rhyme Time, GP            10:30 Hymn Singing, GP            11:00 <b>Catholic Mass by St. Leo the Great Catholic Church, GP</b>            1:00 Games Shows, GP            1:30 Bingo!, GP            2:00 🚌 Scenic Ride, MIL            2:45 <b>Women's High Tea Party, GP</b>            3:30 Inventions/Inventors, GP            4:00 Let's do Math!, GP            5:30 Evening Movie, GP</p>	<p><b>16</b></p> <p>9:00 Morning walk, MIL            9:30 Balance Fitness, GP            10:00 Words in a Word, GP            10:30 Sing A Long, GP            11:30 Dominoes Club, CR            1:00 Games Shows, GP            1:30 Bingo! GP            2:00 🚌 Scenic Ride w/ Floyd, MIL            3:00 Friday Social, Bistro            4:30 Table Games, CR            5:30 Evening Movie, GP</p>	
<p><b>17</b></p> <p>9:30 Morning Stretches, GP            10:30 <b>Piano w/Roberta, FR</b>            11:00 Puzzles, GP            1:20 Opera Music (YouTube), FR            1:30 Bingo! GP            2:30 Divine Service w/Chaplain Pervaiz, FR            3:00 Word Search/Boggle, GP            4:00 Chair Volleyball, GP            4:30 Wii Bowling, GP            5:00 Evening Movie, GP</p>						



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="color: green; margin: 0;">ASSISTED LIVING</h1> <h1 style="color: green; margin: 0;">ACTIVITIES CALENDAR</h1> <h2 style="color: red; margin: 0;">DECEMBER 2022</h2> 				<p style="color: red; text-decoration: underline;">Location Key</p> <p>AF - All Floors  CR - Card Room  FP - Front Porch  FR - Family Room  GP - Gathering Place  GB - Green briar  OP - Outside Patio  2<sup>nd</sup> Floor – Living Room  PDR - Private Dining Room  MIL – Meet in Lobby</p>	<p style="color: green; text-decoration: underline;">Calendar Icons</p> <p> <b>Outing</b>   <b>Musical Program</b>   <b>Spiritual Program</b>   <b>Outdoor Activity</b></p> <p>If you wish to attend a bus ride or outing, please see an activity team member. These events have limited</p>	<p style="color: red;">Any additions or changes to the calendar will be posted on the daily schedule.</p> <p style="color: green;">Each activity runs for a minimum of 30 minutes.</p>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<p>9:30 Morning Exercises, GP  10:30 Sunday Service, FR  1:30 Catholic Mass-EWTN (virtual), FR  1:30 BINGO!, GP  3:00 Weekend Arts &amp; Crafts, GP  4:00 Puzzles, GP  4:30 Wii Bowling, GP  5:00 Evening Movie, GP</p>	<p>9:00 Morning walk, MIL  9:30 Balance Fitness, GP  10:00 Words in a Word, GP  10:30 Amazing Facts w/Chaplain Pervaiz, GP  11:30 Dominos Club, CR  1:00 Game Shows/Puzzles, GP  1:30 \$ BINGO, GP  2:00  Scenic Ride, MIL  2:30 Travelogue, GP  3:30 Balloon Volleyball, GP  4:30 Wii Bowling, GP  5:30 Evening Movie, GP</p>	<p>9:00 Morning walk, MIL  9:30 Morning Stretches, GP  10:00 Words in a Word, GP  10:30 Piano w/Doug, FR  10:30 Pets on Wheels: Gracie our furry friend, FR  11:30 Dominos Club, CR  1:00 Games Shows, GP  1:30 Bingo!, GP  2:00  Scenic Ride, MIL  3:00 Getting to Know You!, GP  4:30 Wii Bowling, GP  5:30 Evening Movie, GP</p>	<p>9:00 Morning walk, MIL  9:30 Chair Exercise, GP  10:00 Words in a Word, GP  10:30 Amazing Facts , GP  11:30 Wii Bowling, GP  1:00 Bingo, GP  2:00  Scenic Ride, MIL  2:30 “KING of KINGS” Christmas Play &amp; Caroling, FR  4:30 Dominos Club, CR  5:30 Western Movie Night, GP</p>	<p>9:00 Morning walk, MIL  9:30 Morning Exercise, GP  10:00 Rhyme Time, GP  10:30 Hymn Singing, GP  11:30 Wii Bowling, GP  1:00 Games Shows/Mandala shading, GP  1:30 Bingo!, GP  2:00  Scenic Ride, MIL  2:45 Boggle, GP  3:30 Inventions/Inventors, GP  4:00 Let’s do Math!, GP  4:30 Dominos Club, CR  5:30 Evening Movie, GP</p>	<p>9:00 Morning walk, MIL  9:30 Balance Fitness, GP  10:00 Words in a Word, GP  10:30 Sing A Long, GP  11:30 Dominoes Club, CR  1:00 Games Shows/Brain Crunches Worksheets, GP  1:30 Bingo! GP  3:00 Christmas Dance Social (Christmas outfit), Bistro  4:30 Table Games, CR  5:30 Evening Movie, GP</p>	<p>9:30 Morning Stretches, GP  10:30 News Currents/Cranium Crunches, GP  11:00 Puzzles, GP  1:20 Opera Music (YouTube), FR  1:30 Bingo! GP  2:30 Devine Service w/Chaplain Pervaiz, FR  3:00 Word Search/Boggle, GP  4:00 Chair Volleyball, GP  4:30 Wii Bowling, GP  5:00 Evening Movie, GP</p>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
<p>9:30 Morning Exercises, GP  10:30 (Virtual)Sunday Service  1:30 Catholic Mass-EWTN (virtual), FR  1:30 Christmas BINGO w/prizes!, GP  2:30 Christmas caroling, GP</p> 	<p>9:00 Morning walk, MIL  9:30 Balance Fitness, GP  10:00 Words in a Word, GP  10:30 Amazing Facts w/Chaplain Pervaiz, GP  11:30 Dominos Club, CR  1:00 Game Shows/Puzzles, GP  1:30 \$ BINGO, GP  2:00  Scenic Ride, MIL  2:30 Travelogue, GP  3:30 Balloon Volleyball, GP  4:30 Wii Bowling, GP  5:30 Evening Movie, GP</p>	<p>9:00 Morning walk, MIL  9:30 Morning Stretches, GP  10:00 Synonyms/Antonyms, GP  10:30 Resident Council Meeting, GP  11:30 Dominos Club, CR  1:00 Games Shows, GP  1:30 Bingo!, GP  2:00  Scenic Ride, MIL  2:30 Rosary w/ Bella, PDR  3:00 Art Therapy Class w/Fidel, GP  4:00 Mandala Shading, GP  4:30 Wii Bowling, GP  5:30 Evening Movie, GP</p>	<p>9:00 Morning walk, MIL  9:30 Chair Exercise, GP  10:00 Words in a Word, GP  10:30 Amazing Facts , GP  11:30 Wii Bowling, GP  1:00 Games Shows/Brain crunches answer sheets, GP  1:30 Bingo, GP  2:00  Scenic Ride, MIL  2:30 Ice Cream Social, Bistro  3:30 Sing A Long, GP  4:30 Dominos Club, CR  5:30 Western Movie Night, GP</p>	<p>9:00 Morning walk, MIL  9:30 Morning Exercise, GP  10:00 Rhyme Time, GP  10:30 Hymn Singing, GP  11:30 Wii Bowling, GP  1:00 Games Shows/Mandala shading, GP  1:30 Bingo!, GP  2:00  Scenic Ride, MIL  2:45 Boggle, GP  3:30 Inventions/Inventors, GP  4:00 Let’s do Math!, GP  4:30 Dominos Club, CR  5:30 Evening Movie, GP</p>	<p>9:00 Morning walk, MIL  9:30 Balance Fitness, GP  10:00 Words in a Word, GP  10:30 Sing A Long, GP  11:30 Dominoes Club, CR  1:30 Monthly Birthday Celebration w/CCWC (Clifton Community Women’s Club), Bistro  2:00  Scenic Ride w/ Floyd, MIL  3:00 Bingo!, GP  4:00 Travelogue, GP  4:30 Dominos, CR  5:30 Evening Movie, GP</p>	<p>9:30 Morning Stretches, GP  10:30 News Currents/Cranium Crunches, GP  11:00 Puzzles, GP  1:20 Opera Music (YouTube), FR  1:30 Bingo! GP  2:30 Devine Service w/Chaplain Pervaiz, FR  3:00 New Year’s Eve Social, GP  4:00 Chair Volleyball, GP  4:30 Wii Bowling, GP  5:00 Evening Movie, GP</p>