

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



**1**  
**9:00** Morning walk, MIL  
**9:30** Balance Fitness, GP  
**10:00** Words in a Word, GP  
**10:30** Amazing Facts w/Chaplain Pervaiz, GP  
**11:30** Dominos Club, CR  
**1:00** \$ BINGO, GP  
**2:00** 🚌 Scenic Ride, MIL  
**2:30** **PET THERAPY (Fairfax Animal Shelter), GP**  
**3:30** Chair soccer, GP  
**4:30** Wii Bowling, GP  
**5:30** Evening Movie, GP

**2**  
**9:00** Morning walk, MIL  
**9:30** Morning Stretches, GP  
**10:00** Synonyms/Antonyms, GP  
**10:30** Sing A Long, GP  
**11:30** Dominos Club, CR  
**1:00** Games Shows, GP  
**1:30** Bingo!, GP  
**2:00** 🚌 Scenic Ride, MIL  
**2:30** Rosary w/ Bella, PDR  
**3:00** Guesstures/Charades, FP  
**4:00** Mandala Shading, GP  
**4:30** Wii Bowling, GP  
**5:30** Evening Movie, GP

**3**  
**9:00** Morning walk, MIL  
**9:30** Chair Exercise, GP  
**10:00** Words in a Word, GP  
**10:30** Amazing Facts , GP  
**11:30** Wii Bowling, GP  
**1:00** Games Shows/Brain crunches answer sheets, GP, GP  
**1:30** Bingo, GP  
**2:00** 🚌 Scenic Ride, MIL  
**2:30** Ice Cream Social, Bistro  
**3:00** Getting to Know YOU, GP  
**4:00** Arts & Crafts, GP  
**5:30** Western Movie Night, GP

**4**  
**9:00** Morning walk, MIL  
**9:30** Morning Exercise, GP  
**10:00** Rhyme Time, GP  
**10:30** Hymn Singing, GP  
**11:30** Wii Bowling, GP  
**1:00** Games Shows/Mandala shading, GP  
**1:30** Bingo!, GP  
**2:00** 🚌 Scenic Ride, MIL  
**2:45** Boggle, GP  
**3:30** Inventions/Inventors, GP  
**4:00** Let's do Math!, GP  
**4:30** Dominos Club, CR  
**5:30** Evening Movie, GP

**5**  
**9:00** Morning walk, MIL  
**9:30** Balance Fitness, GP  
**10:00** Words in a Word, GP  
**10:30** Sing A Long, GP  
**11:30** Dominos Club, CR  
**1:00** Assorted Activities answer sheets, GP  
**1:30** Bingo! GP  
**2:30** Friday Social, Bistro  
**3:30** 🎵 Handbell Choir, GP  
**4:30** Wii Bowling, GP  
**5:30** Evening Movie, GP

**6**  
**9:30** Morning Stretches, GP  
**10:00** News Currents, GP  
**10:30** Karaoke time!, GP  
**11:00** Puzzles, GP  
**1:00** Game Shows, GP  
**1:30** Bingo! GP  
**2:30** Divine Service by Chaplain Pervaiz, FR  
**3:00** Word Search/Boggle, GP  
**4:00** Chair Volleyball, GP  
**4:30** Wii Bowling, GP  
**5:30** Evening Movie, GP

**7**  
**9:30** Morning Exercises, GP  
**10:00** Daily Chronicles(ac), GP  
**10:30** Sunday Service, GP  
**1:00** Games Shows, GP  
**1:30** Catholic Mass-EWTN (virtual), FR †  
**1:30** BINGO!, GP  
**3:00** Weekend Arts & Crafts, GP  
**4:00** Puzzles, GP  
**4:30** Wii Bowling, GP  
**5:30** Evening Movie, GP

**8**  
**9:00** Morning walk, MIL  
**9:30** Balance Fitness, GP  
**10:00** Words in a Word, GP  
**10:30** Amazing Facts w/Chaplain Pervaiz, GP  
**11:30** Dominos Club, CR  
**1:00** Game Shows/Puzzles, GP  
**1:30** \$ BINGO, GP  
**2:00** 🚌 Scenic Ride, MIL  
**2:30** Travelogue, GP  
**3:30** Balloon Volleyball, GP  
**4:30** Wii Bowling, GP  
**5:30** Evening Movie, GP

**9**  
**9:00** Morning walk, MIL  
**9:30** Morning Stretches, GP  
**10:00** Words in a Word, GP  
**11:30** Dominos Club, CR  
**1:00** **Residents Menu Planning Meeting, FR**  
**1:30** Bingo!, GP  
**2:00** 🚌 Scenic Ride, MIL  
**2:30** Rosary w/ Bella, PDR  
**3:00** Guesstures/Charades, FP  
**4:00** Mandala Shading, GP  
**4:30** Wii Bowling, GP  
**5:30** Evening Movie, GP

**10**  
**9:00** Morning walk, MIL  
**9:30** Chair Exercise, GP  
**10:00** Words in a Word, GP  
**10:30** Amazing Facts , GP  
**11:30** Wii Bowling, GP  
**1:00** Games Shows/Brain crunches answer sheets, GP, GP  
**1:30** Bingo, GP  
**2:00** 🚌 Scenic Ride, MIL  
**2:30** Ice Cream Social, Bistro  
**3:00** Getting to Know YOU, GP  
**4:00** Arts & Crafts, GP  
**5:30** Western Movie Night, GP

**11**  
**9:00** Morning walk, MIL  
**9:30** Morning Exercise, GP  
**10:00** Rhyme Time, GP  
**10:30** Hymn Singing, GP  
**11:30** Wii Bowling, GP  
**1:00** Games Shows/Mandala shading, GP  
**1:30** Bingo!, GP  
**2:00** 🚌 Scenic Ride, MIL  
**2:45** Boggle, GP  
**3:30** Inventions/Inventors, GP  
**4:00** Let's do Math!, GP  
**4:30** Dominos Club, CR  
**5:30** Evening Movie, GP

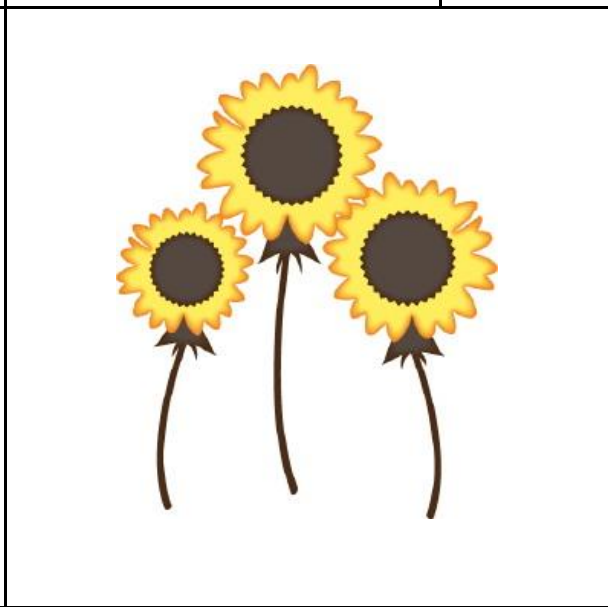
**12**  
**9:00** Morning walk, MIL  
**9:30** Balance Fitness, GP  
**10:00** Words in a Word, GP  
**10:30** Sing A Long, GP  
**11:30** Dominos Club, CR  
**1:00** Assorted Activities answer sheets, GP  
**1:30** Bingo! GP  
**2:00** **Swirlies Ice Cream truck, FP**  
**3:30** 🎵 Handbell Choir, GP  
**4:30** Wii Bowling, GP  
**5:30** Evening Movie, GP

**13**  
**9:30** Morning Stretches, GP  
**10:00** News Currents, GP  
**10:30** Karaoke time!, GP  
**11:00** Puzzles, GP  
**1:00** Game Shows, GP  
**1:30** Bingo! GP  
**2:30** Divine Service by Chaplain Pervaiz, FR  
**3:00** Word Search/Boggle, GP  
**4:00** Chair Volleyball, GP  
**4:30** Wii Bowling, GP  
**5:30** Evening Movie, GP

**14**  
**9:30** Morning Exercises, GP  
**10:00** Daily Chronicles(ac), GP  
**10:30** Virtual Church Service, GP  
**1:00** Games Shows, GP  
**1:30** Catholic Mass-EWTN (virtual), FR †  
**1:30** BINGO!, GP  
**3:00** Weekend Arts & Crafts, GP  
**4:00** Puzzles, GP  
**4:30** Wii Bowling, GP  
**5:30** Evening Movie, GP

**15**  
**9:00** Morning walk, MIL  
**9:30** Balance Fitness, GP  
**10:00** Words in a Word, GP  
**10:30** Amazing Facts w/Chaplain Pervaiz, GP  
**11:30** Dominos Club, CR  
**1:00** Game Shows/Puzzles, GP  
**1:30** \$ BINGO, GP  
**2:00** 🚌 Scenic Ride, MIL  
**2:30** Travelogue, GP  
**3:30** Balloon Volleyball, GP  
**4:30** Wii Bowling, GP  
**5:30** Evening Movie, GP

**16**  
**9:00** Morning walk, MIL  
**9:30** Morning Stretches, GP  
**10:00** Words in a Word, GP  
**10:30** **Piano w/Doug, FR**  
**11:30** Dominos Club, CR  
**1:00** Games Shows, GP  
**1:30** Bingo!, GP  
**2:00** 🚌 Scenic Ride, MIL  
**2:30** Rosary w/ Bella, PDR  
**3:00** Guesstures/Charades, FP  
**4:00** Mandala Shading, GP  
**4:30** Wii Bowling, GP  
**5:30** Evening Movie, GP



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Location Key</b></p> <p>AF - All Floors  CR - Card Room  FP - Front Porch  FR - Family Room  GP - Gathering Place  GB - Green briar  OP - Outside Patio  <b>2<sup>nd</sup> Floor</b> – Living Room  PDR - Private Dining Room  MIL - Meet in Lobby</p>	<p><b>Calendar Icons</b></p> <p> <b>Outing</b>  <b>Musical Program</b>  <b>Spiritual Program</b>  <b>Outdoor Activity</b></p> <p>*Catholic Communion by St. Leo the Great Catholic church will be held every <b>Thursday at 10:00 am on ALL FLOORS.</b></p>	<p><b>Any additions or changes to the calendar will be posted on the daily schedule.</b></p> <p><b>Each activity runs for a minimum of 30 minutes.</b></p>	<p><b>17</b></p> <p>9:00 Morning walk, MIL  9:30 Chair Exercise, GP  10:00 Words in a Word, GP  10:30 Amazing Facts , GP  11:30 Wii Bowling, GP  1:00 Games Shows/Brain crunches answer sheets, GP, GP  1:30 Bingo, GP  2:00  Scenic Ride, MIL  2:30 Ice Cream Social, Bistro  3:30 Chair Badminton, GP  4:00 Arts &amp; Crafts, GP  5:30 Western Movie Night, GP</p>	<p><b>18</b></p> <p>9:00 Morning walk, MIL  9:30 Morning Exercise, GP  10:00 Words in a Word, GP  10:30 Amazing Facts w/Chaplain Pervaiz, GP  <b>11:00 Catholic Mass by St. Leo the Great Catholic Church, GP</b>  1:00 Games Shows, GP  1:30 Bingo!, GP  2:00  Scenic Ride, MIL  2:45 Boggle, GP  3:30 Inventions/Inventors, GP  4:30 Dominos Club, CR  5:30 Evening Movie, GP</p>	<p><b>19</b></p> <p>9:00 Morning walk, MIL  9:30 Balance Fitness, GP  10:00 Words in a Word, GP  10:30 Sing A Long, GP  11:30 Dominos Club, CR  1:00 Assorted Activities answer sheets, GP  1:30 Bingo! GP  <b>2:45 Senior Citizens Day Social, Bistro</b>  3:30  Handbell Choir, GP  4:30 Wii Bowling, GP  5:30 Evening Movie, GP</p>	<p><b>20</b></p> <p>9:30 Morning Stretches, GP  10:00 News Currents, GP  <b>10:30 Piano w/Roberta, FR</b>  11:00 Puzzles, GP  1:00 Game Shows, GP  1:30 Bingo! GP  2:30 Divine Service by Chaplain Pervaiz, FR  3:00 Word Search/Boggle, GP  4:00 Chair Volleyball, GP  4:30 Wii Bowling, GP  5:30 Evening Movie, GP</p>
<p><b>21</b></p> <p>9:30 Morning Exercises, GP  10:00 Daily Chronicles(ac), GP  10:30 Virtual Church Service, GP  1:00 Games Shows, GP  1:30 Catholic Mass-EWTN (virtual), FR   1:30 BINGO!, GP  3:00 Weekend Arts &amp; Crafts, GP  4:00 Puzzles, GP  4:30 Wii Bowling, GP  5:30 Evening Movie, GP</p>	<p><b>22</b></p> <p>9:00 Morning walk, MIL  9:30 Balance Fitness, GP  10:00 Words in a Word, GP  10:30 Amazing Facts w/Chaplain Pervaiz, GP  11:30 Dominos Club, CR  1:00 Game Shows/Puzzles, GP  1:30 \$ BINGO, GP  2:00  Scenic Ride, MIL  2:30 Travelogue, GP  3:30 Balloon Volleyball, GP  4:30 Wii Bowling, GP  5:30 Evening Movie, GP</p>	<p><b>23</b></p> <p>9:00 Morning walk, MIL  9:30 Morning Stretches, GP  10:00 Synonyms/Antonyms, GP  10:30 Sing A Long, GP  11:30 Dominos Club, CR  1:00 Games Shows, GP  1:30 Bingo!, GP  2:00  Scenic Ride, MIL  2:30 Rosary w/ Bella, PDR  3:00 Guesstures/Charades, GP  4:00 Mandala Shading, GP  4:30 Wii Bowling, GP  5:30 Evening Movie, GP</p>	<p><b>24</b></p> <p>9:00 Morning walk, MIL  9:30 Chair Exercise, GP  10:00 Words in a Word, GP  10:30 Amazing Facts , GP  11:30 Wii Bowling, GP  1:00 Games Shows/Brain crunches answer sheets, GP, GP  1:30 Bingo, GP  2:00  Scenic Ride, MIL  2:30 Ice Cream Social, Bistro  3:30 Chair Badminton, GP  4:00 Arts &amp; Crafts, GP  5:30 Western Movie Night, GP</p>	<p><b>25</b></p> <p>9:00 Morning walk, MIL  9:30 Morning Exercise, GP  10:00 Rhyme Time, GP  10:30 Hymn Singing, GP  11:30 Wii Bowling, GP  1:00 Games Shows/Mandala shading, GP  1:30 Bingo!, GP  2:00  Scenic Ride, MIL  2:45 Boggle, GP  3:30 Inventions/Inventors, GP  4:00 Let's do Math!, GP  4:30 Dominos Club, CR  5:30 Evening Movie, GP</p>	<p><b>26</b></p> <p>9:00 Morning walk, MIL  9:30 Balance Fitness, GP  10:00 Words in a Word, GP  <b>10:30 Classic Guitar w/Vincent, FR</b>  11:30 Dominos Club, CR  1:00 Assorted Activities answer sheets, GP  1:30 Bingo! GP  2:30 Friday Social, Bistro  3:30  Handbell Choir, GP  4:30 Wii Bowling, GP  5:30 Evening Movie, GP</p>	<p><b>27</b></p> <p>9:30 Morning Stretches, GP  10:00 News Currents, GP  10:30 Karaoke time!, GP  11:00 Puzzles, GP  1:00 Game Shows, GP  1:30 Bingo! GP  2:30 Divine Service by Chaplain Pervaiz, FR  3:00 Word Search/Boggle, GP  4:00 Chair Volleyball, GP  4:30 Wii Bowling, GP  5:30 Evening Movie, GP</p>
<p><b>28</b></p> <p>9:30 Morning Exercises, GP  10:00 Daily Chronicles(ac), GP  10:30 Virtual Church Service, GP  1:00 Games Shows, GP  1:30 Catholic Mass-EWTN (virtual), FR   1:30 BINGO!, GP  3:00 Weekend Arts &amp; Crafts, GP  4:00 Puzzles, GP  4:30 Wii Bowling, GP  5:30 Evening Movie, GP</p>	<p><b>29</b></p> <p>9:00 Morning walk, MIL  9:30 Balance Fitness, GP  10:00 Words in a Word, GP  10:30 Amazing Facts w/Chaplain Pervaiz, GP  11:30 Dominos Club, CR  1:00 Game Shows/Puzzles, GP  1:30 \$ BINGO, GP  2:00  Scenic Ride, MIL  2:30 Travelogue, GP  3:30 Balloon Volleyball, GP  4:30 Wii Bowling, GP  5:30 Evening Movie, GP</p>	<p><b>30</b></p> <p>9:00 Morning walk, MIL  9:30 Morning Stretches, GP  10:00 Words in a Word, GP  <b>10:30 Residents' Council Meeting, GP</b>  11:30 Dominos Club, CR  1:00 Games Shows, GP  1:30 Bingo!, GP  2:00  Scenic Ride, MIL  2:30 Rosary w/ Bella, PDR  3:00 Guesstures/Charades, FP  4:00 Mandala Shading, GP  4:30 Wii Bowling, GP  5:30 Evening Movie, GP</p>	<p><b>31</b></p> <p>9:00 Morning walk, MIL  9:30 Chair Exercise, GP  10:00 Words in a Word, GP  10:30 Amazing Facts , GP  11:30 Wii Bowling, GP  1:00 Games Shows/Brain crunches answer sheets, GP GP  1:30 Bingo, GP  2:00  Scenic Ride, MIL  2:30 Ice Cream Social, Bistro  3:30 Chair Badminton, GP  4:00 Arts &amp; Crafts, GP  5:30 Western Movie Night, GP</p>	<p><b>ASSISTED LIVING  ACTIVITIES  CALENDAR  AUGUST 2022</b></p>		