

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# JANUARY 2022 MEMORY CARE UNIT ACTIVITIES CALENDAR

						<p>1</p> <p>9:30 Morning Stretches 10:30 Open Discussion 11:00 Saturday Jewelry 1:30 Let's Dance on YouTube 2:00 Afternoon Snacks 2:30 Divine Service w/ Chaplain Pervaiz, FR 3:00 Prize Bingo 4:00 Oldie's tune 4:30 Dinner 5:00 Evening Movie</p>
<p>2</p> <p>9:30 Morning Exercises 10:00 Morning Snacks 10:30 Joel Osteen Service 11:00 Hymn Singing 10:30 Sunday Service by Chaplain James Dotson, FR 1:30 Catholic Mass-EWTN (virtual) 1:30 Afternoon Walk 2:00 Afternoon Snacks 2:30 Animal Recognition 3:00 Prize Bingo 4:00 Relaxing Movement 4:30 Dinner 5:00 Evening Movie</p>	<p>3</p> <p>9:30 Morning Exercise 10:00 Scenic Ride 10:30 Half Hour Comedy on YouTube 11:00 Jigsaw Puzzle Time 1:15 Let's bake something sweet 2:30 Hydration &amp; Refreshments 3:30 Hymn singing w/Pervaiz 4:00 Matching Colors 4:30 Dinner 5:00 Evening movie</p>	<p>4</p> <p>9:30 Morning Exercise 10:00 Scenic Ride 10:30 Question Ball 11:00 Puzzle time 1:15 Arts &amp; craft 2:00 Afternoon Refreshment 2:30 Bible Study w/ Chaplain James Dotson 3:30 Hymn singing w/Pervaiz 4:00 Recognizing things 4:30 Dinner 5:00 Evening movie</p>	<p>5</p> <p>9:30 Morning Exercise 10:00 Scenic Ride 10:30 Piano &amp; Singing w/Roberta Commack Katleman 1:15 Spa Wednesday 2:00 Afternoon Snacks 2:30 Arranging flowers 3:30 Hymn singing w/Pervaiz 4:00 Room Visits 4:30 Dinner 5:00 Evening movie</p>	<p>6</p> <p>9:30 Morning Exercise 10:00 Scenic Ride 10:30 Hand massage/ Aromatherapy 11:00 Finish the phase 1:15 Baking cookies / oldies tunes 2:00 Afternoon snacks 2:30 Prize Bingo 3:00 Hymn singing w/Pervaiz 4:00 Adult coloring 4:30 Dinner 5:00 Evening movie</p>	<p>7</p> <p>9:30 Morning Exercise 10:00 Scenic Ride 10:00 Pretty nails/ Hand Massage 10:45 Friday Dance Move 1:15 Ice cream Sundae social 2:30 Praise &amp; worship with Chaplain Pervaiz 3:30 Hymn singing w/Pervaiz 4:00 Karaoke Friday 4:30 Dinner 5:00 Evening Movie</p>	<p>8</p> <p>9:30 Morning Stretches 10:30 Open Discussion 11:00 Saturday Jewelry 1:30 Let's Dance on YouTube 2:00 Afternoon Snacks 2:30 Divine Service w/ Chaplain Pervaiz, FR 3:00 Prize Bingo 4:00 Oldie's tune 4:30 Dinner 5:00 Evening Movie</p>
<p>9</p> <p>9:30 Morning Exercises 10:00 Morning Snacks 10:30 Joel Osteen Service 11:00 Hymn Singing 10:30 Sunday Service by Chaplain James Dotson, FR 1:30 Catholic Mass-EWTN (virtual) 1:30 Afternoon Walk 2:00 Afternoon Snacks 2:30 Animal Recognition 3:00 Prize Bingo 4:00 Relaxing Movement 4:30 Dinner 5:00 Evening Movie</p>	<p>10</p> <p>9:30 Morning Exercise 10:00 Scenic Ride 10:30 Celebration of Life (Don Hammond), FR 11:00 Jigsaw Puzzle Time 1:15 Let's bake something sweet 2:30 Hydration &amp; Refreshments 3:30 Hymn singing w/Pervaiz 4:00 Matching Colors 4:30 Dinner 5:00 Evening movie</p>	<p>11</p> <p>9:30 Morning Exercise 10:00 Scenic Ride 10:30 Question Ball 11:00 Board games 1:15 Lets travel to Germany 2:00 German Refreshment 2:30 Bible Study w/ Chaplain James Dotson 3:30 Hymn singing w/Pervaiz 4:00 Recognizing things 4:30 Dinner 5:00 Evening movie</p>	<p>12</p> <p>9:30 Morning Exercise 10:00 Scenic Ride 10:30 Morning Snacks 11:00 Sponge Painting 1:15 Spa Wednesday 2:00 Afternoon Snacks 2:30 Arranging flowers 3:30 Hymn singing w/Pervaiz 4:00 Room Visits 4:30 Dinner 5:00 Evening movie</p>	<p>13</p> <p>9:30 Morning Exercise 10:00 Scenic Ride 10:30 Hand massage/ Aromatherapy 11:00 Finish the phase 1:15 Baking cookies / oldies tunes 2:00 Afternoon snacks 2:30 Prize Bingo 3:00 Hymn singing w/Pervaiz 4:00 Adult coloring 4:30 Dinner 5:00 Evening movie</p>	<p>14</p> <p>9:30 Morning Exercise 10:00 Scenic Ride 10:00 Pretty nails/ Hand Massage 10:45 Friday Dance Move 1:15 Ice cream Sundae social 2:30 Praise &amp; worship with Chaplain Pervaiz 3:30 Hymn singing w/Pervaiz 4:00 Karaoke Friday 4:30 Dinner 5:00 Evening Movie</p>	<p>15</p> <p>9:30 Morning Stretches 10:30 Open Discussion 11:00 Saturday Jewelry 1:30 Let's Dance on YouTube 2:30 Divine Service w/ Chaplain Pervaiz, FR 3:00 Prize Bingo 4:00 Oldie's tune 4:30 Dinner 5:00 Evening Movie</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p align="center"><b>16</b></p> <p>9:30 Morning Exercises 10:00 Morning Snacks 10:30 Joel Osteen Service 11:00 Hymn Singing <b>10:30 Sunday Service by Chaplain James Dotson, FR</b> 1:30 Catholic Mass-EWTN (virtual) 1:30 Afternoon Walk 2:00 Afternoon Snacks 2:30 Animal Recognition 3:00 Prize Bingo 4:00 Relaxing Movement 4:30 Dinner 5:00 Evening Movie</p>	<p align="center"><b>17</b></p> <p>9:30 Morning Exercise 10:00 Scenic Ride 10:30 Half Hour Comedy on YouTube 11:00 Jigsaw Puzzle Time <b>1:15 Let's bake something sweet</b> <b>2:00 Men Social</b> 2:30 Hydration &amp; Refreshments 3:30 <b>Hymn singing w/Pervaiz</b> 4:00 Matching Colors 4:30 Dinner 5:00 Evening movie</p>	<p align="center"><b>18</b></p> <p>9:30 Morning Exercise 10:00 Scenic Ride 10:30 Question Ball 11:00 Puzzle time <b>1:15 Let's travel to Spain</b> <b>2:00 Spain Refreshment</b> <b>2:30 Bible Study w/ Chaplain James Dotson</b> <b>3:30 Martin Luther King Trivia on YouTube/ Discussion</b> 4:00 Recognizing things 4:30 Dinner 5:00 Evening movie</p>	<p align="center"><b>19</b></p> <p>9:30 Morning Exercise 10:00 Scenic Ride 10:30 Morning Snacks 11:00 Sponge Painting <b>1:15 Spa Wednesday</b> 2:00 Afternoon Snacks 2:30 Arranging flowers 3:30 <b>Hymn singing w/Pervaiz</b> 4:00 Room Visits 4:30 Dinner 5:00 Evening movie</p>	<p align="center"><b>20</b></p> <p>9:30 Morning Exercise 10:00 Scenic Ride 10:30 Hand massage/ Aromatherapy 11:00 Finish the phase <b>1:15 Baking cookies / oldies tunes</b> 2:00 Afternoon snacks 2:30 Prize Bingo <b>3:00 Hymn singing w/Pervaiz</b> 4:00 Adult coloring 4:30 Dinner 5:00 Evening movie</p>	<p align="center"><b>21</b></p> <p>9:30 Morning Exercise 10:00 Scenic Ride 10:00 Pretty nails 10:45 Friday Dance Move <b>1:15 Ice cream Sundae social</b> 2:30 Praise &amp; worship with Chaplain Pervaiz 3:30 <b>Hymn singing w/Pervaiz</b> 4:00 Karaoke Friday 4:30 Dinner 5:00 Evening Movie</p>	<p align="center"><b>22</b></p> <p>9:30 Morning Stretches 10:30 Open Discussion 11:00 Saturday Jewelry 1:30 Let's Dance on YouTube 2:00 Afternoon Snacks <b>2:30 Divine Service w/ Chaplain Pervaiz, FR</b> 3:00 Prize Bingo 4:00 Oldie's tune 4:30 Dinner 5:00 Evening Movie</p>		
<p align="center"><b>23</b></p> <p>9:30 Morning Exercises 10:00 Morning Snacks 10:30 Joel Osteen Service 11:00 Hymn Singing <b>10:30 Sunday Service by Chaplain James Dotson, FR</b> 1:30 Catholic Mass-EWTN (virtual) 1:30 Afternoon Walk 2:00 Afternoon Snacks 2:30 Animal Recognition 3:00 Prize Bingo 4:00 Relaxing Movement 4:30 Dinner 5:00 Evening Movie</p>	<p align="center"><b>24</b></p> <p>9:30 Morning Exercise 10:00 Scenic Ride 10:30 Half Hour Comedy on YouTube 11:00 Jigsaw Puzzle Time <b>1:15 Let's bake something sweet</b> 2:30 Hydration &amp; Refreshments 3:30 <b>Hymn singing w/Pervaiz</b> 4:00 Matching Colors 4:30 Dinner 5:00 Evening movie</p>	<p align="center"><b>25</b></p> <p>9:30 Morning Exercise 10:00 Scenic Ride 10:30 Question Ball 11:00 Board games <b>1:15 Let's Travel Italy</b> <b>2:00 Italian Refreshment</b> <b>2:30 Arts &amp; Craft</b> <b>3:30 Hymn singing w/Pervaiz</b> 4:00 Recognizing things 4:30 Dinner 5:00 Evening movie</p>	<p align="center"><b>26</b></p> <p>9:30 Morning Exercise 10:00 Scenic Ride 10:30 Morning Snacks 11:00 Sponge Painting <b>1:15 Spa Wednesday</b> 2:00 Afternoon Snacks 2:30 Arranging flowers <b>3:30 Hymn singing w/Pervaiz</b> 4:00 Room Visits 4:30 Dinner 5:00 Evening movie</p>	<p align="center"><b>27</b></p> <p>9:30 Morning Exercise 10:00 Scenic Ride 10:30 Hand massage/ Aromatherapy 11:00 Finish the phase <b>1:15 Baking cookies / oldies tunes</b> 2:00 Afternoon snacks 2:30 Prize Bingo <b>3:00 Hymn singing w/Pervaiz</b> 4:00 Adult coloring 4:30 Dinner 5:00 Evening movie</p>	<p align="center"><b>28</b></p> <p>9:30 Morning Exercise 10:00 Scenic Ride 10:00 Pretty nails 10:45 Friday Dance Move <b>1:15 January Birthday celebration</b> 2:30 Praise &amp; worship with Chaplain Pervaiz 3:30 <b>Hymn singing w/Pervaiz</b> 4:00 Karaoke Friday 5:00 Evening Movie</p>	<p align="center"><b>29</b></p> <p>9:30 Morning Stretches 10:30 Open Discussion 11:00 Saturday Jewelry 1:30 Let's Dance on YouTube 2:00 Table Games <b>2:30 Divine Service w/ Chaplain Pervaiz, FR</b> 3:00 Prize Bingo 4:00 Oldie's tune 4:30 Dinner 5:00 Evening Movie</p>		
<p align="center"><b>30</b></p> <p>9:30 Morning Exercises 10:00 Morning Snacks 10:30 Joel Osteen Service 11:00 Hymn Singing <b>10:30 Sunday Service by Chaplain James Dotson, FR</b> 1:30 Catholic Mass-EWTN (virtual) 1:30 Afternoon Walk 2:00 Afternoon Snacks 2:30 Animal Recognition 3:00 Prize Bingo 4:00 Relaxing Movement 4:30 Dinner 5:00 Evening Movie</p>	<p align="center"><b>Calendar Icons</b></p> <ul style="list-style-type: none"> <li> <b>Outing</b></li> <li> <b>Musical Program</b></li> <li> <b>Spiritual Program</b></li> <li> <b>Outdoor Activity</b></li> <li> <b>Golden Ticket</b></li> </ul> <p>If you wish to attend a bus ride or outing, please see an activity team member. These events have limited seating.</p>		<p align="center"><b>Location Key</b></p> <ul style="list-style-type: none"> <li><b>AF</b> - All Floors</li> <li><b>CR</b> - Card Room</li> <li><b>FP</b> - Front Porch</li> <li><b>FR</b> - Family Room</li> <li><b>GP</b> - Gathering Place</li> <li><b>GB</b> - Greenbriar</li> <li><b>MIL</b> - Meet in Lobby</li> <li><b>OP</b> - Outside Patio</li> <li><b>PDR</b> - Private Dining Room</li> <li><b>GZ</b> - Gazebo</li> <li><b>Bistro</b> - Bistro</li> </ul>					