

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2021

MEMORY CARE UNIT ACTIVITIES CALENDAR

					<p>9:00 Morning Chair Exercise 10:00 EZ Does It: Junk Drawer Detective(ac) 11:00 Noodles & Balloons 1:15 Afternoon Exercise/Walking 2:00 Friday Social! 2:30 Praise & Worship with Chaplain Pervaiz 3:00 Let's SORT it out! (socks) 4:00 Chair Soccer 5:00 Movie Classic</p>	<p>9:00 Morning Chair Exercise 10:00 Outdoor Walking 10:30 News/Weather/Snacks 11:00 Random Trivia! 1:30 Dance Moves 2:00 Hydration & Refreshments 2:30 Divine Service w/ Chaplain Pervaiz, FR 3:00 Weekend Bingo! 4:00 Sing-A-Long 5:00 Evening Movies</p>
<p>9:00 Morning Exercise 10:30 Sunday Service by Chaplain James Dotson, FR 11:00 Hymn Singing 1:30 Dance Exercise 2:00 Hydration & Refreshments 3:00 Sunday Arts & Crafts 4:00 Finish the Phrase 5:00 Movie Classics</p>	<p>9:00 Morning Chair Exercise 10:00 Scenic Ride 10:00 Snacks/News Currents 11:00 Noodles & Balloons 1:15 Dance Moves 2:00 Hydration & Refreshments 2:30 Outdoor Walking (if weather permits) 2:30 Let's Do Math! 3:30 Arts & Crafts 5:00 Movie Classic</p>	<p>9:00 Morning Chair Exercise 10:00 Scenic Ride 10:30 Catholic Communion by St. Leo the Great Catholic Church, AF 11:00 Song Titles (fill in) 1:15 Discuss & Recall 2:00 Refreshments 2:30 Bible Study w/ Chaplain James Dotson 3:30 Spelling Bee 4:15 Hymn Singing w/ Pervaiz 5:00 Evening Movie</p>	<p>9:00 Morning Chair Exercise 10:00 Scenic Ride 10:20 Piano & Sing A Long w/ Roberta Commack Katleman 11:00 News Currents 1:15 Sing-A-Long 2:00 Hydration & Refreshments 2:30 Hymn Singing w/ Chaplain Pervaiz 3:00 (Math) Money Matters! 4:00 Fly Swatter Balloon Volleyball 5:00 Evening Movie</p>	<p>9:00 Morning Chair Exercise 10:00 Scenic Ride 10:00 Snacks/News Currents 11:00 Parachute waves 1:15 Dance Moves 2:00 Refreshments 2:30 Bingo! 3:30 Arts & Crafts 4:15 Hymn Singing w/ Pervaiz 5:00 Evening Movie</p>	<p>9:00 Morning Chair Exercise 10:30 Choir practice w/Pervaiz, GP 11:00 Noodles & Balloons 1:15 Afternoon Exercise/Walking 2:00 Friday Social! 2:30 Praise & Worship with Chaplain Pervaiz 3:00 Let's SORT it out! (socks) 4:00 Chair Soccer 5:00 Movie Classic</p>	<p>9:00 Morning Chair Exercise 10:00 Outdoor Walking 10:30 News/Weather/Snacks 11:00 Random Trivia! 1:30 Dance Moves 2:00 Hydration & Refreshments 2:30 Divine Service w/ Chaplain Pervaiz, FR 3:00 Weekend Bingo! 4:00 Sing-A-Long 5:00 Evening Movies</p>
<p>9:00 Morning Exercise 10:30 Sunday Service by Chaplain James Dotson, FR 11:00 Hymn Singing 1:30 Dance Exercise 2:00 Hydration & Refreshments 3:00 Sunday Arts & Crafts 4:00 Finish the Phrase 5:00 Movie Classics</p>	<p>9:00 Morning Exercise 10:00 Scenic Ride 10:00 Snacks/News Currents 11:00 Noodles & Balloons 1:15 Dance Moves 2:00 Hydration & Refreshments 2:30 Outdoor Walking (if weather permits) 2:30 Let's Do Math! 3:30 Arts & Crafts 5:00 Movie Classic</p>	<p>9:00 Morning Chair Exercise 10:00 Scenic Ride 10:30 Catholic Communion by St. Leo the Great Catholic Church, AF 11:00 Song Titles (fill in) 1:15 Discuss & Recall 2:00 Refreshments 2:30 Bible Study w/ Chaplain James Dotson 3:30 Spelling Bee 4:15 Hymn Singing w/ Pervaiz 5:00 Evening Movie</p>	<p>9:00 Morning Chair Exercise 10:00 Scenic Ride 10:30 News Currents & Weather 1:15 Sing-A-Long 2:00 Hydration & Refreshments 2:30 Hymn Singing w/ Chaplain Pervaiz 3:00 Music Performance by Charlie! 4:00 Fly Swatter Balloon Volleyball</p>	<p>9:00 Morning Chair Exercise 10:00 Scenic Ride 10:00 Snacks/News Currents 11:00 Parachute waves 1:15 Dance Moves 2:00 Refreshments 2:30 Bingo! 3:30 Arts & Crafts 4:15 Hymn Singing w/ Pervaiz 5:00 Evening Movie</p>	<p>9:00 Morning Chair Exercise 10:00 EZ Does It: Junk Drawer Detective(ac) 11:00 Noodles & Balloons 1:15 Afternoon Exercise/Walking 2:00 Friday Social! 2:30 Praise & Worship with Chaplain Pervaiz 3:30 Piano Performance by Yvonne Johnson, FR 4:00 Chair Soccer 5:00 Movie Classic</p>	<p>9:00 Morning Chair Exercise 10:00 Outdoor Walking 10:20 Piano & Sing A Long w/Roberta Commack Katleman News/Weather/Snacks 1:30 Dance Moves 2:00 Refreshments 2:30 Divine Service w/ Chaplain Pervaiz, FR 3:00 Weekend Bingo! 4:00 Sing-A-Long 5:00 Evening Movies</p>

<p style="text-align: right;">17</p> <p>9:00 Morning Exercise 10:30 Sunday Service by Chaplain James Dotson, FR 11:00 Hymn Singing 1:30 Dance Exercise 2:00 Hydration & Refreshments 3:00 Sunday Arts & Crafts 4:00 Finish the Phrase 5:00 Movie Classics</p>	<p style="text-align: right;">18</p> <p>9:00 Morning Chair Exercise 10:00 Scenic Ride 10:00 Snacks/News Currents 11:00 Noodles & Balloons 1:15 Dance Moves 2:00 Hydration & Refreshments 2:30 Outdoor Walking (if weather permits) 2:30 Let's Do Math! 3:30 Arts & Crafts 5:00 Movie Classic</p>	<p style="text-align: right;">19</p> <p>9:00 Morning Chair Exercise 10:00 Scenic Ride 10:30 Sing-A-Long 10:30 Piano by Doug, FR 1:15 Discuss & Recall 2:00 Refreshments 2:30 Bible Study w/ Chaplain James Dotson 3:30 Spelling Bee 4:15 Hymn Singing w/ Pervaiz 5:00 Evening Movie</p>	<p style="text-align: right;">20</p> <p>9:00 Morning Chair Exercise 10:00 Scenic Ride 10:30 News Currents & Weather 1:15 Sing-A-Long 2:00 Hydration & Refreshments 2:30 Hymn Singing w/Pervaiz 3:00 (Math) Money Matters! 4:00 Fly Swatter Balloon Volleyball 5:00 Evening Movie</p>	<p style="text-align: right;">21</p> <p>9:00 Morning Chair Exercise 10:00 Scenic Ride 10:45 Catholic Mass by St. Leo the Great Catholic Church, GP 11:00 Parachute waves 1:15 Dance Moves 2:00 Refreshments 2:30 Bingo! 3:30 Arts & Crafts 4:15 Hymn Singing w/ Pervaiz 5:00 Evening Movie</p>	<p style="text-align: right;">22</p> <p>9:00 Morning Chair Exercise 10:00 EZ Does It: Junk Drawer Detective(ac) 11:00 Noodles & Balloons 1:15 Afternoon Exercise/Walking 2:00 Friday Social! 2:30 Praise & Worship with Chaplain Pervaiz 3:00 Music (Piano) by Gerda 4:00 Chair Soccer 5:00 Movie Classic</p>	<p style="text-align: right;">23</p> <p>9:00 Morning Chair Exercise 10:00 Outdoor Walking 10:30 News/Weather/Snacks 11:00 Random Trivia! 1:30 Dance Moves 2:00 Hydration & Refreshments 2:30 Divine Service w/ Chaplain Pervaiz, FR 3:00 Weekend Bingo! 4:00 Sing-A-Long 5:00 Evening Movies</p>
<p style="text-align: right;">24</p> <p>9:00 Morning Exercise 10:30 VIRTUAL Sunday Service 11:00 Hymn Singing 1:30 Dance Exercise 2:00 Hydration & Refreshments 3:00 Sunday Arts & Craft 4:00 Finish the Phrase 5:00 Movie Classics</p>	<p style="text-align: right;">25</p> <p>9:00 Morning Chair Exercise 10:00 Scenic Ride 10:00 Snacks/News Currents 11:00 Noodles & Balloons 1:15 Dance Moves 2:00 Hydration & Refreshments 2:30 Outdoor Walking (if weather permits) 2:30 Let's Do Math! 3:30 Arts & Crafts 5:00 Movie Classic</p>	<p style="text-align: right;">26</p> <p>9:00 Morning Chair Exercise 10:00 Scenic Ride 10:30 Catholic Communion by St. Leo the Great Catholic Church, AF 10:30 Residents' Council Meeting, GP 11:00 Song Titles (fill in) 1:15 Discuss & Recall 2:00 Refreshments 2:30 Arts & Crafts 3:30 Spelling Bee 4:15 Hymn Singing w/ Pervaiz 5:00 Evening Movie</p>	<p style="text-align: right;">27</p> <p>9:00 Morning Chair Exercise 10:00 Scenic Ride 10:30 News Currents & Weather 1:15 Sing-A-Long 2:00 Hydration & Refreshments 2:30 Hymn Singing w/ Chaplain Pervaiz 3:00 (Math) Money Matters! 4:00 Fly Swatter Balloon Volleyball 5:00 Evening Movie</p>	<p style="text-align: right;">28</p> <p>9:00 Morning Chair Exercise 10:00 Scenic Ride 10:00 Snacks/News Currents 11:00 Parachute waves 1:15 Dance Moves 2:00 Refreshments 2:30 Bingo! 3:30 Arts & Crafts 4:15 Hymn Singing w/ Pervaiz 5:00 Evening Movie</p>	<p style="text-align: right;">29</p> <p>9:00 Morning Chair Exercise 10:00 EZ Does It: Junk Drawer Detective(ac) 11:00 Noodles & Balloons 1:15 Afternoon Exercise/Walking 2:00 Friday Social! 2:30 Praise & Worship with Chaplain Pervaiz 3:00 Let's SORT it out! (socks) 4:00 Chair Soccer 5:00 Movie Classic</p>	<p style="text-align: right;">30</p> <p>9:00 Morning Chair Exercise 10:00 Outdoor Walking 10:30 News/Weather/Snacks 11:00 Random Trivia! 1:30 Dance Moves 2:00 Hydration & Refreshments 2:30 Divine Service w/ Chaplain Pervaiz, FR 3:00 Weekend Bingo! 4:00 Sing-A-Long 5:00 Evening Movies</p>
<p style="text-align: right;">31</p> <p>9:00 Morning Exercise 10:30 Sunday Service by Chaplain James Dotson, FR 11:00 Hymn Singing 1:30 Dance Exercise 2:00 Hydration & Refreshments 3:00 Sunday Arts & Crafts 4:00 Finish the Phrase 5:00 Movie Classics</p>	<p>LOCATIONS:</p> <p>AF - All Floors CR - Card Room FP - Front Porch FR - Family Room GP - Gathering Place GB - Greenbriar MIL - Meet in Lobby OP - Outside Patio PDR - Private Dining Room GZ- Gazebo (ac)- Activity Connection</p> 					