

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2021

## ASSISTED LIVING UNIT ACTIVITIES CALENDAR

					<p><b>1</b></p> <p>9:30 Balance Fitness, GP          10:00 Name That Tune with Alta, GP          10:30 Music w/ Pervaiz, GP          11:00 Outdoor Walking Group          11:30 Wii Bowling, GP          1:30 Bingo! GP          2:00 Scenic Ride w/ Floyd, MIL          3:00 Friday Social, Bistro          4:00 Mathematics, GP          5:00 Evening Movie, GP</p>	<p><b>2</b></p> <p>9:30 Morning Stretches, GP          10:30 News Currents/Cranium Crunches, GP          1:20 Opera Music (YouTube), FR          1:30 Bingo! GP          2:30 Divine Service w/ Chaplain Pervaiz, FR          3:00 Word Search/Boggle, GP          4:00 Wii Bowling, GP          5:00 Evening Movie, GP</p>
<p><b>3</b></p> <p>9:30 Morning Exercises, GP          10:30 Brain Crunches, GP          1:30 Catholic Mass-EWTN (virtual), FR          1:30 BINGO!, GP          2:30 Sewing Club, GP          3:30 Word Search/Boggle, GP          4:00 Wii Bowling, GP          5:00 Evening Movie, GP</p>	<p><b>4</b></p> <p>9:00 Morning walk w/ Pervaiz, MIL          9:30 Exercise w/Francis, GP          10:00 Choir practice w/ Pervaiz, GP          11:30 Assorted Table Games, CR          1:30 Bingo!, GP          2:00 Scenic Ride, MIL          2:30 Name that Tune w/Alta, GP          3:00 Arts &amp; Crafts w/Alta, GP          4:00 Residents' Prayer Meeting w/Pervaiz, GP          4:30 Dominos, CR          5:00 Evening Movie, GP</p>	<p><b>5</b></p> <p>9:30 Morning Stretches, GP          10:00 Name That Tune w/ Alta, GP          10:30 Choir practice w/ Chaplain Pervaiz, GP          10:30 Catholic Communion (by St. Leo the Great Catholic Church), FR          11:00 Outdoor Walking, MIL          11:30 Dominoes, CR          1:30 Bingo!, GP          2:30 Rosary w/ Bella, PDR          3:00 Arts &amp; Crafts, GP          4:00 Christian Movie, FR          5:00 Evening Movie, GP</p>	<p><b>6</b></p> <p>9:30 Morning Exercise, GP          10:00 Choir practice w/ Chaplain Pervaiz, GP          10:30 Sewing Club, GP          11:30 Wii Bowling, GP          1:30 Bingo, GP          2:00 Scenic Ride, MIL          2:30 Ice Cream Social, Bistro          3:30 Book Nook w/ Pam for Book-Lovers, GP          4:30 Dominos, CR          5:00 Evening Movie, GP</p>	<p><b>7</b></p> <p>9:30 Morning Exercise, GP          10:00 Name That Tune w/ Alta, GP          10:30 Music w/ Pervaiz, GP          11:00 Outdoors Walking Group          1:30 Bingo!, GP          2:00 Scenic Ride, MIL          2:45 Shopping Cart(after bingo), GP          3:30 Drama Club(ac): "It Had to Be You!", GP          4:30 Dominoes, CR          5:00 Evening Movie, GP</p>	<p><b>8</b></p> <p>9:30 Balance Fitness, GP          10:00 Name That Tune with Alta, GP          10:30 Choir practice w/ Pervaiz, GP          11:00 Outdoor Walking Group          11:30 Wii Bowling, GP          1:30 Bingo! GP          2:00 Scenic Ride w/ Floyd, MIL          3:00 Friday Social, Bistro          4:00 Mathematics, GP          5:00 Evening Movie, GP</p>	<p><b>9</b></p> <p>9:30 Morning Stretches, GP          10:30 News Currents/Cranium Crunches, GP          1:20 Opera Music (YouTube), FR          1:30 Bingo! GP          2:30 Divine Service w/ Chaplain Pervaiz, FR          3:00 Word Search/Boggle, GP          4:00 Wii Bowling, GP          5:00 Evening Movie, GP</p>
<p><b>10</b></p> <p>9:30 Morning Exercises, GP          10:30 Sunday Service by Chaplain James Dotson, FR          1:30 Catholic Mass-EWTN (virtual), FR          1:30 BINGO!, GP          2:30 Sewing Club, GP          3:30 Word Search/Boggle, GP          4:00 Wii Bowling, GP          5:00 Evening Movie, GP</p>	<p><b>11</b></p> <p>9:00 Morning walk w/Pervaiz, MIL          9:30 Exercise w/Francis, GP          10:00 Choir practice w/Pervaiz, GP          11:30 Wii Bowling, GP  <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</small>          1:30 Bingo!, GP          2:00 Scenic Ride, MIL          2:30 Name that Tune w/ Alta, GP          3:00 Crossword Puzzle, GP          4:30 Dominos, CR          5:00 Evening Movie, GP</p>	<p><b>12</b></p> <p>9:30 Morning Stretches, GP          10:00 Name That Tune w/ Alta, GP          10:30 Choir practice w/ Chaplain Pervaiz, GP          10:30 Catholic Communion (by St. Leo the Great Catholic Church), FR          11:00 Outdoor Walking, MIL          11:30 Dominoes, CR          1:30 Bingo!, GP          2:30 Rosary w/ Bella, PDR          3:00 Arts &amp; Crafts, GP          4:00 Christian Movie, FR          5:00 Evening Movie, GP</p>	<p><b>13</b></p> <p>9:30 Morning Exercise, GP          10:00 Choir practice w/ Chaplain Pervaiz, GP          10:30 Sewing Club, GP          11:30 Wii Bowling, GP          1:30 Bingo, GP          2:00 Scenic Ride, MIL          2:30 Ice Cream Social, Bistro          3:30 Book Nook w/ Pam for Book-Lovers, GP          4:30 Dominos, CR          5:00 Evening Movie, GP</p>	<p><b>14</b></p> <p>9:00 Morning walk w/Pervaiz, MIL          9:30 Morning Exercise, GP          10:00 Name That Tune w/ Alta, GP          10:30 Music w/ Pervaiz, GP          1:30 Bingo!, GP          2:00 Scenic Ride, MIL          2:45 Bible Study with Chaplain James Dotson, GP          3:30 Handbell Choir, GP          4:00 Dominos, GP          5:00 Evening Movie, GP</p>	<p><b>15</b></p> <p>9:30 Balance Fitness, GP          10:00 Name That Tune with Alta, GP          10:30 Music w/ Pervaiz, GP  <b>11:45 Men's Luncheon, GP</b>          1:30 Bingo! GP          2:30 Friday Social, Bistro  <b>3:30 Piano Performance by Yvonne Johnson, FR</b>          4:30 Dominos, CR          5:00 Evening Movie, GP</p>	<p><b>16</b></p> <p>9:30 Morning Stretches, GP          10:30 News Currents/Cranium Crunches, GP          1:20 Opera Music (YouTube), FR          1:30 Bingo! GP          2:30 Divine Service w/ Chaplain Pervaiz, FR          3:00 Word Search/Boggle, GP          4:00 Wii Bowling, GP          5:00 Evening Movie, GP</p>

<p style="text-align: right;"><b>17</b></p> <p><b>9:30</b> Morning Exercises, GP  <b>10:30</b> Sunday Service by Chaplain James Dotson, FR  <b>1:30</b> Catholic Mass-EWTN (virtual), FR  <b>1:30</b> BINGO!, GP  <b>2:30</b> Sewing Club, GP  <b>3:30</b> Word Search/Boggle, GP  <b>4:00</b> Wii Bowling, GP  <b>5:00</b> Evening Movie, GP</p>	<p style="text-align: right;"><b>18</b></p> <p><b>9:00</b> Morning walk w/ Pervaiz, MIL  <b>9:30</b> Morning Exercise, GP  <b>10:00</b> Choir practice w/ Pervaiz, GP  <b>11:30</b> Assorted Table Games, CR  <b>1:30</b> Bingo!, GP  <b>2:00</b> Scenic Ride, MIL  <b>2:30</b> Name that Tune w/Alta, GP  <b>3:00</b> Arts &amp; Crafts w/Alta, GP  <b>4:00</b> Residents' Prayer Meeting w/Pervaiz, GP  <b>5:00</b> Evening Movie, GP</p>	<p style="text-align: right;"><b>19</b></p> <p><b>9:30</b> Morning Stretches, GP  <b>10:00</b> Name That Tune w/ Alta, GP  <b>10:30 Piano Performance by Doug, FR</b>  <b>11:30</b> Dominoes, CR  <b>1:30</b> Bingo!, GP  <b>2:30</b> Rosary w/ Bella, PDR  <b>3:00</b> Arts &amp; Crafts, GP  <b>4:00</b> Christian Movie, FR  <b>5:00</b> Evening Movie, GP</p>	<p style="text-align: right;"><b>20</b></p> <p><b>9:00</b> Morning walk w/ Pervaiz, MIL  <b>9:30</b> Morning Exercise, GP  <b>10:00</b> Choir practice w/ Chaplain Pervaiz, GP  <b>10:30</b> Sewing Club, GP  <b>11:30</b> Wii Bowling, GP  <b>1:30</b> Bingo, GP  <b>2:00</b> Scenic Ride, MIL  <b>2:30</b> Ice Cream Social, Bistro  <b>3:30</b> Book Nook w/ Pam for Book-Lovers, GP  <b>4:30</b> Dominos, CR  <b>5:00</b> Evening Movie, GP</p>	<p style="text-align: right;"><b>21</b></p> <p><b>9:30</b> Morning Exercise, GP  <b>10:00</b> Name That Tune w/ Alta, GP  <b>10:45 Catholic Mass by St. Leo the Great Catholic Church, GP</b>  <b>11:00</b> Outdoors Walking Group  <b>1:30</b> Bingo!, GP  <b>2:00</b> Scenic Ride, MIL  <b>2:45</b> Bible Study with Chaplain James Dotson, GP  <b>3:30</b> Handbell Choir, GP  <b>4:00</b> Dominoes, GP  <b>5:00</b> Evening Movie, GP</p>	<p style="text-align: right;"><b>22</b></p> <p><b>9:30</b> Balance Fitness, GP  <b>10:00</b> Name That Tune with Alta, GP  <b>10:30</b> Music w/ Pervaiz, GP  <b>11:00</b> Outdoor Walking Group  <b>11:30</b> Wii Bowling, GP  <b>1:30</b> Bingo! GP  <b>2:00</b> Scenic Ride w/ Floyd, MIL  <b>3:00</b> Friday Social, Bistro  <b>4:00</b> Mathematics, GP  <b>5:00</b> Evening Movie, GP</p>	<p style="text-align: right;"><b>23</b></p> <p><b>9:30</b> Morning Stretches, GP  <b>10:30</b> News Currents/Cranium Crunches, GP  <b>1:20</b> Opera Music (YouTube), FR  <b>1:30</b> Bingo! GP  <b>2:30</b> Divine Service w/ Chaplain Pervaiz, FR  <b>3:00</b> Word Search/Boggle, GP  <b>4:00</b> Wii Bowling, GP  <b>5:00</b> Evening Movie, GP</p>
<p style="text-align: right;"><b>24</b></p> <p><b>9:30</b> Morning Exercises, GP  <b>10:30</b> VIRTUAL Sunday Service, GP  <b>1:30</b> Catholic Mass-EWTN (virtual), FR  <b>1:30</b> BINGO!, GP  <b>2:30</b> Sewing Club, GP  <b>3:30</b> Word Search/Boggle, GP  <b>4:00</b> Wii Bowling, GP  <b>5:00</b> Evening Movie, GP</p>	<p style="text-align: right;"><b>25</b></p> <p><b>9:00</b> Morning walk w/ Pervaiz, MIL  <b>9:30</b> Balance Fitness, GP  <b>10:00</b> Choir practice w/ Pervaiz, GP  <b>11:30</b> Assorted Table Games, CR  <b>1:30</b> Bingo!, GP  <b>2:00</b> Scenic Ride, MIL  <b>2:30</b> Name that Tune w/Alta, GP  <b>3:00</b> Arts &amp; Crafts w/Alta, GP  <b>4:00</b> Residents' Prayer Meeting w/Pervaiz, GP  <b>5:00</b> Evening Movie, GP</p>	<p style="text-align: right;"><b>26</b></p> <p><b>9:30</b> Morning Stretches, GP  <b>10:00</b> Name That Tune w/ Alta, GP  <b>10:30</b> Choir practice w/ Chaplain Pervaiz, GP  <b>10:30</b> Catholic Communion (by St. Leo the Great Catholic Church), FR  <b>11:00</b> Outdoor Walking, MIL  <b>11:30</b> Dominoes, CR  <b>1:30</b> Bingo!, GP  <b>2:30</b> Rosary w/ Bella, PDR  <b>3:00</b> Arts &amp; Crafts, GP  <b>4:00</b> Christian Movie, FR  <b>5:00</b> Evening Movie, GP</p>	<p style="text-align: right;"><b>27</b></p> <p><b>9:30</b> Morning Exercise, GP  <b>10:00</b> Choir practice w/ Chaplain Pervaiz, GP  <b>10:30</b> Sewing Club, GP  <b>11:30</b> Wii Bowling, GP  <b>1:30</b> Bingo, GP  <b>2:00</b> Scenic Ride, MIL  <b>2:30</b> Ice Cream Social, Bistro  <b>3:30</b> Book Nook w/ Pam for Book-Lovers, GP  <b>4:30</b> Dominos, CR  <b>5:00</b> Evening Movie, GP</p>	<p style="text-align: right;"><b>28</b></p> <p><b>9:30</b> Morning Exercise, GP  <b>10:00</b> Name That Tune w/ Alta, GP  <b>10:30</b> Music w/ Pervaiz, GP  <b>10:30 Pumpkin Carving Contest, Bistro Hallway</b>  <b>1:30</b> Bingo!, GP  <b>2:00</b> Scenic Ride, MIL  <b>3:00</b> Arts &amp; Crafts, GP  <b>4:00</b> Handbell Choir, GP  <b>4:30</b> Dominoes, GP  <b>5:00</b> Evening Movie, GP</p>	<p style="text-align: right;"><b>29</b></p> <p><b>9:30</b> Balance Fitness, GP  <b>10:00</b> Name That Tune with Alta, GP  <b>10:30</b> Music w/ Pervaiz, GP  <b>11:00</b> Outdoor Walking Group  <b>11:30</b> Wii Bowling, GP  <b>1:30</b> Bingo! GP  <b>2:00</b> Scenic Ride w/ Floyd, MIL  <b>3:00 Music (Piano) by Gerda, FR</b>  <b>4:30</b> Dominos, CR  <b>5:00</b> Evening Movie, GP</p>	<p style="text-align: right;"><b>30</b></p> <p><b>9:30</b> Morning Stretches, GP  <b>10:30</b> News Currents/Cranium Crunches, GP  <b>1:20</b> Opera Music (YouTube), FR  <b>1:30</b> Bingo! GP  <b>2:30</b> Divine Service w/ Chaplain Pervaiz, FR  <b>3:00</b> Word Search/Boggle, GP  <b>4:00</b> Wii Bowling, GP  <b>5:00</b> Evening Movie, GP</p>
<p style="text-align: right;"><b>31</b></p> <p><b>9:30</b> Morning Exercises, GP  <b>10:30</b> Sunday Service by Chaplain James Dotson, FR  <b>1:30</b> Catholic Mass-EWTN (virtual), FR  <b>1:30</b> BINGO!, GP  <b>2:30</b> Sewing Club, GP  <b>3:30</b> Word Search/Boggle, GP  <b>4:00</b> Wii Bowling, GP  <b>5:00</b> Evening Movie, GP</p>	<p><b>LOCATIONS:</b></p> <p>AF - All Floors  CR - Card Room  FP - Front Porch  FR - Family Room  GP - Gathering Place  GB - Greenbriar  MIL -Meet in Lobby  OP - Outside Patio  PDR - Private Dining Room  GZ- Gazebo  (ac)- Activity Connection</p> 					