

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday


Saturday

JUNE




9:30 News & Views
10:00 🎵 Music Appreciation w/ Laura
 10:30 Morning Exercise
11:00 🚗 Picnic Lunch
Outing
 11:00 Sensory Group
 1:30 Afternoon Walk
 2:00 Wellness Program with Rima
2:30 National Donut Day
 3:30 \$BINGO Group
 3:30 Sensory Group
 4:00 Chair Soccer

1
 9:30 Morning Fitness
 10:00 Reminiscing
 11:00 🎵 Name that Tune
 1:30 Gazebo Relax & Chat, OP ☀️
 2:00 Fly Ball
2:30 Afternoon Tea
 2:30 Table Games
3:30 🎵 Guitar with Micki
 6:00 Soft Music



3
 9:30 Chair Yoga
 10:00 Television Ministry
 11:00 † Hymn Sing
 2:00 Down Time/Snack
 2:30 Name that Tune
 3:00 Outdoor Trivia ☀️
 3:30 Basketball Game
 6:00 Soft Music



4
 9:30 Fun & fitness
 10:00 Jokes & Java
 10:15 Weather, Date and Upcoming Events
 10:30 Spelling Bee
10:45 Bible Study with Fasil
 1:30 Would You Rather
 2:00 Wellness Program with Rima
 2:30 Down time/Snack
 3:00 Puzzle Time
 3:30 Relaxation Hour
 6:00 Soft Music

5
 9:30 Balance Fitness
 10:15 Weather, Date and Upcoming Events
 10:30 Ball Toss
11:00 Travelogue: Bahamas
 1:30 Outdoor walk ☀️
 2:00 Wellness Program with Rima
 2:30 Down time/Snack
2:30 🚗 Scenic Drive
 3:00 Bowling
 3:30 Simulated Pet Therapy
 6:00 Soft Music

6
 9:30 Chair Yoga
 10:15 Weather, Date and Upcoming Events
 10:30 Fly Ball
 11:00 Who Am I? Game
 1:30 Afternoon Walk ☀️
 2:00 Wellness Program
 2:30 Down time/Snack
 3:00 Puzzles & Ponderings
3:30 Reading with Sharon
 4:00 Karaoke/Sing A Long
 6:00 Soft Music

7
 9:30 Movin' & Groovin'
 10:15 News & Views
10:30 June IQ (trivia)
 11:00 Chicken Soup: Positive Messages
 1:00 Outdoor Walk ☀️
 1:30 Gazebo Chat ☀️
 2:00 Wellness Program with Rima
 2:30 Ice Cream Social ☀️
 3:00 Pictionary
 3:30 Waterfall Sensory
 6:00 Soft Music

8
 9:30 News & Views
 10:00 Morning Fitness
 10:30 Sensory Group
11:00 🚗 Lunch Bunch: Denny's
 11:00 Would you Rather
 1:30 Afternoon Walk ☀️
 2:00 Wellness Program with Rima
2:30 Banana Split Day
 3:00 Ball Toss Game
 3:30 \$BINGO Group
 6:00 Soft Music

9
 9:30 Morning Fitness
 10:00 News & Views
 10:30 Ladder Ball ☀️
 1:30 Gazebo Chat ☀️
 2:00 Mandala Coloring Pages
2:30 Afternoon Tea
 2:30 Piano Tunes
 3:30 Gardening ☀️
 6:00 Soft Music

10
 9:30 Stretch it Out
 10:00 Television Ministry
 11:00 † Hymn Sing ☀️
 1:00 Outdoor Walk ☀️
 1:30 Piano Music
 2:30 Fly Ball
 3:30 Gazebo Relax & Chat, OP ☀️
 6:00 Soft Music



11
 9:30 Fun & Fitness
 10:00 🎵 Music w/ Chaplain Pervaiz
 10:15 Weather, Date and Upcoming Events
10:45 Bible Study with Fasil
 1:00 Puzzle Group
 1:30 Simon Says Game
 2:00 Wellness Program with Rima
 2:30 Down time/Snack
 3:00 States Game
 3:30 Relaxation Hour
 6:00 Soft Music

12
 9:30 Balance Fitness
 10:15 Weather, Date and Upcoming Events
10:30 MOM's Group of Fairfax Intergenerational Program, OP ☀️
 1:00 Afternoon walk ☀️
 2:00 Wellness Program with Rima
 2:30 Down time/Snack
 3:00 Spelling Bee
2:30 🚗 Scenic Drive
 3:30 Basketball Game
 6:00 Soft Music
7:00 Table Games: Family Support Group, GB

13
 9:30 Chair Yoga
 10:15 Weather, Date and Upcoming Events
 11:00 Outdoor Reminiscing
 Group: Spring Time ☀️
 11:00 Finish the Phrase
 1:00 Personalized Playlists
 2:00 Wellness Program with Rima
 2:30 Down time/Snack
 2:30 Fly Ball
 3:30 Outdoor Walk ☀️
 6:00 Soft Music



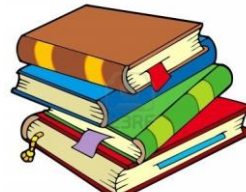
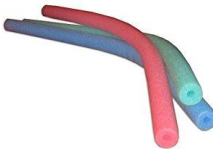


14
 9:30 Movin' & Groovin'
 10:15 Weather, Date and Upcoming Events
10:30 You're a Grand Old Flag (ac)
 1:00 Afternoon Walk ☀️
 1:30 Name Five/Categories
 2:00 Wellness Program with Rima
 2:30 Ice Cream Social ☀️
3:00 American Pride Sing A Long Songs
 3:30 Relaxation Guided Imagery Program
 6:00 Soft Music

15
 9:30 News & Views
10:00 🎵 Music Appreciation w/ Laura
11:00 🚗 Picnic Lunch
Outing
 10:30 Morning Exercise
 11:00 Ladderball ☀️
 1:30 Afternoon Walk ☀️
 2:00 Wellness Program with Rima
2:30 National Flip Flop Day: Tropical Smoothie Café
 3:00 Junk Drawer Detective
 3:30 \$BINGO Group
 3:30 Sensory Group
 6:00 Soft Music

16
 9:30 Morning Fitness
 10:00 Reminiscing
 11:00 🎵 Name that Tune
 1:30 Gazebo Relax & Chat, OP ☀️
 2:00 Coloring Mandalas
2:30 Afternoon Tea
 2:30 Table Games
3:30 🎵 Guitar with Micki
 6:00 Soft Music

JUNE

The Gardens at Fair Oaks Special Care Unit Activities (Clifton)

<p>17</p> <p>9:30 Chair Yoga 10:00 Television Ministry 11:00 Outdoor Relax & Chat ☀ 1:00 Pictionary Game 2:00 Down Time/Snack 2:30 Finish the Phrase 3:00 Balloon Volleyball 3:30 Outdoor Sensory Group ☀ 6:00 Soft Music</p> <p>Happy Father's Day!</p> 	<p>18</p> <p>9:30 Fun & Fitness 10:15 Weather, Date and Upcoming Events 10:30 Would You Rather Ball Toss Game 10:45 Bible Study w/Fasil 11:30 Categories: Name 5 1:30 Afternoon Walk ☀ 2:00 Wellness Program with Rima 2:30 Down time/Snack 3:30 🎵 Old Dominion Duo LIVE Music Performance 6:00 Soft Music</p>	<p>19</p> <p>9:30 Balance Fitness 10:15 Weather, Date and Upcoming Events 10:30 Sunshine Sensory ☀ 1:30 Afternoon walk ☀ 2:00 Wellness Program with Rima 2:30 Down time/Snack 2:30 🚗 Scenic Drive 3:00 Basketball Game 3:30 Hand Massage Sensory Group 6:00 Soft Music</p> 	<p>20</p> <p>9:30 Chair Yoga 10:15 News & Views 10:30 Name that Tune 11:00 Spelling Bee 11:00 Reading Circle ☀ 1:30 Table Games 2:00 Wellness Program with Rima 2:30 Downtime/Snack 3:00 Basketball Game 3:30 Reading with Sharon 4:00 Simulated Pet Therapy 6:00 Soft Music</p> 	<p>21</p> <p>9:30 Movin' & Groovin' 10:15 Weather, Date and Upcoming Events 10:30 AM Sensory ☀ 11:00 Rhyme Time 1:30 Afternoon Walk ☀ 2:00 Wellness Program with Rima 2:30 Downtime/Snack 3:00 🎵 Name that Tune 3:30 Crafty Corner: Noodle Chains (ac) 4:00 Waterfall Sensory 6:00 Soft Music</p> 	<p>22</p> <p>9:30 News & Views 10:00 Morning Fitness 10:30 Corn Hole ☀ 11:00 🚗 Lunch Bunch: Silver Diner 11:00 Outdoor iSpy ☀ 2:00 Wellness Program with Rima 2:30 Down time/Snack 3:00 Getting to Know you Game ☀ 3:30 \$BINGO Group 3:30 National Take Your Dog to Work Day Pet Therapy Program 6:00 Soft Music</p>	<p>23</p> <p>9:30 Movin' & Groovin' Exercise Routine 10:00 Reading Circle 10:30 Outdoor Walk ☀ 11:00 Puzzles and Ponderings 1:30 Gardening ☀ 2:30 Afternoon Tea 3:00 Puzzles and Ponderings 3:30 🎵 Name that Tune 6:00 Soft Music</p> 
<p>24</p> <p>9:30 Stretch it Out 10:00 Television Ministry 11:00 † Hymn Sing 1:00 Getting to Know You Ball Toss Game 2:00 Down Time/Snack 2:30 The Price is Right 3:00 Name that Tune 3:30 Add it Up 4:00 Outdoor Walk ☀ 6:00 Soft Music</p> 	<p>25</p> <p>9:30 Fun & Fitness 10:00 News & Views 10:30 Ball Toss Game 10:45 Bible Study w/ Fasil 1:00 Puzzle Group 1:30 🎵 Music with Roberta 2:00 Wellness Program with Rima 2:30 Downtime/Snack 3:30 Coloring Pages 4:00 Would You Rather Ball Toss Game ☀ 6:00 Soft Music</p>	<p>26</p> <p>9:30 Balance Fitness 10:15 News & Views 10:30 Bowling 10:30 Resident Council, GP 11:00 Devotion with Fasil 1:00 Outdoor walk ☀ 1:30 Gazebo iSpy Game ☀ 2:00 Wellness Program with Rima 2:30 Downtime/Snack 2:30 🚗 Scenic Drive 3:00 Basketball Game 3:30 Relaxation Techniques & Guided Imagery 6:00 Soft Music</p>	<p>27</p> <p>9:30 Chair Yoga 10:15 News & Views 10:30 Outdoor iSpy ☀ 11:00 Spelling Bee ☀ 11:00 Reading Circle ☀ 1:30 Table Games 2:00 Wellness Program with Rima 2:30 Downtime/Snack 3:00 Basketball Game 3:30 Reading with Sharon 4:00 Waterfall Sensory 6:00 Soft Music</p>	<p>28</p> <p>9:30 Movin' & Groovin' 10:15 Weather, Date and Upcoming Events 10:30 Math problems 11:00 Finish the Phrase 1:30 Afternoon Walk ☀ 2:00 Wellness Program with Rima 2:30 Downtime/Snack 3:00 Ice Cream Social ☀ 3:30 Afternoon Walk ☀ 4:00 Waterfall Sensory 6:00 Soft Music</p>	<p>29</p> <p>9:30 News & Views 10:00 🎵 Music Appreciation w/ Laura 10:30 Morning Exercise 11:00 🚗 Picnic Lunch Outing 11:00 Sensory Group 1:30 Afternoon Walk 2:00 Wellness Program with Rima 2:30 Friday Happy Hour Social 3:30 Outdoor Sensory Group 3:30 \$BINGO Group 4:00 Chair Soccer</p>	<p>30</p> <p>9:30 Morning Fitness 10:00 News & Views 10:30 Ladder Ball ☀ 1:30 Gazebo Chat ☀ 2:00 Coloring Mandalas 2:30 Afternoon Tea 2:30 Table Games 3:30 🎵 Piano Tunes 6:00 Soft Music</p> 