





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 Chair Yoga 10:00 Television Ministry 11:00 † Hymn Sing 2:00 Down Time/Snack 2:30 Name that Tune 3:00 Outdoor Trivia ☀ 3:30 Basketball Game 6:00 Soft Music</p> <p>Happy Birthday Elsie!</p>	<p>2</p> <p>9:30 Fun & fitness 10:00 Jokes & Java 10:15 Weather, Date and Upcoming Events 10:30 Spelling Bee 10:45 Bible Study with Fasil 1:30 Baseball Teams Discussion 2:00 Wellness Program 2:30 Down time/Snack 3:00 Frisbee Hoop Game 3:30 Relaxation Hour 6:00 Adult Coloring</p>	<p>3</p> <p>9:30 Balance Fitness 10:00 Aromatherapy 10:15 Weather, Date and Upcoming Events 10:30 Ball Toss 11:00 Name Five/Categories Game 1:30 Outdoor walk ☀ 2:00 Wellness Program 2:30 Down time/Snack 2:30 🚌 Scenic Drive 3:00 Bowling 3:30 Simulated Pet Therapy 4:00 Fly Ball 6:00 Soft Music</p>	<p>4</p> <p>9:30 Chair Yoga 10:15 Weather, Date and Upcoming Events 10:30 4th of July Name that Tune 11:00 American Pride playlist (Music) 1:30 Chicken Coop Feeding, Gazebo ☀ 2:00 Wellness Program 2:30 Down time/Snack 3:00 Firework Sponge Art (ac), GP 4:00 Reading with Sharon 6:00 Sorting Socks</p>	<p>5</p> <p>9:30 Movin' & Groovin' 10:15 News & Views 10:30 July IQ (trivia) 11:00 Chicken Soup: Positive Messages 1:00 Outdoor Walk ☀ 1:30 Gazebo Chat ☀ 2:00 Wellness Program 2:30 Ice Cream Social 3:00 Pictionary 3:30 Dice Games 4:00 Relaxation Techniques 6:00 Evening Prayers</p>	<p>6</p> <p>9:30 News & Views 10:00 🎵 Music Appreciation w/ Dr. Laura Hills 11:00 🚌 Lunch Bunch: Denny's 11:00 Would you Rather 1:30 Afternoon Walk ☀ 2:00 Wellness Program 2:30 A Scientific Patriotic Cocktail Experiment (ac) 3:00 Ball Toss Game 3:30 \$BINGO Group 5:30 4th of July Extravaganza!</p>	<p>7</p> <p>9:30 Morning Fitness 10:00 News & Views 10:30 Ladder Ball ☀ 1:30 Gazebo Chat ☀ 2:00 Mandala Coloring Pages 2:30 Afternoon Tea 2:30 Piano Tunes 3:30 Gardening ☀ 6:00 Soft Music</p> <p>Happy Birthday Emma!</p>
<p>8</p> <p>9:30 Stretch it Out 10:00 Television Ministry 11:00 † Hymn Sing ☀ 1:00 Outdoor Walk ☀ 1:30 Piano Music 2:30 Fly Ball 3:30 Gazebo Relax & Chat, OP ☀ 6:00 Soft Music</p> <p>Happy Birthday Beatrice!</p>	<p>9</p> <p>9:30 Fun & Fitness 10:00 🎵 Musical Memories 10:15 Weather, Date and Upcoming Events 10:45 Bible Study with Fasil 1:00 Puzzle Group 1:30 Gardening, OP ☀ 2:00 Wellness Program 2:30 Down time/Snack 3:00 States Game 3:30 Music with Yvonne Johnson 6:00 Sorting Socks</p>	<p>10</p> <p>9:30 Balance Fitness 10:00 Aromatherapy 10:15 Weather, Date and Upcoming Events 10:30 Fly Ball 1:00 Afternoon walk ☀ 2:00 Wellness Program 2:30 Down time/Snack 2:30 🚌 Scenic Drive 3:00 Spelling Bee 3:30 Basketball Game 6:00 Puzzle Time</p>	<p>11</p> <p>9:30 Chair Yoga 10:15 Weather, Date and Upcoming Events 11:00 Reminisce Program 11:00 Finish the Phrase 1:00 Personalized Playlists 1:30 Chicken Coop Feeding, Gazebo ☀ 2:00 Wellness Program 2:30 Down time/Snack 2:30 Fly Ball 3:30 Outdoor Walk ☀ 6:00 Bingo Night!</p>	<p>12</p> <p>9:30 Movin' & Groovin' 10:15 News & Views 10:30 Morning Discussion Group 1:00 Outdoor Walk ☀ 1:30 Gazebo Book Nook ☀ 2:00 Wellness Program 2:30 Ice Cream Social 3:00 Pictionary 3:30 Finish the Phrase 4:00 Waterfall Sensory 6:00 Bedtime Cart</p>	<p>13</p> <p>9:30 News & Views 10:00 Guess Who? Game 11:00 🚌 Picnic Lunch Outing 10:30 Morning Exercise 11:00 Ladderball ☀ 1:30 Afternoon Walk ☀ 2:00 Wellness Program 2:30 Hymn Sing 3:00 Junk Drawer Detective 3:30 \$BINGO Group 3:30 Sensory Group 6:00 Hand Massage</p>	<p>14</p> <p>9:30 Morning Fitness 10:00 Reminiscing 11:00 🎵 Name that Tune 1:30 Gazebo Relax & Chat, OP ☀ 2:00 Coloring Mandalas 2:30 Afternoon Tea 2:30 Table Games 3:30 🎵 Guitar Musical Performance with Micki 6:00 Soft Music</p>
<p>15</p> <p>9:30 Chair Yoga 10:00 Television Ministry 11:00 † Hymn Sing 2:00 Downtime/Snack 2:30 Name that Tune 3:00 Crafty Corner: Firework Paintings 6:00 Soft Music</p> 	<p>16</p> <p>9:30 Fun & Fitness 10:00 🎵 Musical Memories 10:15 Weather, Date and Upcoming Events 10:45 Bible Study with Fasil 1:00 Puzzle Group 1:30 Gardening, OP ☀ 2:00 Wellness Program 2:30 Down time/Snack 3:00 States Game 3:30 🎵 Music with Yvonne Johnson 6:00 Sorting Socks</p>	<p>17</p> <p>9:30 Balance Fitness 10:00 Aromatherapy 10:15 Weather, Date and Upcoming Events 10:30 Balloon Volleyball 1:00 Afternoon walk ☀ 2:00 Wellness Program 2:30 Down time/Snack 2:30 🚌 Scenic Drive 3:00 Kitchen Corner: Red, White and Blue Parfaits 4:00 Sensory Group 6:00 Puzzle Time</p>	 <p>Special Care Unit (SCU) Activities Calendar</p>			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Special Care Unit (SCU)</p> <p>Activities Calendar</p>	<p>LOCATION KEY</p> <p>2nd Floor – Living Room</p> <ul style="list-style-type: none"> AF - All Floors BS – Beauty Salon CR - Card Room FP - Front Porch FR - Family Room GP - Gathering Place GB - Greenbriar MIL – Meet in Lobby OP - Outside Patio/Gazebo PDR - Private Dining (SIA) – Sign up in Advance 		<p>18</p> <p>9:30 Chair Yoga 10:15 News & Views 10:30 Name that Tune 11:00 Spelling Bee 11:00 Finish the Phrase 1:30 Chicken Coop Feeding, Gazebo ☀ 2:00 Wellness Program 2:30 Downtime/Snack 3:00 Chair Soccer 3:30 Reading with Sharon 4:00 Simulated Pet Therapy 6:00 Adult Coloring</p>	<p>19</p> <p>9:30 Movin' & Groovin' 10:15 Weather, Date and Upcoming Events 10:30 AM Sensory ☀ 11:00 Rhyme Time 1:30 Afternoon Walk ☀ 2:00 Wellness Program 2:30 Ice Cream Social 3:00 🎵 Name that Tune 3:30 Frisbee Hoop Game 4:00 Waterfall Sensory 6:00 Hand Massage</p> <p>Happy Birthday Sharon!</p>	<p>20</p> <p>9:30 News & Views 10:00 🎵 Music Appreciation w/ Dr. Laura Hills 10:30 Jumbo Ring Toss Game 11:00 🚗 Lunch Bunch: Famous Dave's 11:00 Outdoor iSpy ☀ 2:00 Wellness Program 2:30 Down time/Snack 3:00 Getting to Know you Ball Toss ☀ 3:30 \$BINGO Group 3:30 Sensory Group 6:00 Puzzle Time!</p>	<p>21</p> <p>9:30 Movin' & Groovin' Exercise Routine 10:00 Reading Circle 10:30 Outdoor Walk ☀ 11:00 Puzzles and Ponderings 1:30 Gardening ☀ 2:30 Afternoon Tea 3:00 Puzzles and Ponderings 3:30 🎵 Sing A Long 4:00 Name Five/Categories Game 6:00 Soft Music</p>
<p>22</p> <p>9:30 Chair Yoga 10:00 Television Ministry 11:00 Outdoor Relax & Chat ☀ 1:00 Pictionary Game 2:00 Down Time/Snack 2:30 Finish the Phrase 3:00 Balloon Volleyball 3:30 Outdoor Sensory Group ☀ 6:00 Soft Music</p>	<p>23</p> <p>9:30 Fun & Fitness 10:15 Weather, Date and Upcoming Events 10:30 Would You Rather Ball Toss Game 10:45 Bible Study w/Fasil 11:30 Categories: Name 5 1:30 Afternoon Walk ☀ 2:00 Wellness Program 2:30 Downtime/Snack 3:30 Beach Sensory Program (ac)</p>	<p>24</p> <p>9:30 Balance Fitness 10:15 News & Views 10:30 MOM's Group of Fairfax Intergenerational Program, Gazebo ☀ 1:30 Afternoon walk ☀ 2:00 Wellness Program 2:30 Down time/Snack 2:30 🚗 Scenic Drive 3:00 Basketball Game 3:30 Sensory Group 6:00 Sorting Socks</p>	<p>25</p> <p>9:30 Movin' & Groovin' Exercise Class 10:15 News & Views 10:30 Name that Tune 11:00 Spelling Bee 1:30 Gazebo Book Nook 2:00 Wellness Program 2:30 Downtime/Snack 3:30 🎵 Capital Music Therapy Interactive Music 4:00 Afternoon Walk 6:00 Soft Music</p>	<p>26</p> <p>9:30 Movin' & Groovin' 10:15 Weather, Date and Upcoming Events 10:30 Math problems 11:00 Finish the Phrase 1:30 Afternoon Walk ☀ 2:00 Wellness Program 2:30 Ice Cream Social ☀ 3:30 Outdoor Trivia ☀ 4:00 Travelogue 6:00 Sorting Socks</p>	<p>27</p> <p>9:30 News & Views 10:00 🎵 Music Appreciation w/ Dr. Hills 10:30 Morning Exercise 11:00 🚗 Picnic Lunch 11:00 Rhyme Time 1:30 Afternoon Walk 2:00 Wellness Program 3:30 Outdoor Sensory 3:30 \$BINGO Group 4:00 Chair Soccer 6:00 Evening Prayers</p>	<p>28</p> <p>9:30 Morning Fitness 10:00 News & Views 10:30 Ladder Ball ☀ 1:30 Gazebo Chat ☀ 2:00 Coloring Mandalas 2:30 Afternoon Tea 2:30 Table Games 3:30 🎵 Piano Music with Bianca 6:00 Soft Music</p>
<p>29</p> <p>9:30 Stretch it Out 10:00 Television Ministry 11:00 † Hymn Sing 1:00 Getting to Know You Ball Toss Game 2:00 Down Time/Snack 2:30 The Price is Right 3:00 Name that Tune 3:30 Add it Up 4:00 Outdoor Walk ☀ 6:00 Soft Music</p>	<p>30</p> <p>9:30 Fun & Fitness 10:00 News & Views 10:30 Ball Toss Game 10:45 Bible Study w/ Fasil 1:00 Puzzle Group 1:30 🎵 Personalized Playlists 2:00 Wellness Program 2:30 Downtime/Snack 3:30 Coloring Pages 4:00 Would You Rather Ball Toss Game ☀ 6:00 Adult Coloring</p>	<p>31</p> <p>9:30 Balance Fitness 10:00 Aromatherapy 10:15 News & Views 10:30 Bowling Club 10:30 Resident Council, GP 11:00 Morning Walk 1:00 Outdoor walk ☀ 1:30 iSpy Game ☀ 2:00 Wellness Program 2:30 Downtime/Snack 2:30 🚗 Scenic Drive 3:00 Basketball Game 3:30 Relaxation Techniques & Guided Imagery</p>	 <p>Special Care Unit (SCU) Activities Calendar</p>			