

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

SCU

SPECIAL CARE UNIT

ACTIVITIES CALENDAR

Location Key

- AF - All Floors
- CR - Card Room
- FP - Front Porch
- FR - Family Room
- GP - Gathering Place
- GB - Greenbriar
- OP - Outside Patio
- 2nd Floor - Living Room
- PDR - Private Dining Room
- MIL - Meet in Lobby

Any additions or changes to the calendar will be posted on the daily schedule.

Each activity runs for a minimum of 30 minutes.

* Eucharist every Wednesday at 10:00 AM



9:30 Friday Fitness
10:00 🎵 Music Appreciation w/ Laura
 10:30 Daily Chronicles (ac)
11:00 🚗 Lunch Bunch: Olive Garden
 1:30 Flashback Friday
 2:00 Wellness Program
2:30 Ground Hog Day Social
3:30 Ground Hog Day Results & Trivia
 6:00 Evening Movie

9:30 Morning Fitness
 10:15 News & Views
 10:30 Positive Short Stories
 1:30 Relax & Chat
 2:00 Mandala Coloring Pages/ Puzzle Time
2:30 Hot Chocolate and Conversation
3:00 🎵 Vienna Stars Pathfinder Valentine's Day Concert
 6:00 Soft Music

9:30 Chair Yoga
 10:00 Television Ministry
 11:00 † Hymn Sing
 1:30 🎵 Name that Tune
 2:00 Afternoon Exercise
 2:30 Downtime/Snack
 3:00 Would You Rather/Life Questions
 3:30 Balloons and Noodles Game
6:00 Super Bowl Sunday

9:30 Fun & Fitness
 10:15 News & Views/snack
10:30 🎵 Nashville Standard
10:45 One-to-One Bible Study with Chaplain Fasil *
 1:30 Relax & Chat
 2:00 Wellness Program with Rima
 2:30 Down time/Snack
 3:00 Wheel of Fortune
 3:30 Chair Soccer
 4:00 Relax and Reminisce
 6:00 Soft Music

9:30 Balance Fitness
 10:15 Weather, Date and Upcoming Events/Snack
 10:30 EZ Does it Trivia (ac)
 1:30 Discuss and Recall
 2:00 Wellness Program with Rima
 2:30 Down time/Snack
2:30 🚗 Scenic Drive
 3:00 Spelling Bee
 3:30 Basketball Game
 6:00 🎵 Susie Q Sing A Long

9:30 Movin' & Groovin'
 10:15 News & Views/Snack
10:30 Prayer and Positivity Group with Ronda
 11:00 🎵 Sing A Long
 1:30 Fact or Fiction
 2:00 Wellness Program with Rima
2:30 Make your own Snack
 3:00 The Price is Right
 3:30 Fly Ball
 6:00 Soft Music

9:30 Chair Zumba
 10:15 News & Views/Snack
10:30 February IQ (Trivia)
 11:00 🎵 Name that Tune
 1:30 Throw Back Thursday
 2:00 Wellness Program with Rima
2:30 Ice Cream Social
 3:00 Crafty Corner
 3:30 Volleyball Game
 6:00 🎵 Susie Q Sing A Long

9:30 Friday Fitness
 10:00 🎵 Hymn Sing
 10:30 Daily Chronicles (ac)
11:00 🚗 Picnic Lunch Outing
 1:30 Flashback Friday
 2:00 Wellness Program with Rima
2:30 Chinese New Year Social
3:30 🎵 Music with Blair Petty John
 6:00 Evening Movie

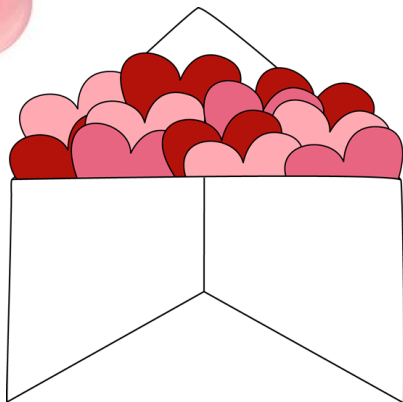





























9:30 Morning Fitness
 10:15 News & Views
 10:30 Fun Facts
 1:30 Relax & Chat
 2:00 Table Games
2:30 Hot Chocolate and Conversation
 3:00 Finish the Phrase
 3:30 🎵 Rhythm Band/Instruments
 6:00 Soft Music

9:30 Stretch it Out
 10:00 Television Ministry
 11:00 † Hymn Sing
 1:30 Piano Music
 2:30 Downtime/Snack
 3:00 Getting to Know You
 3:30 Chair Soccer
 6:00 Soft Music

9:30 Fun & Fitness
 10:15 Weather, Date and Upcoming Events/Snack
10:45 Bible Study w/ Chaplain Fasil
 1:30 Discuss and Recall
 2:00 Wellness Program
 2:30 Downtime/Snack
 3:00 Pictionary
 3:30 Balloons and Noodles
 4:00 🎵 Name that Tune
 6:00 Soft Music

9:30 Balance Fitness
 10:15 Weather, Date and Upcoming Events/Snack
 10:30 Tuesday Trivia
 1:30 Junk Drawer Detective (ac)
 2:00 Wellness Program with Rima
 2:30 Down time/Snack
2:30 🚗 Scenic Drive
 3:00 The Alphabet Game
 3:30 Bowling Club
 6:00 🎵 Susie Q Sing A Long



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Location Key</p> <p>AF - All Floors CR - Card Room FP - Front Porch FR - Family Room GP - Gathering Place GB - Greenbriar OP - Outside Patio 2nd Floor – Living Room PDR - Private Dining Room MIL – Meet in Lobby</p>	<p>Calendar Icons</p> <p> Outing  Musical Program  Church Service  Outdoor Activity  Golden Ticket</p> <p>If you wish to attend a bus ride or outing, please see an activity team member. These events have limited seating availability and we ask that you sign up in advance!</p>	<p>13</p> <p>9:30 Movin' & Groovin' 10:15 News & Views/Snack 10:30 Prayer and Positivity Room Visits with Ronda 11:00  Sing A Long 1:30 On the Farm 2:00 Wellness Program with Rima 2:30 Downtime/Snack 3:00 Fill in the Blank (ac) 3:30 Frisbee Toss 4:00 Afternoon Walk 6:00  Soft Music</p>	<p>14</p> <p>9:30 Chair Zumba 10:15 News & Views/Snack 10:30  Karaoke 11:00 Throw Back Thursday 1:30 Positive Messages 2:00 Wellness Program with Rima 2:30 Valentine's Day Sweet Heart Social 3:00 Valentine's Day Craft 3:30 Balloon Volley 4:00 Relax and Reminisce 6:00  Susie Q Sing A Long</p>	<p>15</p> <p>9:30 Friday Fitness 10:00  Music Appreciation w/ Laura 10:30 Daily Chronicles (ac) 11:00  Lunch Bunch: Pizza Hut 1:30 Flashback Friday 2:00 Wellness Program with Rima 2:30 Mocktail Social 3:30 NEW* Time for Art with Emily (Art Class) 6:00 Evening Movie</p>	<p>16</p> <p>9:30 Morning Fitness 10:15 News & Views 10:30 Positive Short Stories 1:30 Relax & Chat 2:00 Mandala Coloring Pages/ Puzzle Time 2:30 Hot Chocolate and Conversation 3:00 Finish the Phrase 3:30  Name that Tune (Love Song Themed) 6:00 Soft Music</p>
<p>17</p> <p>9:30 Chair Yoga 10:00 Television Ministry 11:00 † Hymn Sing 1:30 Relax and Chat 2:00 Downtime/Snack 2:30 Name that Tune 3:00 Would You Rather/ Life Questions 3:30 Balloons & Noodles Game 6:00 Soft Music</p>	<p>18</p> <p>9:30 Fun & Fitness 10:15 Weather, Date and Upcoming Events/Snack 10:45 Bible Study w/ Chaplain Fasil 1:30 Relax & Chat 2:00 Wellness Program with Rima 2:30 Down time/Snack 3:00 States Game 3:30  Old Dominion Duo Performance 6:00  Soft Music</p>	<p>19</p> <p>9:30 Balance Fitness 10:15 Weather, Date and Upcoming Events/Snack 10:30 On The Farm Cards 1:30 Discuss and Recall 2:00 Wellness Program with Rima 2:30 Down time/Snack 2:30  Scenic Drive 3:00 Spelling Bee 3:30 Basketball Game 6:00  Susie Q Sing A Long</p>	<p>20</p> <p>9:30 Movin' & Groovin' 10:15 News & Views /Snack 10:30 Prayer and Positivity Group with Ronda 11:00  Sing A Long 1:30 Fact or Fiction 2:00 Wellness Program with Rima 2:30 Downtime/Snack 3:00 Finish the Phrase 3:30 Fly Ball 6:00  Soft Music</p>	<p>21</p> <p>9:30 Chair Zumba 10:15 News & Views/Snack 10:30  Name that Tune 11:00 Throwback Thursday 1:30 Who Am I? (ac) 2:00 Wellness Program with Rima 2:30 Ice Cream Social 3:00 Adult Coloring Pages 3:30 Volleyball Game 4:00 Relax & Chat 6:00  Susie Q</p>	<p>22</p> <p>9:30 Friday Fitness 10:00  Music Appreciation w/ Laura 10:30 Daily Chronicles (ac) 11:00  Picnic Lunch Outing 1:30 Flashback Friday 2:00 Wellness Program with Rima 2:30 Birthday Party Social 3:30 "You be the Star" Resident Photo Slideshow 6:00 Evening Movie</p>	<p>23</p> <p>9:30 Morning Fitness 10:15 News & Views 10:30 Chair Soccer 1:30 Relax & Chat 2:00 Mandala Coloring Pages/ Puzzle Time 2:30 Hot Chocolate and Conversation 3:30  Rhythm Band/Instruments 6:00 Soft Music</p>
<p>24</p> <p>9:30 Chair Yoga 10:00 Television Ministry 11:00 Relax & Chat 1:30 Pictionary Game 2:00 Down Time/Snack 2:30 Finish the Phrase 3:00 Getting to Know You 3:30 Chair Soccer 6:00 Soft Music</p>	<p>25</p> <p>9:30 Fun & Fitness 10:15 Weather, Date and Upcoming Events/Snack 10:45 Bible Study w/ Chaplain Fasil 1:30 Discuss and Recall 2:00 Wellness Program 2:30 Downtime/Snack 3:00 Boggle/Word Game 3:30 Time Slips Program with The Center for Well-Being and Resiliency 6:00  Soft Music</p>	<p>26</p> <p>9:30 Balance Fitness 10:15 Weather, Date and Upcoming Events/Snack 10:30 Tuesday Trivia 1:30 Junk Drawer Detective (ac) 2:00 Wellness Program 2:30 Down time/Snack 2:30  Scenic Drive 3:00 The Alphabet Game 3:30 Bowling Club 6:00  Susie Q Sing A Long</p>	<p>27</p> <p>9:30 Movin' & Groovin' 10:15 News & Views/Snack 10:30 Prayer and Positivity Group with Ronda 11:00  Sing A Long 1:30 On the Farm 2:00 Wellness Program 2:30 Downtime/Snack 3:00 The Price is Right 3:30 Frisbee Toss 6:00  Soft Music</p>	<p>28</p> <p>9:30 Chair Zumba 10:15 Weather, Date and Upcoming Events/Snack 10:30  Karaoke 11:00 Finish the Phrase 1:30 Throwback Thursday 2:00 Wellness Program with Rima 2:30 Ice Cream Social 2:45 Making Art with Merri (Art Class) 3:30 Ball Toss Game 6:00  Susie Q</p>	