

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



well hello, march

SCU

SPECIAL CARE UNIT

ACTIVITIES CALENDAR

9:30 Friday Fitness
10:00 🎵 Music Appreciation w/ Laura
 10:30 Daily Chronicles (ac)/ Morning Snack
11:00 🚐 Lunch Bunch: Red Robbin
 1:30 Flashback Friday
 2:00 Wellness Program
2:30 Mocktail Social
 3:30 Bowling
 6:00 Evening Movie

1
 9:30 Morning Fitness
 10:15 News & Views
 10:30 Positive Short Stories/Morning Snack
 1:30 Relax & Chat
 2:00 Crafty Corner
2:30 Afternoon Tea Social
 3:00 Finish the Phrase
 3:30 🎵 Name that Tune (Love Song Themed)
 6:00 Soft Music

3
 9:30 Chair Yoga
 10:00 Television Ministry
 10:45 Morning Snack
 11:00 † Hymn Sing
 1:30 🎵 Name that Tune
 2:00 Afternoon Exercise
 2:30 Downtime/Snack
 3:00 Would You Rather/Life Questions
 3:30 Balloons and Noodles Game
 6:00 🎵 Soft Music

4
 9:30 Fun & Fitness
 10:15 News & Views/snack
10:45 † Bible Study with Chaplain Fasil
 1:30 Relax & Chat
 2:00 Wellness Program with Rima
 2:30 Down time/Snack
 3:00 Wheel of Fortune
 3:30 Chair Soccer
4:00 🎵 EZ Music: Edelweiss (ac)
 6:00 Soft Music

5
 9:30 Balance Fitness
 10:15 Weather, Date and Upcoming Events/Snack
10:30 Mardi Gras Craft
 1:30 Discuss and Recall
 2:00 Wellness Program with Rima
2:30 Mardi Gras Social! 2:30 🚐 Scenic Drive
 3:00 Spelling Bee
 3:30 Basketball Game
 6:00 🎵 Susie Q Sing A Long
Mardi Gras!

6
 9:30 Movin' & Groovin'
 10:15 News & Views/Snack
10:00 Ash Wednesday with St. Leo's, AF
10:30 🎵 Capital Music Therapy
10:30 Prayer Visits w/ Ronda
 1:30 Fact or Fiction
 2:00 Wellness Program
 2:30 Downtime/Snack
 3:00 The Price is Right
 3:30 Fly Ball
 6:00 Soft Music
Ash Wednesday

7
 9:30 Chair Zumba
 10:15 News & Views/Morning Snack
10:30 March IQ (Trivia)
 11:00 🎵 Name that Tune
 1:30 Throw Back Thursday
 2:00 Wellness Program with Rima
2:30 Ice Cream Social
 3:00 Crafty Corner
 3:30 Table Ball
 6:00 🎵 Susie Q Sing A Long

8
 9:30 Friday Fitness
 10:00 🎵 Hymn Sing
 10:30 Daily Chronicles (ac)/ Morning Snack
11:00 🚐 Picnic Lunch Outing
1:30 EZ Does It Random Trivia (ac)
 2:00 Wellness Program with Rima
2:30 Root beer Float Social
3:30 🎵 Interactive Music Performance with Dennis
 6:00 Evening Movie

9
 9:30 Morning Fitness
 10:15 News & Views
 10:30 Morning Snack
 11:00 On the Farm Cards
 1:30 Relax & Chat
 2:00 Mandala Coloring Pages/ Puzzle Time
2:30 Hot Chocolate and Conversation
 3:30 🎵 Rhythm Band/Instruments
 6:00 Soft Music

10
 9:30 Stretch it Out
 10:00 Television Ministry
 10:45 Morning Snack
 11:00 Positive Short Stories/ Chicken Soup For the Soul Book
 1:30 Piano Music
 2:30 Downtime/Snack
 3:00 Getting to Know You
 3:30 Chair Soccer
 6:00 🎵 Soft Music
 Daylight Saving Time Begins

11
 9:30 Fun & Fitness
 10:15 Weather, Date and Upcoming Events/Snack
10:45 † Bible Study w/ Chaplain Fasil
 1:30 Discuss and Recall
 2:00 Wellness Program
 2:30 Downtime/Snack
 3:00 Pictionary
 3:30 Balloons and Noodles
 4:00 🎵 Name that Tune
 6:00 Soft Music


12
 9:30 Balance Fitness
 10:15 Weather, Date and Upcoming Events/Snack
 10:30 Tuesday Trivia
 1:30 Junk Drawer Detective (ac)
 2:00 Wellness Program with Rima
 2:30 Down time/Snack
2:30 🚐 Scenic Drive
 3:00 The Alphabet Game
 3:30 Bowling Club
 6:00 🎵 Susie Q Sing A Long

13
 9:30 Movin' & Groovin'
 10:15 News & Views/Snack
10:30 Prayer and Positivity with Ronda
 11:00 🎵 Sing A Long
 1:30 On the Farm
 2:00 Wellness Program with Rima
 2:30 Downtime/Snack
 3:00 Fill in the Blank (ac)
 3:30 Frisbee Toss
 4:00 Afternoon Walk
 6:00 🎵 Soft Music

14
 9:30 Chair Zumba
 10:15 News & Views/Morning Snack
 10:30 🎵 Karaoke
 11:00 Throw Back Thursday
 1:30 Positive Messages
 2:00 Wellness Program with Rima
2:30 Ice Cream Social
 3:00 Therapeutic Coloring
 3:30 Getting to Know You
 4:00 Relax and Reminisce
 6:00 🎵 Susie Q Sing A Long

Calendar Icons

- Outing**
- Musical Program**
- Spiritual Program**
- Outdoor Activity**



Location Key

- 2LR** - 2nd floor Living Room
- AF** - All Floors
- CR** - Card Room
- FR** - Front Porch
- FR** - Family Room
- GP** - Gathering Place
- GB** - Greenbriar
- MIL** - Meet in Lobby
- OP** - Outside Patio
- PDR** - Private Dining Room
- SIA** - Sign up in Advance
- (ac)** - Activity Connection

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SPECIAL CARE UNIT

ACTIVITIES CALENDAR

15

16

9:30 Friday Fitness
10:00 🎵 **Music w/ Laura**
 10:30 Daily Chronicles/
 Morning Snack
11:00 🚗 **Lunch Bunch:**
Silver Diner
 1:30 Flashback Friday
 2:00 Wellness Program
2:30 St. Patty's Social
 3:30 Balloons & Noodles
 6:00 Evening Movie

9:30 Morning Fitness
 10:15 News & Views
 10:30 Morning Snack
 11:00 Finish the Phrase
 1:30 Relax & Chat
 2:00 Table Games
2:30 Afternoon Tea Social
 3:00 Finish the Phrase
3:30 🎵 **Irish Songs Name
 that Tune**
 6:00 Soft Music

17

18

19

20

21

22

23

9:30 Chair Yoga
 10:00 Television Ministry/
 Morning Snack
 11:00 † Hymn Sing
 1:30 Relax and Chat
2:00 Shamrockin' Shakes
2:30 🎵 **Name that Irish
 Tune(ac)**
 3:30 Balloons & Noodles
6:00 🎵 **Soft Irish Music
 St. Patrick's Day!**

9:30 Fun & Fitness
 10:15 News & Views/
 Morning Snack
**10:45 † Bible Study w/
 Chaplain Fasil**
 1:30 Relax & Chat
 2:00 Wellness Program
 2:30 Down time/Snack
 3:00 States Game
 3:30 Crafty Corner
 6:00 🎵 Soft Music

9:30 Balance Fitness
 10:15 Weather, Date and
 Upcoming Events/Snack
 10:30 On The Farm Cards
 1:30 Discuss and Recall
 2:00 Wellness Program
 2:30 Down time/Snack
2:30 🚗 **Scenic Drive**
 3:00 Spelling Bee
 3:30 Basketball Game
 6:00 🎵 Susie Q Sing A

9:30 Movin' & Groovin'
 10:15 News & Views/Snack
**10:30 Prayer and Positivity
 Group with Ronda**
 11:00 🎵 Sing A Long
 1:30 Fact or Fiction
 2:00 Wellness Program
 2:30 Downtime/Snack
 3:00 Finish the Phrase
 3:30 Fly Ball
 6:00 🎵 Soft Music

9:30 Chair Zumba
 10:15 News & Views/Snack
 10:30 🎵 Name that Tune
 11:00 Throwback Thursday
 1:30 Who Am I? (ac)
 2:00 Wellness Program
2:30 Ice Cream Social
 3:00 Therapeutic Coloring
 3:30 Table Ball
 4:00 Relax & Chat
 6:00 🎵 Susie Q

9:30 Friday Fitness
10:00 🎵 **Music w/ Laura**
 10:30 Daily Chronicles (ac)/
 Morning Snack
11:00 🚗 **Picnic Lunch**
Outing
 1:30 Flashback Friday
 2:00 Wellness Program
2:30 Happy Hour Social
3:30 🎵 **Music with Blair PJ**
 6:00 Evening Movie

9:30 Morning Fitness
 10:15 News & Views
 10:30 Morning Snack
 11:00 🎵 Rhythm
 Band/Instruments
 1:30 Relax & Chat
 2:00 Mandala Coloring
 Pages/ Puzzle Time
2:30 Hot Chocolate Social
 3:30 Chair Soccer
 6:00 Soft Music

24

25

26

27

28

29

30

9:30 Chair Yoga
 10:00 Television Ministry
 10:45 Morning Snack
 11:00 Short Stories
 1:30 Pictionary Game
 2:00 Down Time/Snack
 2:30 Finish the Phrase
 3:00 Getting to Know You
 3:30 Chair Soccer
 6:00 🎵 Soft Music

9:30 Fun & Fitness
 10:15 Weather, Date and
 Upcoming Events/Snack
**10:45 † Bible Study w/
 Chaplain Fasil**
 1:30 Discuss and Recall
 2:00 Wellness Program
 2:30 Downtime/Snack
 3:00 Boggle/Word Game
**3:30 Time Slips Program
 with The Center for Well-
 Being and Resiliency**
 6:00 🎵 Soft Music



9:30 Balance Fitness
 10:15 Weather, Date and
 Upcoming Events/Snack
 10:30 Tuesday Trivia
 1:30 Junk Drawer
 Detective (ac)
 2:00 Wellness Program
 2:30 Down time/Snack
2:30 🚗 **Scenic Drive**
 3:00 The Alphabet Game
 3:30 Bowling Club
 6:00 🎵 Susie Q Sing A
 Long



9:30 Movin' & Groovin'
 10:15 News &
 Views/Morning Snack
**10:30 NEW* Time for Art
 NOVA with Emily**
**10:30 Prayer Visits with
 Ronda**
 11:00 🎵 Sing A Long
 1:30 On the Farm
 2:00 Wellness Program
 2:30 Downtime/Snack
 3:00 The Price is Right
 3:30 Frisbee Hoop Game
 6:00 🎵 Soft Music



9:30 Chair Zumba
 10:15 Weather, Date and
 Upcoming Events/Snack
 10:30 🎵 Karaoke
 11:00 Finish the Phrase
 1:30 Throwback Thursday
 2:00 Wellness Program
 with Rima
2:30 Ice Cream Social
 3:00 Therapeutic Coloring
 3:30 On the Farm Cards
 6:00 🎵 Susie Q



9:30 Friday Fitness
10:00 🎵 **Music w/ Laura**
10:00 🚗 **Picnic Lunch**
Outing: Cherry Blossoms
 10:30 Daily Chronicles
 (ac)/ Morning Snack
 1:30 Flashback Friday
 2:00 Wellness Program
2:30 Birthday Party Social
3:30 "You be the Star"
 6:00 Evening Movie



9:30 Morning Fitness
 10:15 News & Views
 10:30 Healthy Morning
 Snack
 11:00 Would You
 Rather/Life Questions
 1:30 Relax & Chat
 2:00 Mandala Coloring
 Pages/ Puzzles and
 Ponderings
2:30 Afternoon Tea
 3:30 🎵 Name that
 Tune/Karaoke
 6:00 Soft Music