




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 Sunday AM Exercise 10:00 Morning Snack/Music 10:30 + Hymn Sing 1:00 Protestant Communion with Roger Hartman, FR* 1:30 Walking Group 2:00 Pet Therapy with NCL, GP* 2:30 Craft: Mardi Gras Mask on a Stick(ac) 3:30 Parachute 5:00 Evening Movie</p>	<p>2</p> <p>9:30 Balance Fitness 10:15 News & Views/Snack 10:30 Sing A Long 10:45 † Devotion w/ Chaplain Fasil 1:30 Random Trivia (ac) 2:30 Pet Therapy, GP* 2:30 Wellness Program with Kavi 3:00 Downtime/Snack 3:30 Name that Tune 4:00 Waterfall Sensory 5:00 Suzie Q Music</p>	<p>3</p> <p>9:30 Morning Music & Movement 10:00 Weather, Date and Upcoming Events/Snack 10:30 Men's Support Group w/ Chaplain Fasil, PDR 10:30 Wellness with Kavi 1:00 Rhyme Time 1:30 Short Stories 2:30 Scenic Drive w/ Blake 2:30 Wellness Program 2:15 Mardi Gras Social (Dance Hour), Bistro 5:00 Evening Movie</p>	<p>4</p> <p>9:30 Morning Exercise 10:00 Today in the News/ Morning Snack 10:30 † Catholic Eucharist with St. Leo's the Great, AF 10:30 Capital Music Therapy 1:30 Mr. Press talks about History 2:30 Wellness Program with Kavi 3:00 Downtime/Snack 3:30 Spelling Bee 5:00 Soft Music</p>	<p>5</p> <p>9:30 Morning Music & Movement 10:00 News/Snack 10:30 Wellness Program with Kavi 1:30 Spelling Bee 2:30 Downtime/Snack 3:00 Crafting: 2-in-1 Crafty St. Paddy's Day Puzzle (ac) 3:30 Noodle Ping Pong 4:00 Puzzles/Sorting Games 5:00 Evening Movie</p>	<p>6</p> <p>9:30 Move & Groove 10:00 Weather, Date and Events/Snack 10:30 Scenic Ride (Packed Lunch) w/ Kendra 10:30 Hand Massage/Nails 1:30 Word Games 2:30 Wellness Program with Kavi 3:00 Downtime/Snack 3:30 Rootbeer Float and Dance Social 5:00 Suzie Q</p>	<p>7</p> <p>9:30 Morning Music and Movement Class 10:00 Weather, News /Snack 10:30 Math is Fun! 1:30 Susie Q Music 2:00 Downtime/Snack 2:30 \$BINGO 3:30 Noodles & Balloons 5:00 Evening Movie</p>
<p>8</p> <p>9:30 Chair Exercise 10:00 Morning Snack/Music 10:30 † Christian Jubilee Church Service, GP* 1:30 Walking Group 2:00 Downtime/Snack 2:30 Discuss and Recall: American Royalty- The Du Ponts (ac) 3:30 Collaging/Craft 5:00 Evening Movie</p>	<p>9</p> <p>9:30 Balance Fitness 10:15 News & Views/Snack 10:30 10 Things to Know About Purim (ac) 10:45 † Devotion w/ Chaplain Fasil 1:30 Trivia 2:30 Wellness Program with Kavi 3:00 Downtime/Snack? 3:30 Name that Tune 5:00 Suzie Q Music</p>	<p>10</p> <p>9:30 Morning Music & Movement 10:00 Weather, Date and Upcoming Events/Snack 10:30 Wellness with Kavi 1:30 Bowling Club 2:30 BUNCO/Dice Games 2:30 Scenic Drive w/ Blake 3:00 Downtime/Snack 3:30 Story of Joyous Purim (ac) 4:00 Creative Art</p>	<p>11</p> <p>9:30 Morning Exercise 10:00 Today in the News/ Morning Snack 10:30 † Catholic Eucharist w/ St. Leo's the Great, AF 10:30 Prayer & Positivity with Ronda 1:30 Positive Short Stories 2:30 Wellness Program with Kavi 3:00 Downtime/Snack 3:30 Balloons & Noodles 5:00 Suzie Q Music</p>	<p>12</p> <p>9:30 Morning Music & Movement 10:00 Weather, Date and Upcoming Events/Snack 10:30 Wellness Program with Kavi 1:30 Finish the Phrase 2:00 Name that Tune 2:30 Downtime/Snack 3:00 Creative Art 3:30 Noodle Ping Pong 5:00 Evening Movie</p>	<p>13</p> <p>9:30 Morning Music & Movement 10:00 Weather, Date and Upcoming Events/ Snack 10:30 Lunch Ride: Pizza Hut w/ Kendra 10:30 Hand Massage/Nails 1:30 Math is Fun! 2:30 Wellness Program 3:00 Happy Hour Social with Dancing 3:30 Music with Blair Pettyjohn 5:00 Soft Music</p>	<p>14</p> <p>9:30 Morning Music and Movement Class 10:00 News /Snack 10:30 Math is Fun! 1:30 Susie Q Music 2:00 Downtime/Snack 2:30 \$BINGO 3:30 Balloon Volley 5:00 Evening Movie</p>
<p>15</p> <p>9:30 Chair Exercise 10:00 Television Ministry/ † Hymn Sing 11:00 Positive News Stories (This Week in the News) 1:30 Walking Group 2:00 Downtime/Snack 2:30 Bowling 3:30 EZ Does it: Short Story- The Lost Letter (ac) 5:00 Evening Movie</p>	<p>16</p> <p>9:30 Balance Fitness 10:15 Weather, Date and Upcoming Events/Snack 10:30 Baby Doll Caregiving 10:45 † Devotion w/ Chaplain Fasil 1:30 Trivia 2:30 Wellness Program with Kavi 3:00 Downtime/Snack 3:15 Name that Tune 4:00 Who Am I? (ac) 5:00 Suzie Q Music</p>	<p>17</p> <p>9:30 Morning Music & Movement 10:00 Weather, Date and Upcoming Events/Snack 10:30 Wellness with Kavi 1:30 Rhyme Time 2:30 Down Time/Snack 2:30 Scenic Drive w/ Blake 2:30 Wellness Program with Kavi 3:00 St. Patrick's Day Social 3:30 BINGO 5:00 Soft Music</p>	<p>MCU MEMORY CARE UNIT</p> <p>ACTIVITES CALENDAR</p>			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Location Key</p> <p>AF - All Floors CR - Card Room FP - Front Porch FR - Family Room GP - Gathering Place GB - Greenbriar MIL - Meet in Lobby OP - Outside Patio PDR - Private Dining Room (ac)- Activity Connection</p>			<p>18</p> <p>9:30 Morning Exercise 10:00 Today in the News/ Morning Snack 10:30 Prayer & Positivity with Ronda 10:30 † Catholic Eucharist with St. Leo's the Great, AF 12:30 Wellness Program with Kavi 1:30 Positive Short Stories 2:30 Time for Art NOVA 3:30 Matinee Movie w/ Popcorn 5:00 🎵 Suzie Q Music</p>	<p>19</p> <p>9:30 🎵 Morning Music & Movement 10:00 Weather, Date and Upcoming Events/Snack 10:30 Wellness Program with Kavi 1:30 Spelling Bee 2:00 🎵 Name that Tune 2:30 Downtime/Snack 3:00 Puzzles/Sorting Games 3:30 Creative Art 4:00 Sorting Socks 5:00 Evening Movie</p>	<p>20</p> <p>9:30 🎵 Morning Music & Movement 10:00 News/Snack 10:30 Scenic Ride (Packed Lunch) w/ Kendra 🚌 10:30 Hand Massage/Nails 12:00 Men's Luncheon, GP* 1:30 Word Games 2:30 Wellness Program with Kavi 3:00 Mocktail Social and Dancing 3:30 🎵 Music with Tender Polman 5:00 Evening Movie</p>	<p>21</p> <p>9:30 Morning Music and Movement Class 10:00 Weather, News /Snack 11:00 Sing A Long! 1:30 🎵 Susie Q Music 2:00 Downtime/Snack 2:00 Math is Fun! 3:30 Creative Art 4:00 Getting to Know you 5:00 Evening Movie</p>	
<p>22</p> <p>9:30 Chair Exercise, GP 10:30 † Church Service with Vienna Seventh Day Adventist, FR 10:30 Television Ministry/Hymn Singing 1:30 Walking Group 2:00 Downtime/Snack 2:30 Noodles and Balloons 3:30 Collaging/Craft 5:00 Evening Movie</p>	<p>23</p> <p>9:30 Balance Fitness 10:15 Weather, Date and Upcoming Events/Snack 10:30 Motivational Monday (Positive Stories and Fun Facts About Today) 10:45 † Devotion w/ Chaplain Fasil 1:30 Trivia 2:30 Wellness Program with Kavi 3:00 Downtime/Snack 3:30 Noodles & Balloons 5:00 🎵 Suzie Q Music</p>	<p>24</p> <p>9:30 🎵 Morning Music & Movement 10:00 Weather, Date and Upcoming Events/Snack 10:30 Wellness with Kavi 1:30 Rhyme Time 2:30 Down Time/Snack 2:30 Scenic Drive w/ Blake 🚌 Hand Massage/Nails 3:00 Spelling Bee 3:30 BINGO 5:00 🎵 Soft Music</p>	<p>25</p> <p>9:30 Morning Exercise 10:00 Today in the News/ Morning Snack 10:30 Prayer & Positivity with Ronda 10:30 † Catholic Eucharist with St. Leo's the Great, AF 1:30 Positive Short Stories 2:30 Wellness Program with Kavi 3:00 Downtime/Snack 3:30 Crafty Corner: Bird House Painting/Wood Craft 5:00 🎵 Suzie Q Music</p>	<p>26</p> <p>9:30 🎵 Morning Music & Movement 10:00 Weather, Date and Upcoming Events/Snack 10:30 Wellness Program with Kavi 1:30 Spelling Bee 2:00 🎵 Name that Tune 2:30 Downtime/Snack 3:00 Puzzles/Sorting Games 3:30 Noodle Ping Pong 4:00 EZ Does-It Fill in the Word (ac) 5:00 Evening Movie</p>	<p>27</p> <p>9:30 🎵 Morning Exercises 10:00 News/Snack 10:30 Scenic Ride 🚌 McDonald's w/ Kendra 10:30 Hand Massage/Nails 1:30 Word Games 2:30 Wellness Program with Kavi 3:00 Mocktail Social and Dancing 3:30 Creative Art 4:00 Spelling Bee 5:00 Evening Movie</p>	<p>28</p> <p>9:30 Morning Music and Movement Class 10:00 Weather, News /Snack 10:30 🎵 Music with Roberta C-Katleman 1:30 🎵 Susie Q Music 2:00 Downtime/Snack 2:30 \$BINGO 3:30 Creative Art 4:00 Getting to Know you 5:00 Evening Movie</p>	
<p>29</p> <p>9:30 Chair Exercise, GP 10:30 † Television Ministry/Hymn Singing 1:30 Walking Group 2:00 Downtime/Snack 2:30 Noodle Ping Pong 3:30 Chicken Soup Short Stories ☀️ 5:00 Evening Movie</p>	<p>30</p> <p>9:30 Balance Fitness 10:15 Weather, Date and Upcoming Events/Snack 10:45 † Devotion w/ Chaplain Fasil 1:30 Trivia ☀️ 2:30 Wellness Program with Kavi 3:00 Downtime/Snack 3:30 Celebration of Life Ceremony with Chaplain Fasil, FR* 3:30 Geography: US states ☀️ 5:00 🎵 Soft Music</p>	<p>31</p> <p>9:30 🎵 Morning Music & Movement 10:00 Weather, Date and Upcoming Events/Snack 10:30 Wellness with Kavi 1:30 Used Car Detective (ac) 2:30 Scenic Drive: Cherry Blossoms w/ Blake 🚌 3:00 Downtime/Snack 3:30 Math is Fun! ☀️ 5:00 🎵 Soft Music</p>	