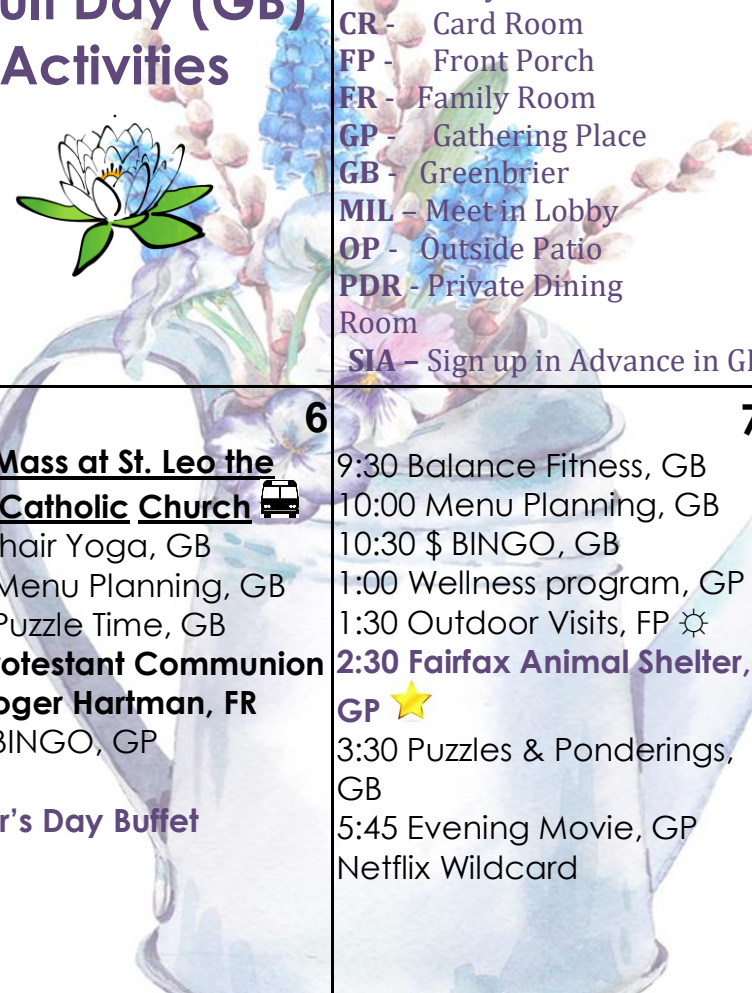






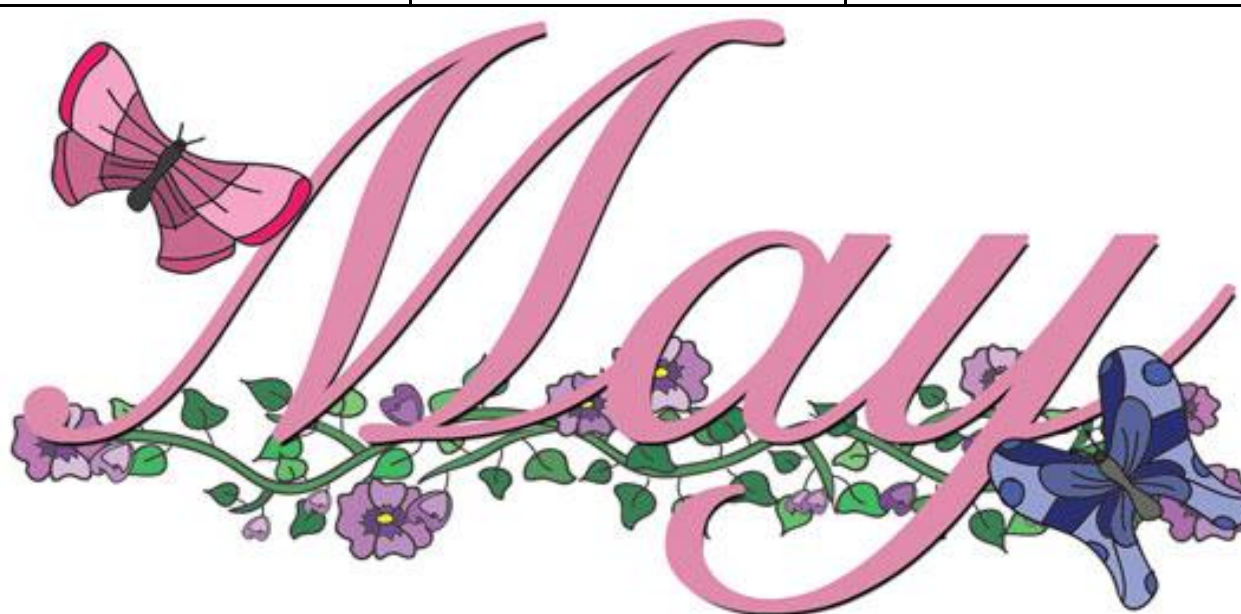























Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Greenbriar Adult Day (GB) Activities</b></p> 	<p><b>Location Key</b>  <b>2<sup>nd</sup> Floor</b> – Living Room  <b>AF</b> - All Floors  <b>BS</b> - Beauty Salon  <b>CR</b> - Card Room  <b>FP</b> - Front Porch  <b>FR</b> - Family Room  <b>GP</b> - Gathering Place  <b>GB</b> - Greenbrier  <b>MIL</b> - Meet in Lobby  <b>OP</b> - Outside Patio  <b>PDR</b> - Private Dining Room  <b>SIA</b> - Sign up in Advance in GP</p>	<p><b>1</b>            9:30 Fun &amp; Fitness, GB            10:00 Menu Planning, GB            10:30 Coloring Pages, GB            11:00 Ball Toss, GB            1:00 Wellness Program, GP            2:00 † Rosary, CR  <b>2:30 Wandering Docent ,GP</b>            3:30 Chair Soccer, GP            4:00 Music with Chaplain Pervaiz, GP            5:45 Evening Movie, GP</p>	<p><b>2</b>            9:30 Fun &amp; Fitness, GB            10:00 Menu Planning, GB            10:30 † Catholic Eucharist, FR  <b>10:30 Picnic Lunch: DC Museum of the Bible</b>   <b>10:30 MOM's Group of Fairfax Intergenerational Program, GP</b>            1:00 Wellness Program, GP            2:30 Ice Cream Social, Bistro  <b>3:30 Mad Science, GP</b>            5:45 Evening Movie, GP</p>	<p><b>3</b>            9:30 Balance Fitness, GB            10:00 Menu Planning, GB  <b>10:30 May IQ (Trivia), GB</b>            11:00 Shopping Cart, Bistro            11:00 Card Games, CR            1:00 Wellness Program, GP            2:30 Ladder Ball, GP  <b>2:30 Scenic Drive</b>             3:30 \$ BINGO, GP            5:45 Evening Movie, GP            Netflix Wildcard</p>	<p><b>4</b>            9:30 Balance Fitness, GB            10:00 Menu Planning, GB  <b>10:30 Music Appreciation with Dr. Laura Hills, FR</b>            11:30 Name 5 Game, GB  <b>12:00 Piano with Laura, FR</b>            1:00 Wellness Program, GP  <b>2:30 🎵 Cinco De Mayo Social, Bistro</b>  <b>3:30 Cinco De Mayo Music, FR</b>            5:45 Evening Movie, GP            Netflix Wildcard</p>	<p><b>5</b>            9:30 Fun &amp; Fitness, GB            10:00 Menu Planning, GB            10:30 News Currents, GP            1:30 Afternoon Walk  <b>2:00 May Barrett's 80<sup>th</sup> Birthday Party, Bistro</b>  <b>2:30 Cinco De Mayo Piñata Game, GP</b>            3:30 \$ BINGO, GP            5:45 Evening Movie, GP            Netflix Wildcard</p>
<p><b>6</b>  <b>10:00 Mass at St. Leo the Great Catholic Church</b>   <b>9:30</b> Chair Yoga, GB  <b>10:00</b> Menu Planning, GB  <b>10:30</b> Puzzle Time, GB  <b>1:00 Protestant Communion with Roger Hartman, FR</b>  <b>3:30</b> \$BINGO, GP  <b>Mother's Day Buffet</b></p>	<p><b>7</b>            9:30 Balance Fitness, GB            10:00 Menu Planning, GB            10:30 \$ BINGO, GB            1:00 Wellness program, GP            1:30 Outdoor Visits, FP ☀️  <b>2:30 Fairfax Animal Shelter, GP</b> ★            3:30 Puzzles &amp; Ponderings, GB            5:45 Evening Movie, GP            Netflix Wildcard</p>	<p><b>8</b>            9:30 Fun &amp; Fitness, GB            10:00 Menu Planning, GB            10:30 Personalized Playlists, GB            11:00 Tac Tac Toe, GB            1:00 Wellness Program, GP  <b>1:30 Menu Planning Meeting, PDR</b>            2:00 † Rosary, PDR            2:30 Book Nook, GB            3:30 Chair Soccer, GP            4:00 Music w/ Chaplain Pervaiz, GP            5:45 Evening Movie, GP</p>	<p><b>9</b>            9:30 Fun &amp; Fitness, GB            10:00 Menu Planning, GB  <b>10:30 † Catholic Eucharist, AF</b>            10:30 Gardening, OP ☀️  <b>10:30 Lunch Bunch: Red Robbin</b>             1:00 Wellness program, GP            2:30 Ice Cream Social, Bistro  <b>3:00 † Bible Study w/ Fasil, CR</b>            3:30 Table Games, GB            5:45 Evening Movie, GP</p>	<p><b>10</b>            9:30 Fun &amp; Fitness, GB            10:00 Menu Planning, GB            11:00 Shopping Cart, Bistro            11:00 Coloring Pages, GB            1:00 Wellness Program, GP  <b>2:00 🎵 LIVE Music with Nashville Standard, FR</b>  <b>2:30 Scenic Drive</b>            3:30 \$ BINGO, GP            5:45 Evening Movie, GP            Netflix Wildcard</p>	<p><b>11</b>            9:30 Balance Fitness, GP            10:00 Menu Planning, GB            10:30 Newspaper Articles, GP            11:00 Boggle, GP            1:00 Wellness Program, GP  <b>2:30 Kitchen Corner: Vanilla Pudding Rainbow Cookies</b>            3:30 \$BINGO, GP            5:45 Evening Movie, GP            Netflix Wildcard</p>	<p><b>12</b>            9:30 Movin' &amp; Groovin' Exercise Program, GB            10:00 Menu Planning, GB            10:30 News Currents, GP  <b>1:30 🎵 Piano and Singing with Gracie</b>            2:30 Puzzle Time, GB            3:30 \$ BINGO, GP            5:45 Evening Movie, GP            Netflix Wildcard</p>
<p><b>13</b>            9:30 Chair Yoga, GB            10:00 Menu Planning, GB  <b>10:00 Mass at St. Leo the Great Catholic Church</b>   <b>10:30 † Christian Jubilee Church Service, GP</b>  <b>1:00 🎵 Cello with Tan, FR</b>  <b>2:00 Mother's Day Celebration, Bistro</b>  <b>3:30</b> \$BINGO, GP</p>	<p><b>14</b>            9:30 Balance Fitness, GP            10:00 Menu Planning, GB            10:30 \$ BINGO, GB            11:30 Chat and Relax, PO ☀️            1:00 Wellness Program, GP  <b>2:30 Elaine Flynn, FR</b>            3:30 Crafty Corner, GB            5:45 Evening Movie, GP            Netflix Wildcard</p>	<p><b>15</b>            9:30 Balance Fitness, GB            10:00 Menu Planning, GB            10:30 Table Games, GB            11:00 Knitting Club, GB            1:00 Wellness Program, GP            2:00 † Rosary, PDR            2:30 Book Nook, GB            3:30 Chair Soccer, GP            4:00 Music w/ Chaplain Pervaiz, GP            5:45 Evening Movie, GP            Netflix Wildcard</p>	<p><b>16</b>            9:30 Fun &amp; Fitness, GB            10:00 Menu Planning, GB  <b>10:30 † Catholic Eucharist, FR</b>            10:30 Name that Tune, GB  <b>10:30 Picnic Lunch Outing: Marine Corps Museum</b>             1:00 Wellness program, GP            2:30 Ice Cream Social, Bistro  <b>3:00 † Bible Study w/ Fasil, GP</b>            3:30 Bridge/Table Games, CR            5:45 Evening Movie, GP</p>			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Greenbriar Adult Day (GB) Activities</b></p> 	<p><b>Calendar Icons</b></p> <p> <b>Outing</b></p> <p> <b>Musical Program</b></p> <p> <b>Spiritual Program</b></p> <p> <b>Outdoor Activity</b></p> <p> <b>Golden Ticket</b></p> <p>If you wish to attend a bus ride or outing, please see an activity team member. These events have limited</p>	<p><b>Location Key</b></p> <p>2<sup>nd</sup> Floor – Living Room</p> <p>AF - All Floors</p> <p>BS – Beauty Salon</p> <p>CR - Card Room</p> <p>FP - Front Porch</p> <p>FR - Family Room</p> <p>GP - Gathering Place</p> <p>GB - Greenbrier</p> <p>MIL – Meet in Lobby</p> <p>OP - Outside Patio</p> <p>PDR - Private Dining Room</p> <p>SIA – Sign up in Advance in GP</p>	<p><b>Any additions or changes to the calendar will be posted on the daily schedule.</b></p> <p><b>Each activity runs for a minimum of 30 minutes.</b></p> <p><b>* Eucharist every Wednesday at 10:00 AM</b></p>	<p>17</p> <p>9:30 Fun &amp; Fitness, GP</p> <p>10:30 Getting to Know you Ball Toss, GP</p> <p>11:00 Shopping Cart, Bistro</p> <p>11:00 Card Games, CR</p> <p>1:00 Wellness program, GP</p> <p><b>2:30  Piano &amp; Accordion Music with Justin, FR</b></p> <p><b>2:30 Scenic Drive</b></p> <p>3:30 \$ BINGO, GP</p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p>	<p>18</p> <p>9:30 Balance Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p><b>10:30  Music Appreciation w/Laura, FR (SIA), Bistro</b></p> <p><b>12:00 Men's Luncheon (SIA), Bistro</b></p> <p><b>12:30  Piano w/ Laura, FR</b></p> <p>1:00 Wellness Program, GP</p> <p>2:30 Boggle, GP</p> <p>3:30 \$BINGO, GP</p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p>	<p>19</p> <p>9:30 Chair Yoga, GB</p> <p>10:00 Menu Planning, GB</p> <p>10:30 News Currents, GP</p> <p>1:30 Ladder Ball, GP</p> <p>2:30 Wheel of Fortune, GP</p> <p>3:30 \$ BINGO, GP</p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p>
<p>20</p> <p><b>10:00 Mass at St. Leo the Great Catholic Church </b></p> <p><b>10:30 Pender United Methodist Church Service, FR</b></p> <p><b>1:30 † Sunday Service with Christ Presbyterian Church, GP</b></p> <p>2:30 Hangman, GP</p> <p>3:30 \$ BINGO, GP</p>	<p>21</p> <p>9:30 Balance Fitness, GP</p> <p>10:00 Menu Planning, GB</p> <p>10:30 \$ BINGO, GB</p> <p>11:30 Relax &amp; Chat ☀</p> <p>1:00 Wellness Program, GP</p> <p>1:30 Outdoor Visits, FP ☀</p> <p>2:30 Table Games, GB</p> <p>3:30 Chair Soccer, GB</p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p>	<p>22</p> <p>9:30 Fun &amp; Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p><b>10:30  Piano with Doug, GP</b></p> <p>1:00 Wellness Program, GP</p> <p>2:00 † Rosary, CR</p> <p>2:30 Book Nook, GB</p> <p>3:30 Chair Soccer, GP</p> <p>4:00 Music with Chaplain Pervaiz, GP</p> <p>5:45 Evening Movie, GP</p>	<p>23</p> <p>9:30 Fun &amp; Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p>10:30 † Catholic Eucharist, FR</p> <p><b>10:30  Music Appreciation with Laura, FR</b></p> <p><b>12:30  Piano with Laura, FR</b></p> <p><b>10:30 Picnic Lunch </b></p> <p>1:00 Wellness program, GP</p> <p>2:30 Ice Cream Social, Bistro</p> <p><b>3:00 † Bible Study, GP</b></p> <p>3:30 Table Games, GB</p> <p>5:45 Evening Movie, GP</p>	<p>24</p> <p>9:30 Balance Fitness, GB</p> <p>10:30 † Catholic Mass, GP</p> <p>10:30 Card Games, CR</p> <p>11:00 Shopping Cart, Bistro</p> <p>11:00 Relax &amp; Chat, GB</p> <p>1:00 Wellness Program, GP</p> <p><b>1:30  Live Music by Jubilee Christian, FR</b></p> <p>2:30 Coloring Pages, GB</p> <p><b>2:30 Scenic Drive</b></p> <p>3:30 \$ BINGO, GP</p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p>	<p>25</p> <p>9:30 Balance Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p>10:30 Sing A Long, GB</p> <p>1:00 Wellness Program, GP</p> <p><b>2:30 May Birthday Celebration with the CCWC, Bistro </b></p> <p><b>3:30  Kate Keeler, FR</b></p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p>	<p>26</p> <p>9:30 Fun &amp; Fitness, GP</p> <p>10:30 News Currents, GP</p> <p>1:30 Uno/Card Game, CR</p> <p>2:30 Wheel of Fortune, GP</p> <p>3:30 \$ BINGO, GP</p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p>
<p>27</p> <p><b>10:00 Mass at St. Leo the Great Catholic Church </b></p> <p>10:00 Balance Fitness, GP</p> <p>11:00 † Hymn Singing, GP</p> <p><b>1:30 Christ Presbyterian Church Service, FR</b></p> <p>1:30 Wii Games, GP</p> <p>2:00 Wheel of Fortune, GP</p> <p>3:30 \$ BINGO, GP</p>	<p>28</p> <p>9:30 Balance Fitness, GP</p> <p>10:30 \$ BINGO, GB</p> <p>11:30 Name that Tune, GB</p> <p>11:30 Relax &amp; Chat ☀</p> <p>1:00 Wellness Program, GP</p> <p>1:30 Outdoor Visits ☀</p> <p><b>2:30 Memorial Day Social, Bistro</b></p> <p><b>3:30  Handbell Choir Concert, GP</b></p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p>	<p>29</p> <p>9:30 Warming Up, GB</p> <p><b>10:30 Resident Council Meeting, GP </b></p> <p>11:00 Crossword Puzzle, GP</p> <p>1:00 Wellness Program, GP</p> <p>1:30 Afternoon Walk ☀</p> <p>2:00 † Rosary, PDR</p> <p>2:30 Book Nook, GB</p> <p>3:30 Chair Soccer, GP</p> <p>4:00 Music w/ Chaplain Pervaiz, GP</p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p>	<p>30</p> <p>9:30 Fun &amp; Fitness, GP</p> <p>10:00 Menu Planning, GB</p> <p>10:30 † Catholic Eucharist, FR</p> <p>10:30 Travelogue, GB</p> <p>11:00 Reading Circle, GB</p> <p><b>10:30 Lunch Bunch: Cheesecake Factory </b></p> <p>1:00 Wellness Program, GP</p> <p>2:30 Ice Cream Social, Bistro</p> <p><b>3:00 † Bible Study w/ Fasil, CR</b></p> <p>3:30 Table Games, GP</p> <p>5:45 Evening Movie, GP</p>	<p>31</p> <p>9:30 Fun &amp; Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p>10:30 Hangman, GB</p> <p>11:00 Shopping Cart, Bistro</p> <p>1:00 Wellness Program, GP</p> <p>2:30 Getting to Know You Ball Toss, GB</p> <p><b>2:30 Scenic Drive</b></p> <p>3:30 \$ BINGO, GP</p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p>	