

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

JUNE



Greenbriar (GB) Adult Day Activities Calendar

LOCATION KEY:

- 2nd Floor – Living Room
- AF - All Floors
- BS – Beauty Salon
- CR - Card Room
- FP - Front Porch
- FR - Family Room
- GP - Gathering Place
- GB - Greenbriar
- MIL – Meet in Lobby
- OP - Outdoor Patio
- SIA – Sign up in Advance

9:30 Balance Fitness, GB
 10:00 Menu Planning, GB
10:30 🎵 Music Appreciation with Dr. Laura Hills, FR
 1:00 Movin' & Groovin' Exercise Program, GB
2:30 National Donut Day, GB
 3:30 Resident's Choice, GB
 5:45 Evening Movie, GB
 Netflix Wildcard



9:30 Fun & Fitness, GB
 10:30 Chair Soccer, GB
 1:30 Dominoes, GB
2:30 🎵 JM Youth Orchestra Performance, FR
 3:30 \$ BINGO, GP
 5:45 Evening Movie, GP
 Netflix Wildcard



3
10:00 Mass at St. Leo the Great Catholic Church 🚌
 10:30 Hymn Sing, GP
1:00 Protestant Communion with Roger Hartman, GP
 2:30 Puzzles and Ponderings, GB
 3:30 \$BINGO, GP



4
 9:30 Balance Fitness, GB
 10:00 Menu Planning, GB
 10:30 \$ BINGO, GB
 1:00 Relax & Chat, OP ☀️
 2:00 Afternoon Walk ☀️
2:30 Pet Therapy with Fairfax Animal Shelter, GP
 3:30 Book Nook, Gazebo ☀️
 4:00 Sing A Long, GB
 5:45 Soft Music, GB



5
 9:30 Fun & Fitness, GB
 10:00 Menu Planning, GB
 10:30 Chicken Coop Feeding, Gazebo ☀️
 11:00 Trivial Pursuit, GB
 1:00 Wellness Program, GP
 2:00 † Rosary, CR
 2:00 Book Nook, Gazebo ☀️
 2:30 Afternoon Walk, AF
3:00 My Passport Craft (ac), GB
 3:30 🎵 Music with Chaplain Pervaiz, Gazebo ☀️
 4:00 Chair Soccer, GB
 5:45 Evening Movie, GB

6
 9:30 Fun & Fitness, GB
 10:00 Menu Planning, GB
 10:30 † Catholic Eucharist, AF
10:00 Picnic Lunch Outing
 10:30 Who Am I? Game, GB
 1:00 Fly Ball, GB
 2:30 Resident Band (interactive Music), GB
 3:00 Would You Rather Ball Toss Game, GB
3:30 DC Mad Science Show, GP
 5:45 Soft Music, GB

7
 9:30 Balance Fitness, GB
 10:00 Menu Planning, GB
10:15 June IQ (Trivia), GB
 11:00 Wii Games, GB
 1:00 Fly Ball, GB
 2:30 Musical Memories, GB
2:30 Scenic Drive 🚌
 3:30 \$ BINGO, GB
 4:30 Outdoor Relax & Chat ☀️
 5:45 Evening Movie, GB
 Netflix Wildcard



8
 9:30 Balance Fitness, GB
 10:00 Menu Planning, GB
 10:30 Name that Tune, GB
 11:00 Front Porch Short Stories, OP ☀️
 1:00 Movin' & Groovin' Exercise Program, GB
2:30 Banana Split Day! (ac), GB
 3:30 Table Ball Game, GB
 5:45 Evening Movie, GB
 Netflix Wildcard



9
 9:30 Movin' & Groovin' Exercise Program, GB
 10:30 Chair Soccer, GB
 1:30 Would You Rather Ball Toss, GB
 2:30 Wheel of Fortune, GB
 3:30 \$ BINGO, GP
 5:45 Evening Movie, GP
 Netflix Wildcard



10
10:00 Mass at St. Leo the Great Catholic Church 🚌
10:30 † Christian Jubilee Church Service, GP
 1:30 Hangman, GP
 2:30 Getting to Know You Ball Toss, GP
 3:30 \$ BINGO, GP



11
 9:30 Balance Fitness, GB
 10:00 Menu Planning, GB
 10:30 Ring Toss, OP ☀️
 1:00 Wellness Program, GP
 1:30 Outdoor Visits, FP ☀️
 2:30 Adaptive Basketball Game, GB
 3:30 🎵 Personalized Playlists, Gazebo ☀️
 4:00 Fly Ball, GB
 5:45 Soft Music, GB

12
 9:30 Fun & Fitness, GB
 10:00 Menu Planning, GB
10:30 MOM's Group of Fairfax Intergenerational Program, Gazebo ☀️
 1:00 Wellness Program, GP
1:30 Menu Planning Meeting, 2nd Floor
 2:00 † Rosary, PDR
 2:30 Book Nook, GB
 3:30 🎵 Music with Chaplain Pervaiz, Gazebo ☀️
 4:00 Chair Soccer, GB
 5:45 Evening Movie, GP









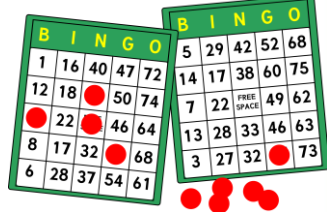









13
 9:30 Fun & Fitness, GB
 10:00 Menu Planning, GB
 10:30 Catholic Eucharist, AF
 10:30 Gardening, OP ☀️
10:30 Lunch Bunch: Chuy's Mexican Grille 🚌
 1:00 Wellness program, GP
 2:30 Ice Cream Social, Gazebo ☀️
 3:00 Outdoor Trivia, OP ☀️
 3:00 Bible Study w/ Fasil, GP
 3:30 🎵 Name that Tune, GB
 3:30 Volleyball Game, GB
 5:45 Soft Music, GB

14
 9:30 Fun & Fitness, GB
 10:00 Menu Planning, GB
 10:30 Freeze Dance, GB
 11:00 Puzzles & Ponderings, GB
 1:00 Fly Ball, GB
2:00 Flag Day Program, GB
2:30 Scenic Drive
 3:30 \$ BINGO, GB
 5:45 Evening Movie, GB
 Netflix Wildcard

15
 9:30 Balance Fitness, GB
 10:00 Menu Planning, GB
10:30 🎵 Music Appreciation w/Laura, FR
12:00 Men's Luncheon (SIA), GP
12:30 🎵 Piano w/ Laura, FR
 1:00 Wellness Program, GP
 2:30 Fashion throughout the Decades, GB
 3:30 Resident's Choice, GB
 5:45 Evening Movie, GB

16
 9:30 Chair Yoga, GB
 10:30 News Currents, GB
 1:30 Ring Toss Game, GB
 2:30 Wheel of Fortune, GB
 3:30 \$ BINGO, GP
 5:45 Evening Movie, GP
 Netflix Wildcard



<p>17</p> <p>10:00 Mass at St. Leo the Great Catholic Church </p> <p>10:30 Pender United Methodist Church Service, FR</p> <p>1:30 † Sunday Service with Christ Presbyterian Church, GP</p> <p>2:30 Father's Day Celebration, Bistro</p> <p>3:30 \$ BINGO, GP</p> <p>Happy Father's Day!</p> 	<p>18</p> <p>9:30 Balance Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p>10:30 \$ BINGO, GB</p> <p>1:00 Wellness Program, GP</p> <p>1:30 Outdoor Visits, FP ☀</p> <p>2:30 Open Recreation Room/Resident's Choice, GP</p> <p>3:30 🎵 Personalized Playlists, Gazebo ☀</p> <p>4:00 Sing A Long/Karaoke, GB</p> <p>5:45 Soft Music, GB</p> 	<p>19</p> <p>9:30 Balance Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p>10:30 🎵 Piano with Doug, FR</p> <p>1:00 Wellness Program, GP</p> <p>2:00 † Rosary, PDR</p> <p>2:00 Getting to Know You Program, GB</p> <p>2:30 Book Nook with Blake, GB</p> <p>3:30 🎵 Music with Chaplain Pervaiz, Gazebo ☀</p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p> 	<p>20</p> <p>9:30 Fun & Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p>10:30 † Catholic Eucharist, AF</p> <p>10:30 🎵 Name that Tune, GB</p> <p>10:30 Picnic Lunch Outing </p> <p>1:00 Wellness program, GP</p> <p>2:30 Ice Cream Social, GB</p> <p>3:00 † Bible Study w/ Fasil, GP</p> <p>3:30 Puzzles and Ponderings, GB</p> <p>3:30 Fly Ball, GB</p> <p>4:00 Dice Games, GB</p> <p>5:45 Soft Music, GB</p> 	<p>21</p> <p>9:30 Fun & Fitness, GP</p> <p>10:00 Walking Group, MIL</p> <p>10:30 Getting to Know you Ball Toss, GP</p> <p>11:00 Shopping Cart, Bistro</p> <p>11:00 Card Games, CR</p> <p>1:00 Wellness program, GP</p> <p>2:30 Sunflower Paintings, GB</p> <p>2:30 Scenic Drive</p> <p>3:30 \$ BINGO, GB</p> <p>5:45 Evening Movie, GB</p> <p>Netflix Wildcard</p> 	<p>22</p> <p>9:30 Balance Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p>10:30 Sing A Long/Hymn Sing, GB</p> <p>1:00 Wellness Program, GP</p> <p>2:00 Relax and Chat, FP ☀</p> <p>2:30 Month of June Birthday Celebration with the Clifton Community Women's Club, Bistro ★</p> <p>3:30 Ring Toss Game, GB</p> <p>5:45 Evening Movie, GB</p> <p>Netflix Wildcard</p> 	<p>23</p> <p>9:30 Fun & Fitness, GB</p> <p>10:30 News Currents, GB</p> <p>1:3 Fly ball, CB</p> <p>2:30 Wheel of Fortune, GB</p> <p>3:30 \$ BINGO, GP</p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p> 
<p>24</p> <p>10:00 Mass at St. Leo the Great Catholic Church </p> <p>10:00 Balance Fitness, GP</p> <p>11:00 † Hymn Singing, GP</p> <p>1:30 Christ Presbyterian Church Service, FR</p> <p>1:30 Wii Games, GP</p> <p>2:00 Wheel of Fortune, GP</p> <p>3:30 \$ BINGO, GP</p> 	<p>25</p> <p>9:30 Balance Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p>10:15 Ring Toss Game, GB</p> <p>11:00 Name that Tune, GB</p> <p>11:30 Relax & Chat, Gazebo ☀</p> <p>1:00 Wellness Program, GP</p> <p>2:00 Gardening, Gazebo ☀</p> <p>3:00 Afternoon Walk</p> <p>3:30 🎵 Handbell Choir Concert, GP</p> <p>5:45 Soft Music, GB</p> 	<p>26</p> <p>9:30 Warming Up, GB</p> <p>10:00 Menu Planning, GB</p> <p>10:30 Resident Council Meeting, GP ★</p> <p>11:00 Chicken Coop Feeding, Gazebo ☀</p> <p>1:00 Chair Yoga, GB</p> <p>1:30 Hangman, GB</p> <p>2:00 † Rosary, PDR</p> <p>2:30 Gardening, Gazebo ☀</p> <p>3:30 🎵 Music with Chaplain Pervaiz, Gazebo ☀</p> <p>4:00 Chair Soccer, GB</p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p> 	<p>27</p> <p>9:30 Fun & Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p>10:30 † Catholic Eucharist, AF</p> <p>10:30 Travelogue, GB</p> <p>10:30 Lunch Bunch: Viaggio Italian Restaurant (Clifton) </p> <p>1:00 Wellness Program, GP</p> <p>2:30 Swirlies Ice Cream Truck, FP ☀</p> <p>3:00 † Bible Study w/ Fasil, CR</p> <p>3:30 Resident Band (Interactive Music), GB</p> <p>3:30 Bowling Club, GB</p> <p>4:00 Dice Games, GB</p> <p>5:45 Soft Music, GB</p> 	<p>28</p> <p>9:30 Balance Fitness, GP</p> <p>10:00 Menu Planning, GB</p> <p>10:30 † Catholic Mass with St. Leo the Great, GP</p> <p>10:30 Card Games, CR</p> <p>11:00 Morning Walk</p> <p>11:00 Board Game, CR</p> <p>1:00 Wellness Program, GP</p> <p>1:30 🎵 Live Music by Jubilee Christian, FR</p> <p>2:30 "Aging and Technology" Discussion, GB</p> <p>2:30 Scenic Drive</p> <p>3:30 \$ BINGO, GB</p> <p>5:45 Evening Movie, GB</p> <p>Netflix Wildcard</p> 	<p>29</p> <p>9:30 Balance Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p>10:30 🎵 Music Appreciation with Dr. Laura Hills, FR</p> <p>12:00 🎵 Piano with Laura, FR</p> <p>1:00 Wellness Program, GP</p> <p>2:30 Getting to Know You Ball Toss, GB</p> <p>3:30 Greek Salad Bites (ac), GB</p> <p>5:45 Evening Movie, GB</p> <p>Netflix Wildcard</p> 	<p>30</p> <p>9:30 Fun & Fitness, GB</p> <p>10:30 News Currents, GB</p> <p>1:30 Wii Games, GB</p> <p>2:30 Name that Tune, GB</p> <p>3:30 \$ BINGO, GP</p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p> 

JUNE

The Gardens at Fair Oaks Assisted Living
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