











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p><b>10:00 Mass at St. Leo the Great Catholic Church</b> </p> <p><b>10:00 Hoppin' to Health (Exercise), GP</b></p> <p><b>10:30 Easter Worship Service (ac), GP</b></p> <p><b>1:00 Protestant Communion with Roger Hartman, FR</b></p> <p>3:30 \$BINGO, GP</p>  <p>Happy Easter April Fool's Day</p>	<p><b>2</b></p> <p>9:30 Balance Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p>10:30 Table Games, GB</p> <p>11:00 AM Sensory Group, GB</p> <p>1:00 Wellness Program, GP</p> <p><b>2:30 Fairfax Animal Shelter, GP</b></p> <p>3:30  Handbell Choir, GP</p> <p>6:00 Evening Movie, GP</p>	<p><b>3</b></p> <p>9:30 Fun &amp; Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p><b>10:30 Men's Support Group w/ Chaplain Fasil, CR</b></p> <p>11:00 Reading Circle, GB</p> <p>1:00 Wellness Program, GP</p> <p><b>2:00 † Rosary, CR</b></p> <p>2:30 Math problems, GB</p> <p>3:00 Crafty Corner: Collaging, GB</p> <p>3:30 Chair Soccer, GB</p> <p>4:00 Music w/ Chaplain Pervaiz, GP</p> <p>6:00 Evening Movie, GP</p>	<p><b>4</b></p> <p>9:30 Fun &amp; Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p><b>10:30 † Catholic Eucharist, FR</b></p> <p><b>10:30 Picnic Lunch Outing</b> </p> <p>10:30 Karaoke/ Sing A Long, GB</p> <p>1:00 Wellness Program, GP</p> <p>2:30 Ice Cream Social, Bistro</p> <p><b>3:30 Mad Science Show, GP</b></p> <p>6:00 Evening Movie, GP</p>	<p><b>5</b></p> <p>9:30 Balance Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p><b>10:30 April IQ (Trivia), GB</b></p> <p>11:00 Shopping Cart, Bistro</p> <p>1:00 Wellness Program, GP</p> <p>2:30 Puzzles and Ponderings, GB</p> <p><b>2:30 Scenic Drive</b> </p> <p>3:30 \$ BINGO, GP</p> <p>6:00 Evening Movie, GP</p>	<p><b>6</b></p> <p>9:30 Balance Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p><b>10:30  Music Appreciation with Dr. Laura Hills, FR</b></p> <p>11:30 Name Five/ Categories Game, GB</p> <p><b>12:00  Piano with Laura, FR</b></p> <p>1:00 Wellness Program, GP</p> <p><b>2:30 Spring Fling Happy Hour Social, Bistro</b></p> <p>3:30 \$BINGO, GP</p> <p>6:00 Evening Movie, GP</p>	<p><b>7</b></p> <p>9:30 Fun &amp; Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p><b>10:30  Maggie Lubinski String Performance, FR</b></p> <p>1:30 Ladder ball, GB</p> <p>2:30  Name That Tune, GB</p> <p>3:30 \$ BINGO, GP</p> <p>5:45 Evening Movie, GP</p>
<p><b>8</b></p> <p>9:30 Chair Yoga, GB</p> <p>10:00 Menu Planning, GB</p> <p><b>10:00 Mass at St. Leo the Great Catholic Church</b> </p> <p><b>10:30 † Christian Jubilee Church Service, GP</b></p> <p>1:30 Afternoon Walk</p> <p>2:00 iSpy, OP ☀</p> <p>3:30 \$BINGO, GP</p>	<p><b>9</b></p> <p>9:30 Balance Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p>10:30 \$ BINGO, GP</p> <p>11:30 Chat and Relax, GB</p> <p>1:00 Wellness Program, GP</p> <p>2:30 Balloon Volleyball, GB</p> <p>3:30  Handbell Choir, GP</p> <p>6:00 Evening Movie, GP</p>	<p><b>10</b></p> <p>9:30 Fun &amp; Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p>10:30 Categories, GB</p> <p>1:00 Wellness Program, GP</p> <p><b>1:30 Menu Planning Meeting, PDR</b></p> <p><b>2:00 † Rosary, PDR</b></p> <p>2:30 Geography, GB</p> <p><b>3:30 Jerry Grossman: "Heroes and Villains – The Good, the Bad and the Ugly of Press Coverage.", FR</b></p> <p>3:30 Chair Soccer, GP</p> <p>4:00 Music w/ Chaplain Pervaiz, GP</p> <p>6:00 Evening Movie, GP</p>	<p><b>11</b></p> <p>9:30 Fun &amp; Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p>10:30 † Catholic Eucharist, AF</p> <p>10:30 Table Games, GB</p> <p><b>10:30 Lunch Bunch: Sakura</b> </p> <p>1:00 Wellness program, GP</p> <p>2:30 Ice Cream Social, Bistro</p> <p><b>3:00 † Bible Study w/ Fasil, CR</b></p> <p>3:30 Famous Faces and Places Game, GB</p> <p>6:00 Evening Movie, GP</p>	<p><b>12</b></p> <p>9:30 Fun &amp; Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p>10:30 Adaptive Basketball, GB</p> <p>11:00 Shopping Cart, Bistro</p> <p>1:00 Wellness Program, GP</p> <p><b>2:30  Music with Tender Polman, FR</b></p> <p><b>2:30 Scenic Drive</b></p> <p>3:30 \$ BINGO, GP</p> <p>6:00 Evening Movie, GP</p>	<p><b>13</b></p> <p>9:30 Balance Fitness, GB</p> <p>10:00 Menu Planning, GB</p> <p>10:30 Geography, GB</p> <p>11:00 Mandala Coloring Pages, GB</p> <p>1:00 Wellness Program, GP</p> <p><b>2:30 Kitchen Corner: Mini Pineapple Upside Down Cakes (ac) , GP</b></p> <p>3:30 \$BINGO, GB</p> <p>6:00 Evening Movie, GP</p>	<p><b>14</b></p> <p>9:30 Movin' &amp; Groovin' Exercise Program, GB</p> <p>10:00 Menu Planning</p> <p>10:30 News Currents, GP</p> <p>1:30 Personalized Playlists, GB</p> <p>2:00 Wheel of Fortune, GB</p> <p>3:30 \$ BINGO, GP</p> <p>5:45 Evening Movie, GP</p>
<p><u>Location Key</u></p> <p>AF - All Floors</p> <p>CR - Card Room</p> <p>FP - Front Porch</p> <p>FR - Family Room</p> <p>GP - Gathering Place</p> <p>GB - Green briar</p> <p>OP - Outside Patio</p> <p>2<sup>nd</sup> Floor – Living Room</p> <p>PDR - Private Dining Room</p> <p>MIL – Meet in Lobby</p>	<p><b>Greenbriar Adult Day (GB) Activities</b></p> 					

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

15	16	17	18	19	20	21
<p>9:30 Chair Yoga, GB  <b>10:00 Mass at St. Leo the Great Catholic Church</b>             10:00 Menu Planning, GB            10:30 Hymn Sing, FR  <b>1:30 † Sunday Service with Christ Presbyterian Church, GP</b>  <b>2:00 NM Productions Golden Age Broadway and Jazz Standards, FR</b>            3:30 \$ BINGO, GP</p>	<p>9:30 Balance Fitness, GB            10:00 Menu Planning, GB            10:30 \$ BINGO, GP            11:30 Hangman, GB            1:00 Wellness Program, GP  <b>2:30 PARIS WEEK: Travelogue – An Hour in France with Dream Vacations, FR</b>  <b>3:30 French H'orderves, Bistro</b>  <b>6:00 Evening Movie, GP “April in Paris”</b></p>	<p>9:30 Balance Fitness, GB            10:00 Menu Planning, GB  <b>10:30 🎵 Piano with Doug, GP</b>            1:00 Wellness Program, GP            2:00 † Rosary, PDR            2:30 Gardening, OP ☀️  <b>3:30 PARIS WEEK: Learn French with Marly, GP</b>            4:00 Musial Memories, GB  <b>6:00 Evening Movie, GP “Lost in Paris”</b></p>	<p>9:30 Fun &amp; Fitness, GB            10:00 Menu Planning, GB            10:30 † Catholic Eucharist, FR            10:30 Table Games, GB  <b>10:30 Picnic Lunch Outing</b>             1:00 Wellness program, GP            2:30 Ice Cream Social, Bistro  <b>3:00 † Bible Study w/ Fasil, CR</b>  <b>3:30 PARIS WEEK: Kitchen Corner Croissants, GP</b>  <b>6:00 Evening Movie, GP “Midnight in Paris”</b></p>	<p>9:30 Fun &amp; Fitness, GB            10:00 Menu Planning, GB            10:30 Getting to Know you Ball Toss, GB            11:00 Shopping Cart, Bistro            1:00 Wellness Program, GP  <b>2:30 PARIS WEEK: Eiffel Tower Painting, GP</b>  <b>2:30 Scenic Drive</b>            3:30 \$ BINGO, GP  <b>6:00 Evening Movie, GP “Passport to Paris”</b></p>	<p>9:30 Balance Fitness, GB            10:00 Menu Planning, GB  <b>10:30 🎵 Music Appreciation w/Laura, FR</b>  <b>12:00 Men’s Luncheon (SIA), Bistro</b>  <b>12:30 🎵 Piano w/ Laura, FR</b>            1:00 Wellness Program, GP  <b>2:30 PARIS WEEK: Ooo la la Macaroon Social, Bistro</b>            3:30 \$BINGO, GP  <b>6:00 Evening Movie, GP “Paris Can Wait”</b>  <b>6:00 Cantabile Orchestra Performance, FR</b></p>	<p>9:30 Chair Yoga, GB            10:30 News Currents, GP  <b>1:30 PARIS WEEK: TRIVIA, GB</b>            2:30 Basketball Game, GB            3:30 \$BINGO, GP  <b>5:45 Evening Movie, GP “An American in Paris”</b></p>
22	23	24	25	26	27	28
<p>9:30 Balance Fitness, GB  <b>10:00 Mass at St. Leo the Great Catholic Church</b>             10:00 Menu Planning, GB            11:00 † Hymn Singing, GP  <b>1:30 Christ Presbyterian Church Service, FR</b>  <b>2:00 Earth Day: Henry David Thoreau – Father of the Green Movement, FR</b>            3:30 \$ BINGO, GP</p>	<p>9:30 Balance Fitness, GB            10:00 Menu Planning, GB            10:30 \$ BINGO, GP            11:30 Name that Tune, GP            1:00 Wellness Program, GP            1:30 Afternoon Walk  <b>2:30 Celebration Singers, FR</b>            3:30 🎵 Handbell Choir, GP            6:00 Evening Movie, GP</p>	<p>9:30 Warming Up, GB            10:00 Menu Planning, GB  <b>10:30 Resident Council Meeting, GP</b>            11:00 Puzzle Time, GB            1:00 Wellness Program, GP            1:30 Hangman, GB            2:00 † Rosary, PDR            2:30 Math Problems, GB            3:30 Chair Soccer, GB            4:00 Chicken Coop Viewing and Discussion, GB            6:00 Evening Movie, GP</p>	<p>9:30 Fun &amp; Fitness, GB            10:00 Menu Planning, GB            10:30 † Catholic Eucharist, FR  <b>10:30 Lunch Bunch: Silver Diner</b>             11:00 Travelogue, GB            1:00 Wellness Program, GP            2:30 Ice Cream Social, Bistro  <b>3:00 † Bible Study w/ Fasil, CR</b>            3:30 Ask Me Anything, GB            6:00 Evening Movie, GP</p>	<p>9:30 Balance Fitness, GB            10:30 † Catholic Mass, GP            10:30 Card Games, GB            11:00 Shopping Cart, Bistro            1:00 Wellness Program, GP  <b>1:30 🎵 Live Music by Jubilee Christian, FR</b>            2:30 Hangman, GB  <b>2:30 Scenic Drive</b>            3:30 \$ BINGO, GP            6:00 Evening Movie, GP</p>	<p>9:30 Chair Yoga, GB  <b>10:00 Arbor Day: Getting to the Root of Tree Poems, GB</b>  <b>10:30 🎵 Music Appreciation with Laura, FR</b>  <b>12:30 🎵 Piano with Laura, FR</b>            1:00 Wellness Program, GP  <b>2:30 A Tree-Mendous Birthday Celebration with the CCWC, Bistro</b>            3:30 \$BINGO, GP            6:00 Evening Movie, GP</p>	<p>9:30 Fun &amp; Fitness, GB            10:00 Menu Planning, GB            11:00 News Currents, GP            1:30 🎵 Name That Tune, GB  <b>2:30 High Five Tree Collage (ac), GB</b>            3:30 \$ BINGO, GP            5:45 Evening Movie, GP</p>
29	30	<p><b>Calendar Icons</b></p> <ul style="list-style-type: none"> <li> Outing</li> <li> Musical Program</li> <li> Spiritual Program</li> <li> Outdoor Activity</li> <li> Golden Ticket</li> </ul> <p>If you wish to attend a bus ride or outing, please see an activity team member. These events have limited seating.</p>				
<p>9:30 Menu Planning, GB  <b>10:00 Mass at St. Leo the Great Catholic Church</b>             10:00 Balance Fitness, GB  <b>10:30 Christian Jubilee Church, FR</b>            1:30 🎵 Name that Tune, GB  <b>2:30 Collapsible Paper Umbrella Craft (ac), GP</b>            3:30 \$ BINGO, GP</p>	<p>9:30 Balance Fitness, GP            10:00 Menu Planning, GB            10:30 \$ BINGO, GP            11:30 Outdoor Relax &amp; Chat            1:00 Wellness Program, GP            1:30 Table Games, GB            2:30 Would You Rather Ball Toss, GB  <b>3:30 🎵 Handbell Choir Concert, GP</b>            6:00 Evening Movie, GP</p>					