



















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>ASSISTED LIVING UNIT (ALU) Activities</b></p> 	<p><b>Location Key</b>  <b>2<sup>nd</sup> Floor</b> – Living Room  <b>AF</b> - All Floors  <b>BS</b> – Beauty Salon  <b>CR</b> – Card Room  <b>FP</b> - Front Porch  <b>FR</b> - Family Room  <b>GP</b> - Gathering Place  <b>GB</b> - Greenbrier  <b>MIL</b> – Meet in Lobby  <b>OP</b> – Outside Patio/Gazebo Room  <b>PDR</b> - Private Dining Room  <b>SIA</b> – Sign up in Advance</p>	<p>9:30 Fun &amp; Fitness, GP  <b>10:30 Men's Support Group w/ Chaplain Fasil, GP</b>  10:30 Bridge/Cards, CR  11:00 Crossword Puzzle, GP  1:00 Wellness Program, GP  2:00 † Rosary, CR  <b>2:30 The Wandering Docent Cabinet Paintings, GP</b>  3:30 Chair Soccer, GP  4:00 Music with Pervaiz, GP  5:45 Evening Movie, GP  <b>Happy Birthday May Barret!</b></p>	<p>9:30 Fun &amp; Fitness, GP  10:30 † Catholic Eucharist, FR  <b>10:00 Picnic Lunch Outing: DC Museum of the Bible</b>  <b>10:30 MOM's Group of Fairfax Intergenerational Program, GP</b>  1:00 Wellness Program, GP  2:30 Ice Cream Social, Bistro  3:00 Bridge/Cards, CR  3:30 Basketball Game, GP  5:45 Evening Movie, GP</p>	<p>9:30 Balance Fitness, GP  10:00 Walking Group, MIL  <b>10:30 May IQ (Trivia), GP</b>  11:00 Shopping Cart, Bistro  11:00 Card Games, CR  1:00 Wellness Program, GP  2:30 Ladder Ball, GP  <b>2:30 Scenic Drive</b>   3:30 \$ BINGO, GP  5:45 Evening Movie, GP  Netflix Wildcard  <b>Happy Birthday Ava Chamberlain!</b></p>	<p>9:30 Balance Fitness, GP  <b>10:30 Music Appreciation with Dr. Laura Hills, FR</b>  <b>12:00 Piano with Laura, FR</b>  1:00 Wellness Program, GP  <b>2:30 Cinco De Mayo Social, Bistro</b>  <b>3:30 Cinco De Mayo LIVE! Music, FR</b>  5:45 Evening Movie, GP  Netflix Wildcard</p>	<p>9:30 Fun &amp; Fitness, GP  10:30 News Currents, GP  1:30 Wii Games, GP  <b>2:00 May Barrett's 80<sup>th</sup> Birthday Party, Bistro</b>  <b>2:30 Faux Mexican Tin Art, GP</b>  3:30 \$ BINGO, GP  5:45 Evening Movie, GP  Netflix Wildcard</p>
<p>6  <b>10:00 Mass at St. Leo the Great Catholic Church</b>   <b>10:30 "Around the Rosy" Rose Center Pieces (ac), GP</b>  <b>1:00 Protestant Communion with Roger Hartman, GP</b>  2:30 Uno, GP  3:30 \$BINGO, GP  <b>Mother's Day Buffet!</b></p>	<p>7  9:30 Balance Fitness, GP  10:30 \$ BINGO, GP  11:30 Relax &amp; Chat, FP ☀️  1:00 Wellness program, GP  1:30 Outdoor Visits, FP ☀️  <b>2:30 Pet Therapy with Fairfax Animal Shelter, GP</b>  3:30 🎵 Hand bell Choir, GP  5:45 Evening Movie, GP  Netflix Wildcard</p>	<p>8  9:30 Fun &amp; Fitness, GP  10:00 Walking Group, MIL  10:30 Bridge/Table Games, CR  11:00 Crossword Puzzle, GP  1:00 Wellness Program, GP  <b>1:30 Menu Planning Meeting, PDR</b>  2:00 † Rosary, PDR  2:30 Book Nook, GP  3:30 Chair Soccer, GP  4:00 Music w/ Chaplain Pervaiz, GP  5:45 Evening Movie, GP</p>	<p>9  9:30 Fun &amp; Fitness, GP  <b>10:30 † Catholic Eucharist, AF</b>  10:30 Gardening, OP ☀️  <b>10:30 Lunch Bunch: Red Robbin</b>   1:00 Wellness program, GP  2:30 Ice Cream Social, Bistro  <b>3:00 † Bible Study w/ Fasil, CR</b>  3:30 Bridge/Cards, CR  3:30 Volleyball Game, GP  5:45 Evening Movie, GP</p>	<p>10  9:30 Fun &amp; Fitness, GP  10:00 Walking Group, MIL  10:30 Bowling, GP  11:00 Shopping Cart, Bistro  11:00 Board Game, CR  1:00 Wellness Program, GP  <b>2:00 LIVE Music with Nashville Standard, FR</b>  <b>2:30 Scenic Drive</b>  3:30 \$ BINGO, GP  5:45 Evening Movie, GP  Netflix Wildcard</p>	<p>11  9:30 Balance Fitness, GP  <b>10:30 Manicures for Mother's Day with Margie &amp; the King of Kings Lutheran Church Group, GP</b>  11:00 Front Porch Short Stories, FP ☀️  1:00 Wellness Program, GP  <b>2:30 Kitchen Corner: Vanilla Pudding Rainbow Cookies, GP</b>  3:30 \$BINGO, GP  5:45 Evening Movie, GP  Netflix Wildcard</p>	<p>12  9:30 Movin' &amp; Groovin' Exercise Program, GP  10:30 News Currents, GP  <b>1:30 Piano and Singing with Gracie</b>  2:30 Wheel of Fortune, GP  3:30 \$ BINGO, GP  5:45 Evening Movie, GP  Netflix Wildcard  <b>Happy Birthday William Oberg!</b></p>
<p>13  <b>10:00 Mass at St. Leo the Great Catholic Church</b>   <b>10:30 † Christian Jubilee Church Service, GP</b>  <b>1:00 Mother's Day Performance: Cello with Tan, FR</b>  <b>2:30 Mother's Day Celebration, GP</b>  3:30 \$ BINGO, GP  </p>	<p>14  9:30 Balance Fitness, GP  10:30 \$ BINGO, GP  11:30 Chat and Relax, FP ☀️  1:00 Wellness Program, GP  1:30 Outdoor Visits, FP ☀️  <b>2:30 Our Town Topics with Elaine Flynn: A Chat with Dorothy Parker, FR</b>  3:30 🎵 Handbell Choir, GP  5:45 Evening Movie, GP  Netflix Wildcard</p>	<p>15  9:30 Balance Fitness, GP  10:00 Walking Group, MIL  10:30 Bridge/Table Games, CR  10:30 Knitting Club, GP  1:00 Wellness Program, GP  2:00 † Rosary, PDR  2:30 Book Nook, GP  3:30 Chair Soccer, GP  4:00 Music w/ Chaplain Pervaiz, GP  5:45 Evening Movie, GP  Netflix Wildcard</p>	<p>16  9:30 Fun &amp; Fitness, GP  <b>10:30 † Catholic Eucharist, FR</b>  10:30 Name that Tune, GP  <b>10:30 Picnic Lunch Outing: Marine Corps Museum</b>   1:00 Wellness program, GP  2:30 Ice Cream Social, Bistro  <b>3:00 † Bible Study w/ Fasil, GP</b>  3:30 Bridge/Cards, CR  3:30 Basketball Game, GP  5:45 Evening Movie, GP</p>			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>ASSISTED LIVING UNIT (ALU) Activities</b></p> 	<p><b>Calendar Icons</b></p> <p> <b>Outing</b></p> <p> <b>Musical Program</b></p> <p> <b>Spiritual Program</b></p> <p> <b>Outdoor Activity</b></p> <p> <b>Golden Ticket</b></p> <p>If you wish to attend a bus ride or outing, please see an activity team member. These events have limited.</p>	<p><b>Location Key</b></p> <p>2<sup>nd</sup> Floor – Living Room</p> <p>AF - All Floors</p> <p>BS – Beauty Salon</p> <p>CR - Card Room</p> <p>FP - Front Porch</p> <p>FR - Family Room</p> <p>GP - Gathering Place</p> <p>GB - Greenbriar</p> <p>MIL –Meet in Lobby</p> <p>OP - Outside Patio/Gazebo</p> <p>PDR - Private Dining Room</p> <p>SIA – Sign up in Advance in GP</p>	<p><b>Any additions or changes to the calendar will be posted on the daily schedule.</b></p> <p><b>Each activity runs for a minimum of 30 minutes.</b></p> <p><b>Eucharist every Wednesday at 10AM</b></p>	<p><b>17</b></p> <p>9:30 Fun &amp; Fitness, GP</p> <p>10:00 Walking Group, MIL</p> <p>10:30 Getting to Know you Ball Toss, GP</p> <p>11:00 Shopping Cart, Bistro</p> <p>11:00 Card Games, CR</p> <p>1:00 Wellness program, GP</p> <p><b>2:30 🎵 Piano &amp; Accordion Music with Justin, FR</b></p> <p><b>2:30 Scenic Drive</b></p> <p>3:30 \$ BINGO, GP</p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p>	<p><b>18</b></p> <p>9:30 Balance Fitness, GP</p> <p><b>10:30 🎵 Music Appreciation w/Laura, FR</b></p> <p>11:30 Relax &amp; Chat, FP ☀️</p> <p><b>12:00 Men's Luncheon (SIA), GP</b></p> <p><b>12:30 🎵 Piano w/ Laura, FR</b></p> <p>1:00 Wellness Program, GP</p> <p>2:30 Boggle, GP</p> <p>3:30 \$BINGO, GP</p> <p>5:45 Evening Movie, GP</p> <p><i>Happy Birthday Barbara Reyle and Michael Sullivan!</i></p>	<p><b>19</b></p> <p>9:30 Chair Yoga, GP</p> <p>10:30 News Currents, GP</p> <p>1:30 Ladder Ball, GP</p> <p>2:30 Wheel of Fortune, GP</p> <p>3:30 \$ BINGO, GP</p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p>
<p><b>20</b></p> <p><b>10:00 Mass at St. Leo the Great Catholic Church</b> </p> <p><b>10:30 Pender United Methodist Church Service, FR</b></p> <p><b>1:30 † Sunday Service with Christ Presbyterian Church, GP</b></p> <p>2:30 Hangman, GP</p> <p>3:30 \$ BINGO, GP</p>	<p><b>21</b></p> <p>9:30 Balance Fitness, GP</p> <p>10:30 \$ BINGO, GP</p> <p>11:30 Relax &amp; Chat ☀️</p> <p>1:00 Wellness Program, GP</p> <p>1:30 Outdoor Visits, FP ☀️</p> <p>2:30 Open Recreation Room/Resident's Choice, GP</p> <p>3:30 🎵 Handbell Choir, GP</p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p>	<p><b>22</b></p> <p>9:30 Fun &amp; Fitness, GP</p> <p>10:00 Walking Group, MIL</p> <p><b>10:30 🎵 Piano with Doug, FR</b></p> <p>10:30 Bridge/Table Games, CR</p> <p>1:00 Wellness Program, GP</p> <p>2:00 † Rosary, CR</p> <p>2:30 Book Nook, GP</p> <p>3:30 Chair Soccer, GP</p> <p>4:00 Music with Chaplain Pervaiz, GP</p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p>	<p><b>23</b></p> <p>9:30 Fun &amp; Fitness, GP</p> <p>10:30 † Catholic Eucharist, FR</p> <p><b>10:00 Picnic Lunch Outing</b> </p> <p><b>10:30 🎵 Music Appreciation with Laura, FR</b></p> <p><b>12:30 🎵 Piano with Laura, FR</b></p> <p>1:00 Wellness program, GP</p> <p>2:30 Ice Cream Social, Bistro</p> <p><b>3:00 † Bible Study, GP</b></p> <p>3:30 Bridge/Cards, CR</p> <p>3:30 Volleyball, GP</p> <p>5:45 Evening Movie, GP</p>	<p><b>24</b></p> <p>9:30 Balance Fitness, GP</p> <p>10:00 Walking Group, MIL</p> <p>10:30 † Catholic Mass, GP</p> <p>10:30 Card Games, CR</p> <p>11:00 Shopping Cart, Bistro</p> <p>11:00 Board Game, CR</p> <p>1:00 Wellness Program, GP</p> <p><b>1:30 🎵 Live Music by Jubilee Christian, FR</b></p> <p>2:30 Computer Class, GP</p> <p><b>2:30 Scenic Drive</b></p> <p>3:30 \$ BINGO, GP</p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p>	<p><b>25</b></p> <p>9:30 Balance Fitness, GP</p> <p>10:00 Positive News Stories, FR</p> <p>10:30 Karaoke/Sing A Long, GP</p> <p>1:00 Wellness Program, GP</p> <p><b>2:30 Month of May Birthday Celebration with the Clifton Community Women's Club, Bistro</b> ★</p> <p><b>3:30 🎵 Kate Keeler, FR</b></p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p>	<p><b>26</b></p> <p>9:30 Fun &amp; Fitness, GP</p> <p>10:30 News Currents, GP</p> <p>1:30 Uno/Card Game, CR</p> <p>2:30 Wheel of Fortune, GP</p> <p>3:30 \$ BINGO, GP</p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p>
<p><b>27</b></p> <p><b>10:00 Mass at St. Leo the Great Catholic Church</b> </p> <p>10:00 Balance Fitness, GP</p> <p>11:00 † Hymn Singing, GP</p> <p><b>1:30 Christ Presbyterian Church Service, FR</b></p> <p>1:30 Wii Games, GP</p> <p>2:00 Wheel of Fortune, GP</p> <p>3:30 \$ BINGO, GP</p>	<p><b>28</b></p> <p>9:30 Balance Fitness, GP</p> <p>10:30 \$ BINGO, GP</p> <p>11:30 Name that Tune, GP</p> <p>11:30 Relax &amp; Chat ☀️</p> <p>1:00 Wellness Program, GP</p> <p>1:30 Outdoor Visits, FP ☀️</p> <p><b>2:30 Memorial Day Social, Bistro</b></p> <p><b>3:30 🎵 Handbell Choir Concert, GP</b></p> <p>5:45 Evening Movie, GP</p> <p><i>Happy Birthday Margot Zabban and Robert Savage!</i></p>	<p><b>29</b></p> <p>9:30 Warming Up, GP</p> <p>10:00 Walking Group, MIL</p> <p><b>10:30 Resident Council Meeting, GP</b> ★</p> <p>11:00 Crossword Puzzle, GP</p> <p>1:00 Wellness Program, GP</p> <p>1:30 Hangman, GP</p> <p>2:00 † Rosary, PDR</p> <p>2:30 Book Nook, GP</p> <p>3:30 Chair Soccer, GP</p> <p>4:00 Music w/ Chaplain Pervaiz, GP</p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p>	<p><b>30</b></p> <p>9:30 Fun &amp; Fitness, GP</p> <p>10:30 † Catholic Eucharist, FR</p> <p>10:30 Travelogue, GP</p> <p><b>10:30 Lunch Bunch: Cheesecake Factory</b> </p> <p>1:00 Wellness Program, GP</p> <p>2:30 Ice Cream Social, Bistro</p> <p><b>3:00 † Bible Study w/ Fasil, CR</b></p> <p>3:30 Bridge/Cards, CR</p> <p>3:30 Basketball, GP</p> <p>5:45 Evening Movie, GP</p> <p><i>Happy Birthday Bill Stephens!</i></p>	<p><b>31</b></p> <p>9:30 Fun &amp; Fitness, GP</p> <p>10:00 Walking Group, MIL</p> <p>10:30 Bowling, GP</p> <p>11:00 Shopping Cart, Bistro</p> <p>11:00 Uno, CR</p> <p>1:00 Wellness Program, GP</p> <p>2:30 Pictionary, GP</p> <p><b>2:30 Scenic Drive</b></p> <p>3:30 \$ BINGO, GP</p> <p>5:45 Evening Movie, GP</p> <p>Netflix Wildcard</p> <p><i>Happy Birthday Margaret Carter!</i></p>	